

## **Anxiety Within Me & Those I Lead**

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### **Recommended Resources:**

#### Books

R. Creech, Family Systems and Congregational Life: A Map for Ministry  
E. Friedman, Failure of Nerve  
S. Cuss, Managing Leadership Anxiety: Yours and Theirs  
S. Cuss, The Expectation Gap (Newest Book)  
P. Steinke, Uproar: Calm Leadership in Anxious Times

#### Podcasts

Being Human w/Steve Cuss  
Strengthening the Soul of Your Leadership w/ Ruth Haley Barton (Season 16)