BLOWJOB GRAD SCHOOL

with Reid Mihalko of ReidAboutSex.com

TIPS FOR COCKS ©

Great hand-sex/hand jobs are about enthusiasm, friction, pressure permission & rhythm.

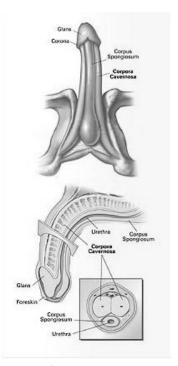
- Slick that dick: Slippery is almost always better than dry, so use ample amounts of lube to start. Your saliva can work in a pinch if you both agree that fluid exchange is okay. If not, you can always use their spit on their cock.
- Grip: Too loose and you've got no friction, too tight and you
 could be jamming their tender bits or stretching their foreskin
 too tight. Check in with your partner to see which grip delights
 them most! (See Reid's 3-Grips)
- Permission makes things hotter! Let your body language and verbal communication tell your lover that you WANT them to enjoy every blissfilled second!
- God gave you two hands: use 'em! Try covering the entire cock or dildo with both hands. Alternate hand pressures.
 Rotate them in opposite directions. How about a tender tickle on the shaft's underside or the balls and 'taint?
- Experiment with pressure. If they're humping your hands, try bearing down with more pressure to give them something to hump against. How about the flat of your palm against their

- pubic mound or perineum while the other hand strokes the shaft slow and steady?
- Squeeeeze and slow jerk. Sometimes a firm squeeze and a sloooow jerk, especially on a biococks, feels delicious!

MALE ANATOMY:From Tip to Taint!



- Vary up the speed. Experiment from fast to slow and back again with your pumping. Pay attention to your partner's arousal to find their sweet-spot and hang out there awhile. Bonus points for varying the pressure of your grip while maintaining the same stroking rate!
- Angles: Jerk and stroke and grip from as many angles as you can come up with. Pay attention to which angles cause your lover the most pleasure.
- **Tug the nuts.** Not for everyone, but slow tugging, like the slow jerk, might make your lover's day!



 All of the hand techniques above <u>PLUS your mouth!</u>

Great fellatio/blowjobs/head are about warmth, wetness, pressure, and listening.

- Got saliva? Salivia isn't just for lube anymore... Use it for show! Slathering, spitting, drowling... Wet, slurpy and sloppy might be a turn on for you & them!
- Use your hands and forearms to control depth/gagging: Use your hands/arms to control a comfortable depth of oral penetration by creating a "bumper." Hands squeezing around the shaft or palms/arms on their hips allows you to add some savvy pressure play as well!
- Sound: Your moans and groans can be a turn on, plus tell your partner it's okay for them to make

- noise! Try humming to see if vibration adds anything to the mix.
- Lips, tongue, teeth, mouth, throat! Don't just suck on it...
 Explore their cock with everything you've got. Discover what feels good to your mouth, too, rather than just the in and out of a porno blow job. Remember the Harmonica Move!
- Vary up the speed, pressure, suction, wetness and listen for their "sweet spot." Experiment from fast to slow, from sucking to licking, from just the head to the whole shaft... Pay attention to your partner's arousal and their body language to find their sweet-spot!

Great fellatio/blowjobs/head (Continued)...

- Teeth: Nibbling and light "chomping" can be hot, but keep track of your molars. ③
- God gave you two hands: use 'em! Don't forget that squeezing and massaging asses, playing with nipples, and your fingers in
- their mouth while you're slurping away can add to the arousal!
- Standing, seated, lying down...
 Different positions allow for more
 pelvic floor muscle tourque and
 muscular engagement. Explore!
- When your jaw gets tired, go for eye-contact and "the show."
 Give your jaw a break by laying their cock against your cheek or pursed lips, making eye-contact and slowly jerking them off.

To Swallor or Not To Swallow, That is the Question... They should be greatful you're even playing with their penis! Swallow only if you like to/want to. Ejaculation onto their stomach or into your hand is still a win-win, and made all the better a warm washcloth, a deep moan and some sexy words of approval!

Deep Throating and Your Gag Reflex Made Simple

You're not broken if you don't like/can't deep throat. Deep throating is more of a parlor trick than it is a necessity. Only do it 'cause you like it. Otherwise, use your hands and mouth to create that deep throat experience.

Reid's "Deep Gasp and Hold" Technique for Deep Throating: What your throat muscels do when you take a deep inhalation of air is the musculature movement that shuts off your gag reflex. Really! It's that simple!

- 1. Practice the "deep gasp and hold" till you can hold your throat muscles "open" without taking the breath.
- 2. Then gently add inserting a lubed dildo (start with a dildo that's more flexible and squishy and less thick to start and work your way up) into the back of your throat to see if you get the hang of it.
- 3. Remember, after a few seconds, your throat muscles will fatigue and your gag reflex will "come back on." Don't panic: Simply remove the dick, relax your throat for a second, inhale deeply and repeat.
- 4. Once you feel comfortable, try easing your head onto the dildo as you gently push the dildo down your throat to see how deep feels comfortable. Take your time and don't get too goal oriented about "how deep" is "deep enough."
- 5. Remove the dildo when you feel your muscles fatigue and your gag reflex starts to turn on again...
- **6.** Exhale, take a deep breath of air, and... Repeat! See? You're deep-throating! ©
- 7. It's normal if/when your eyes begin to water and your throat begins to make a lot of muscus/saliva.

COMMUNICATION TIPS

- Check in with your lover so you can feel confident about what you are doing, and they feel respected and that you care about what they like. No one likes everything, so you need to figure out what they like, and what they like *that day!*
- If you already know, communicate in advance how you'd like them to give you the "heads up" when they're about to come and what you'd like to do with their ejaculate shoot it somewhere, spit, swallow, etc.
- Asking specific questions that require little effort to answer can help you get important information concisely without taking your partner out of their pleasure space too much.
- When you aren't sure how to read cues ask for more information. Use specific questions: e.g. "Do you want more
 pressure? Less? Should I go faster? Harder? Softer? More lube? Less lube?"
- Checking in is a great way to make sure you have consent.

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