



DIY RECIPE

Chapstick

HERE'S WHAT YOU'LL NEED:

Equipment

Double boiler*

Pipettes for pouring (2 options: glass or plastic - I prefer the glass)

Chapstick tubes

**Can also add water to a larger pot and place a slightly smaller pot on top to add ingredients to if you don't have a double boiler*

Ingredients

2 Tbsp Organic Coconut Oil

1 Tbsp Shea Butter

3 tsp Beeswax

1 drop Vitamin E Oil

Optional but recommended: essential oil, such as peppermint

DIRECTIONS:

1. Melt the coconut oil, shea butter, and beeswax over low heat in the double boiler, stir frequently.
2. Remove from heat and add essential oil, and 1-2 drops Vitamin E oil
3. Whisk together quickly, before it hardens
4. Use the pipettes to pour mixture into chapstick tubes
5. Put them into the fridge to cool and harden when finished.

Makes approximately 15 tubes.