

TABLE TENT KIT

Faith-Building Conversations for the Whole Family



LEADER GUIDE

The “WHY”

In 2021, a Notre Dame researcher did extensive research around how parents pass their religion on. He measured what had the greatest impact of levels of religious importance 10 years after kids left the home. He wondered whether it was an increase in parent’s own religious faith, parent’s more frequent religious service attendance, or parents talking with children about religion that would effect a change. Guess what he found? Increasing parents TALKING about their religious faith at home by one standard deviation, increased faith in their children 10 years later by over 60%. So Deuteronomy 6 is right: talk about these things as you walk, sit, lie down, and get-up! Let’s get our families talking about faith!



Prep List



Things to gather:

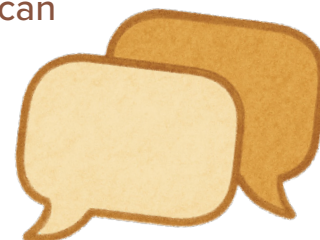
- Cardstock
- Scissors
- Printer Paper

How To:

- Print and cut out a table tent for each family, on cardstock
- Fold each tent in half
- Print out a Family Guide for each family

How To Share with Group

We have a resource for your family, designed to give you simple questions to prompt faith conversation around a mealtime. You can do this at any meal time that works for your family and as often as you want- nightly, weekly, or on special occasions!



FAMILY GUIDE

Why?

In 2021, a Notre Dame researcher did extensive research around how parents pass their faith to their kids. He wondered whether it was an increase in parent's own religious faith, parent's more frequent religious service attendance, or parents talking with children about religious that would affect the biggest change. Guess what he found! Increasing parents TALKING about their religious faith at home by one standard deviation increased faith in their children 10 years later by over 60%. Check out Deuteronomy 6:6-9 for the Lord's instruction on this: talk about these things as you walk, sit, lie down, and get-up!



How?

First consider what meal has the best chance for your family to connect and share about each person's day. Then, place this table tent on whatever spot you will gather around to eat.



During whatever meal you're gathered for, use a question or two to prompt meaningful conversations and reflections on faith.

When?

Anytime! You can do this at any meal that works for your family and as often as you want – nightly, weekly, or on special occasions!



What's Next?

We hope you and your family have enjoyed asking questions and learning together around the table.

If this has worked well, be encouraged to keep going and changeup which questions you discuss at different times.



If this has been challenging, we understand. How about trying to add a faith question to a conversation your family already has? Perhaps in the afternoon, instead of asking, "How was your day?" say, "What brought you joy today?"

*What brought
you joy?*

*How did you handle
something difficult?*

*When did you look
most like Jesus?*

*Who might need
our prayers?*

*Where did you
serve others?*

to reflect on the day

Table Talk

Table Talk

to start your day

*Who could you be a
friend to today?*

*How can we pray
for you?*

*How will you listen
to the Holy Spirit
throughout the day?*

*Where can you share
your faith today?*

*What are you
looking forward to?*