



Pattern

of Psalms

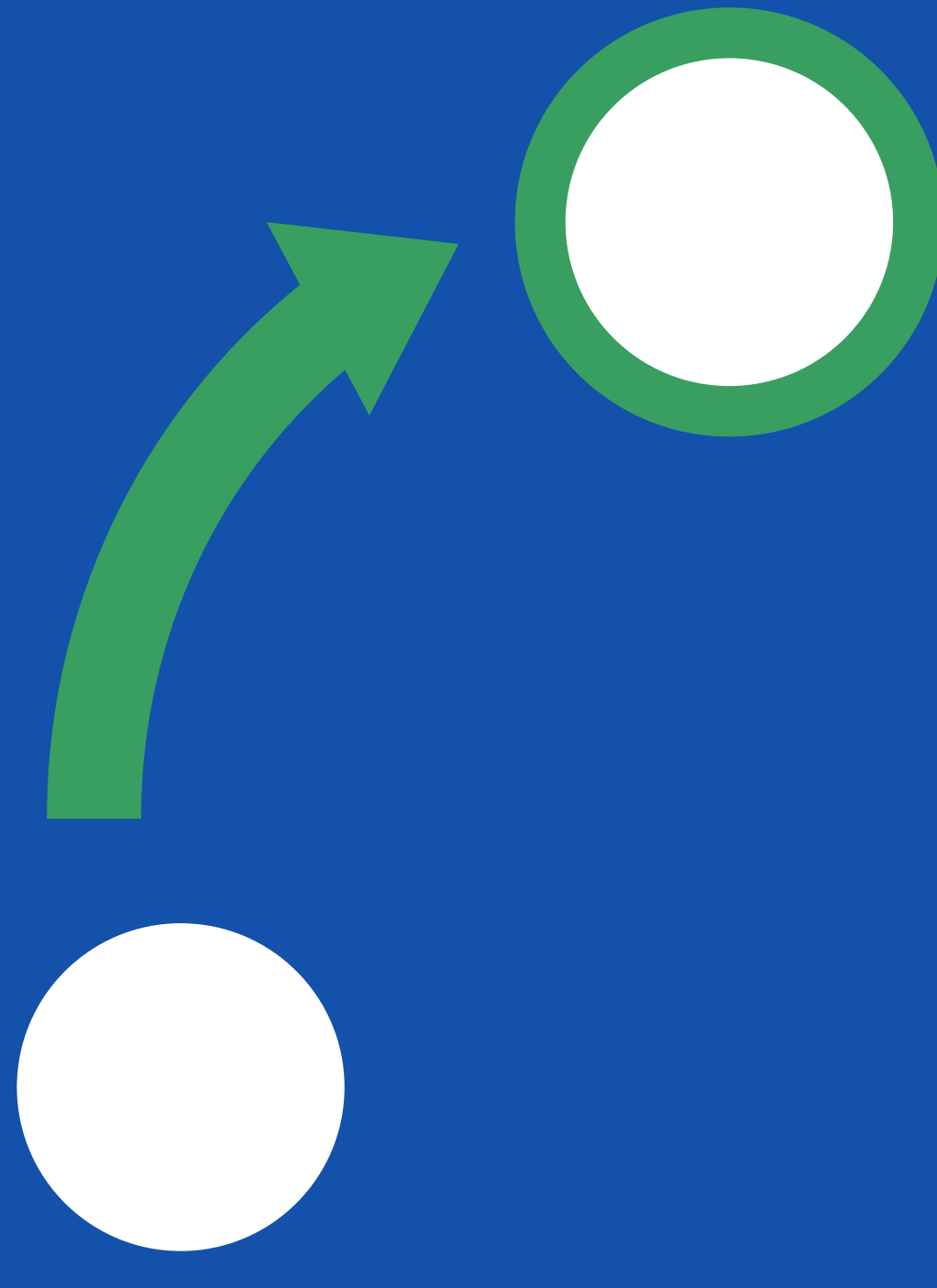
Pastor Trey Abney, M.Div.



