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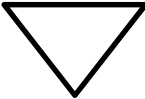
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Playbook Legend

	Center		Handoff
	Offensive Player		Player path
	Defensive Player		Pitch or Forward Pass
	Ball Carrier		Pre-snap Motion
	Optional Ball Carrier		Player blocking Assignment
	Pulling Lineman		

Wing-T

Glenn Warner, or as he was better known; Pop, laid the ground work for this formation with his single wing offense. At a time when everyone was concerned with overpowering their opponents, Pop Warner sought to trick it.

Over time, it evolved into the Wing-T, which has been made famous by University of Delaware Coach Harold “Tubby” Raymond. Often considered one of the best misdirection formations in the game, it has fallen out of favor in the pro game in recent years, but is still very effective at the youth level.

The wing T has a classic offensive line setup, with 2 guards, 2 tackles, a center, and the quarterback behind center. It’s characterized by having a wingback just off of your tight end on the strong side, and a split end lined up on the weak side. The tailback and the fullback can move around a little bit, but are generally split, and can often end up offset to the strong or weak sides as well.

Famous Wing-T Offenses

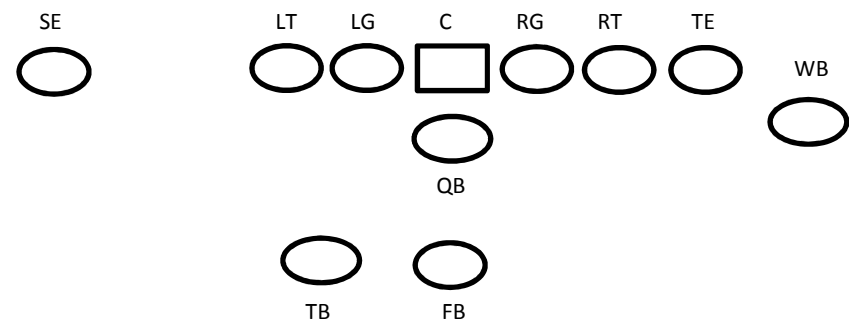
- Late 70s Kansas City Chiefs
- Pre 2002 University of Delaware

