

10 Spiritual Formation Resources

1. Liturgy of the Ordinary by Tish Harrison Warren
2. Slow Theology by AJ Swoboda and Nijay K. Gupta
3. The Rule of St Benedict – A Modern Translation
4. Working the Angles by Eugene H. Peterson
5. Spiritual Disciplines Handbook by Adele Ahlberg Calhoun
6. Tempered Resilience by Tod Bolsinger
7. Emotionally Healthy Discipleship by Pete Scazzero
8. Embracing Rhythms of Work and Rest by Ruth Haley Barton
9. Anonymous by Alicia Britt Chole
10. God in My Everything by Ken Shigematsu