“Our life of faith consists in *moving with God* in terms of being securely oriented, being painfully disoriented, & being surprisingly reoriented.”

Walter Brueggemann
Praying the Psalms

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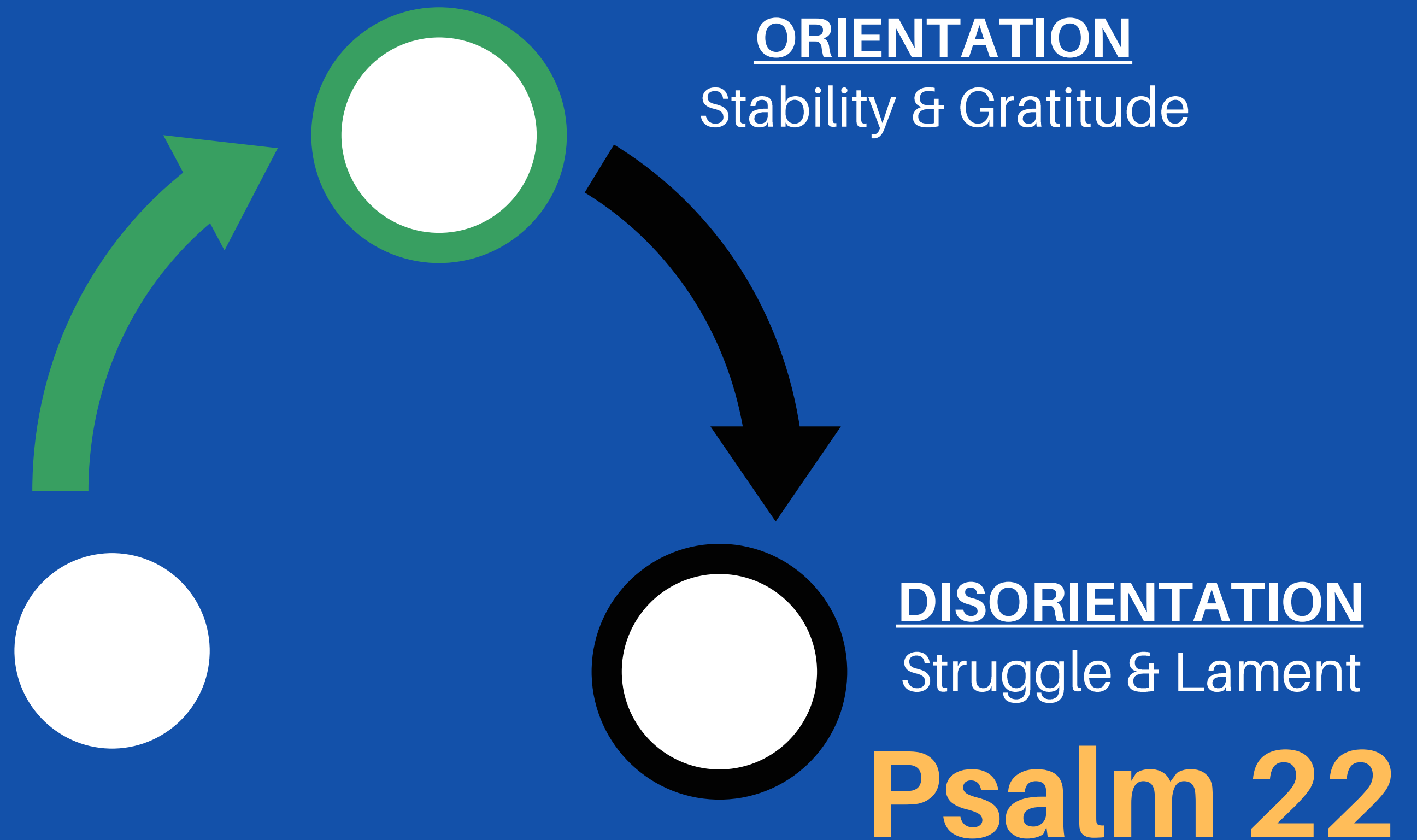


ORIENTATION

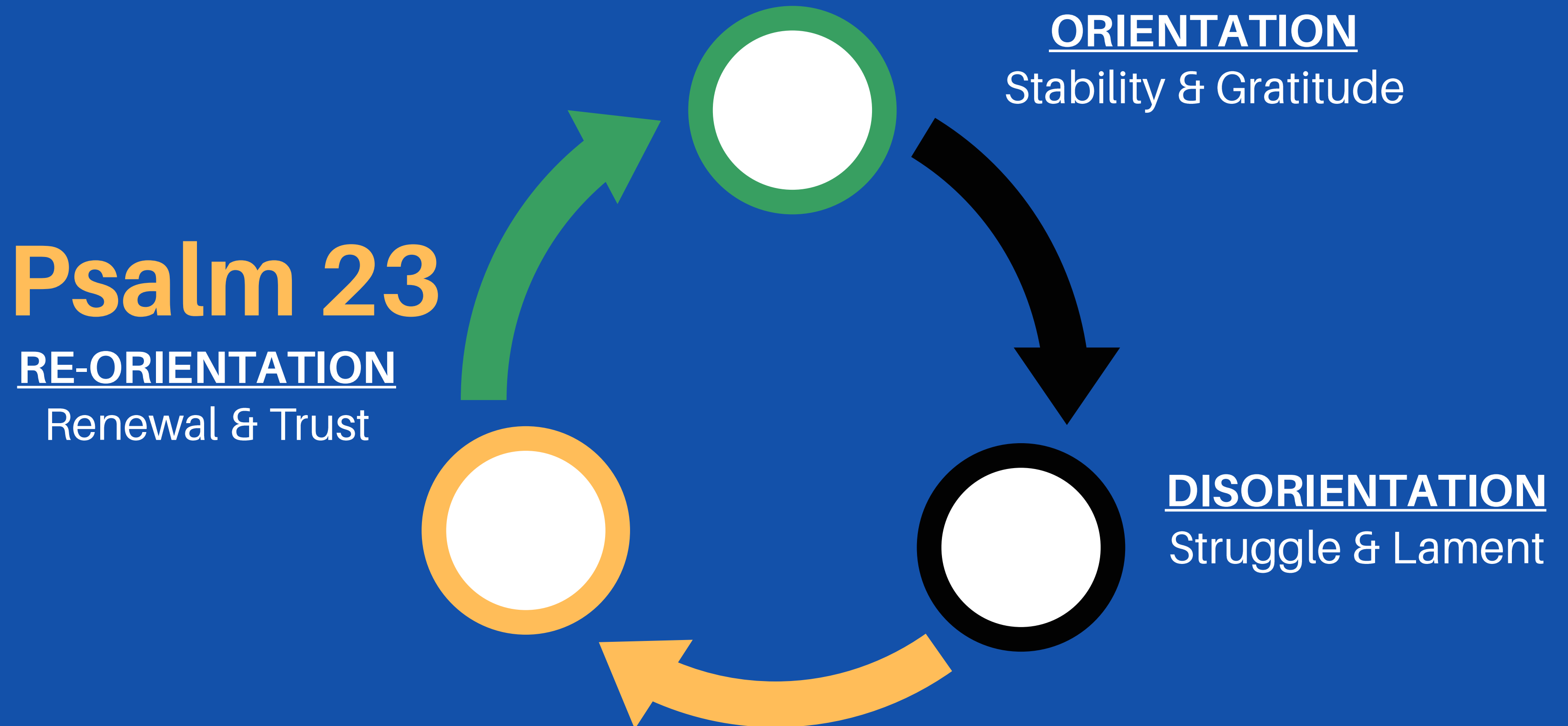
Stability & Gratitude

Psalm 1

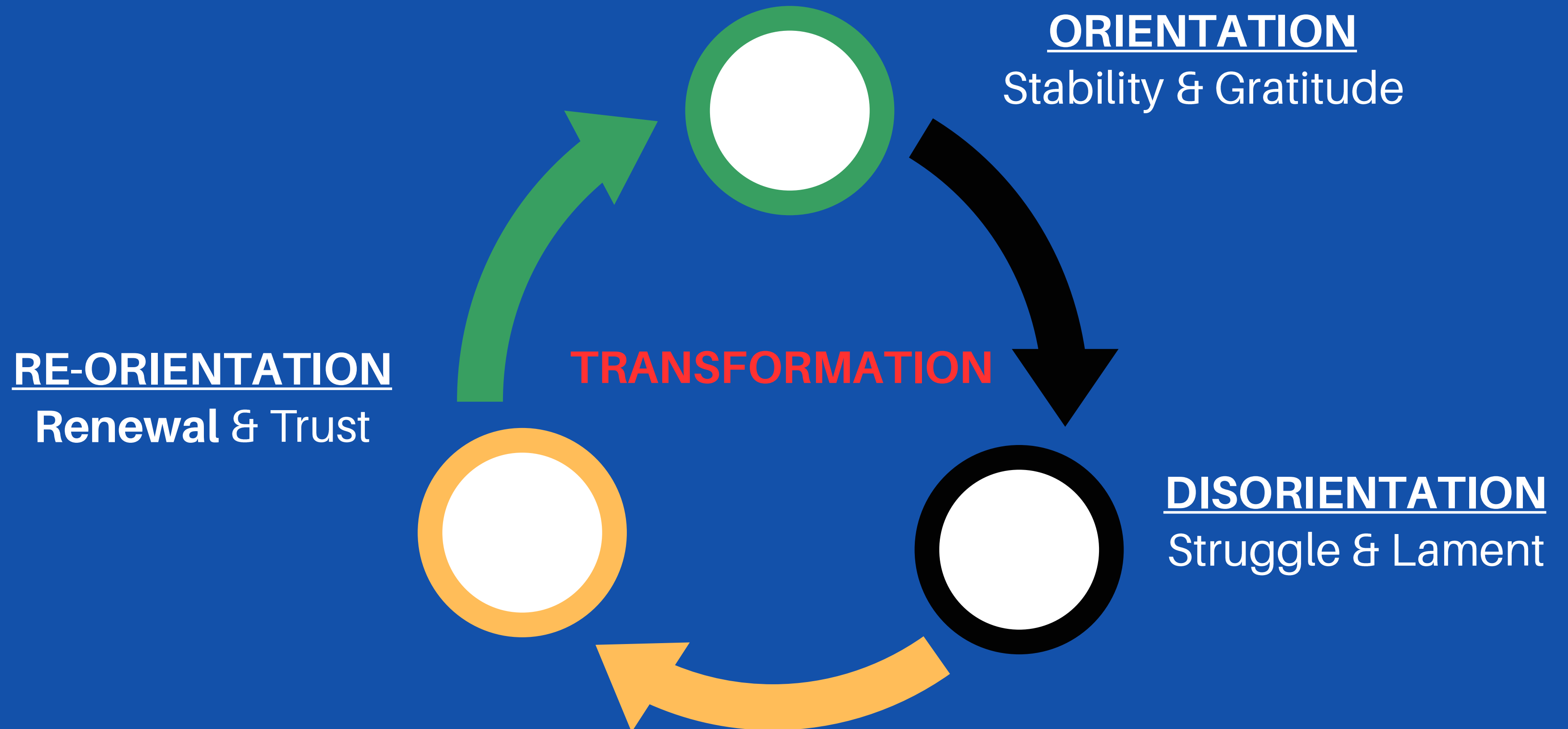
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Orientation

1. Where in your life is orientation?
2. What is the emotion you're feeling?
3. The practice of thankfulness.
4. Prayer.

Disorientation

1. Where in your life is disorientation?
2. What is the emotion you're feeling?
3. The practice of lament.
4. Prayer.

Re-orientation

1. Where in your life is re-orientation?
2. What is the emotion you're feeling?
3. The practice of wisdom/prudence.
4. Prayer.

Orientation, Disorientation, Re-orientation.

1. Where in your life do you experience these three things?
2. What is the emotion you're feeling?
3. What spiritual discipline are you practicing?
4. Prayer.