Strengths

- Counters, Reverses, Bootlegs, Short Passing Plays

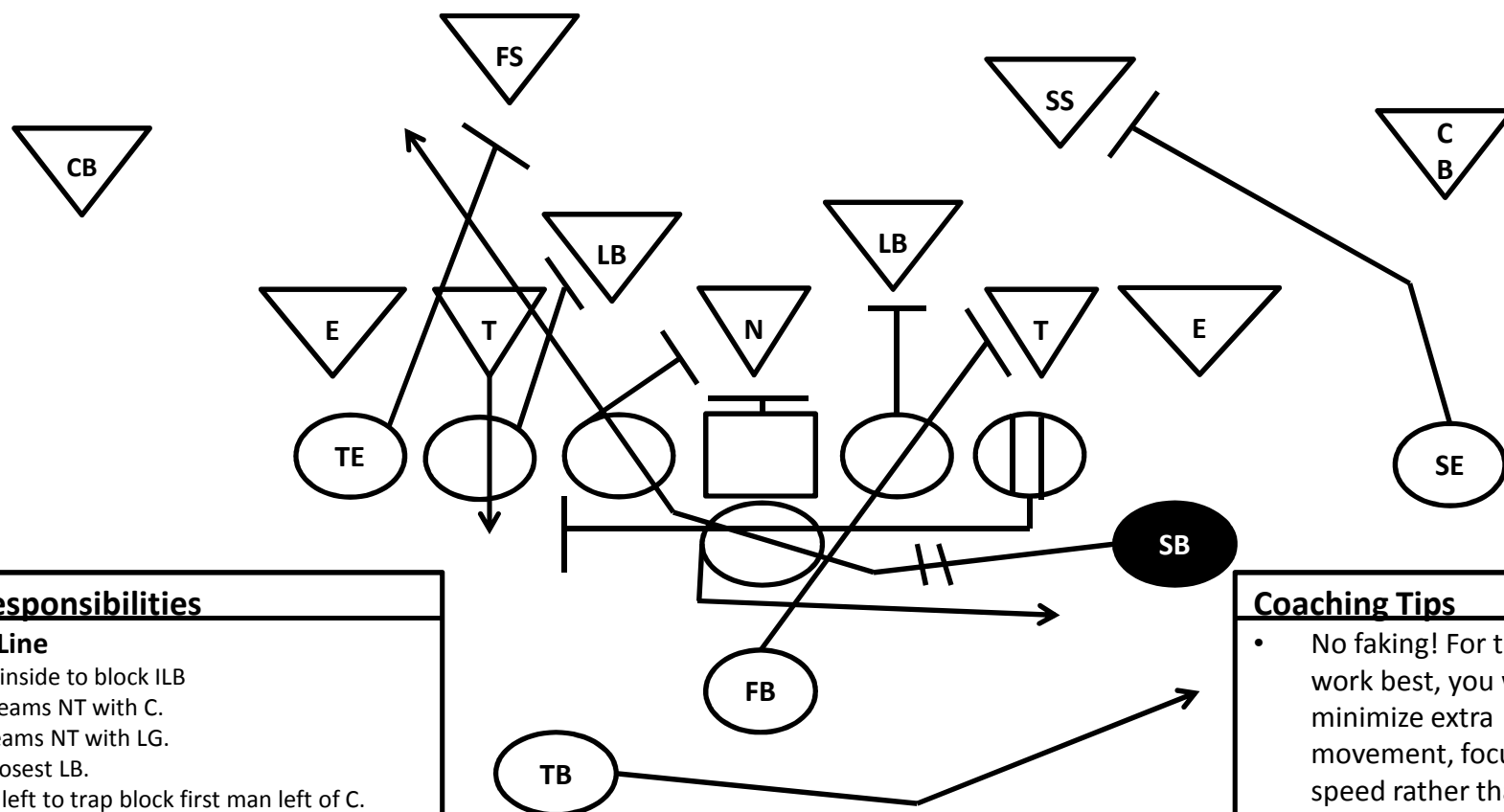
Weaknesses

- Power Plays, Deep Passing Plays



Wing-T Running Plays

Tight Wing T 43 Counter



Player Responsibilities

Offensive Line

LT: Releases inside to block ILB

LG: Double teams NT with C.

C: Double teams NT with LG.

RG: Blocks closest LB.

RT: Pulls out left to trap block first man left of C.

Backs & Receivers

SE: Drive block FS.

TE: Releases inside to block SS.

FB: Drives hard between RG & RT.

TB: Flows to right side, pretending to wait for the ball.

SB: Sprints hard for inside handoff from QB, cuts up hole staying close to double team.

QB: Reverses pivot towards WB for inside handoff.

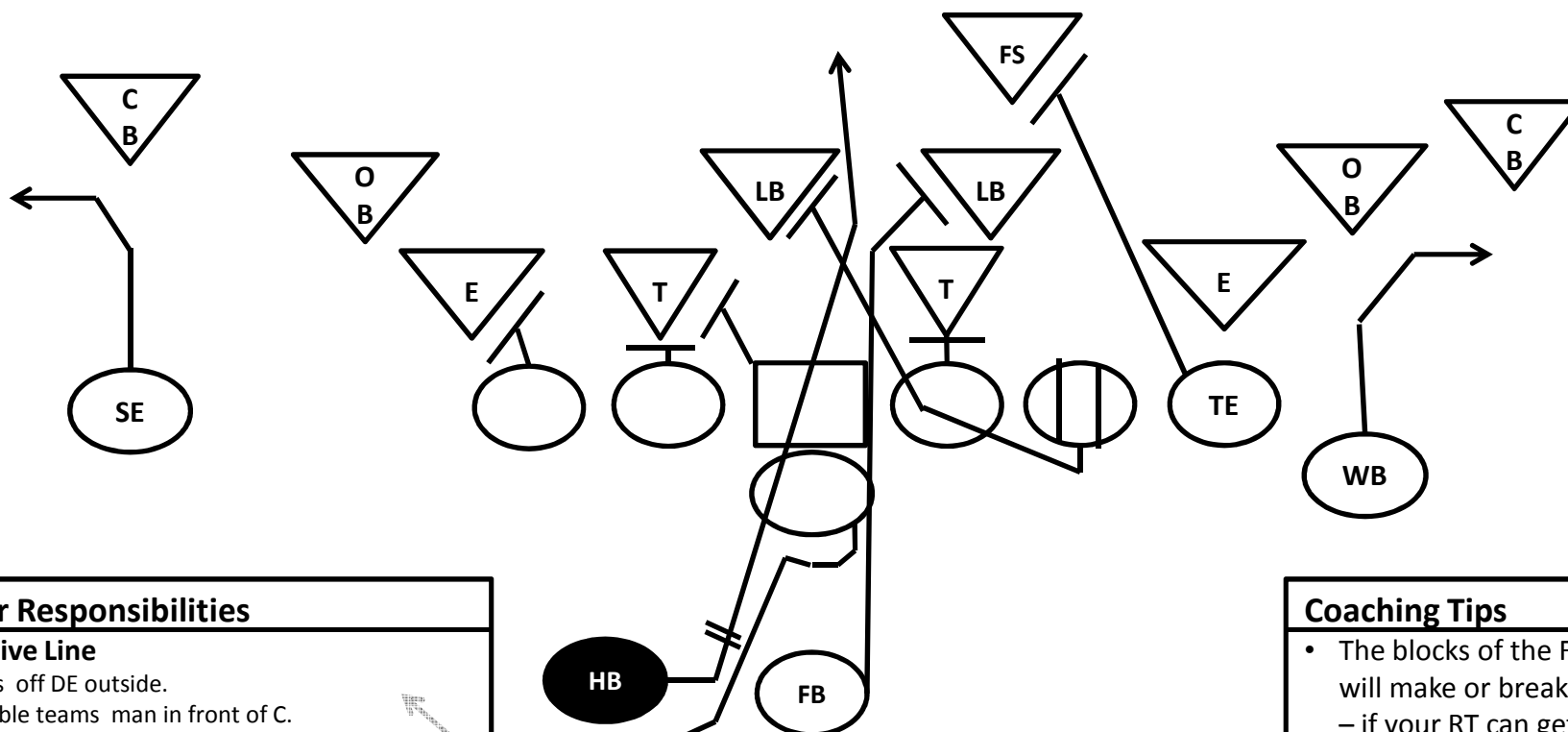
Play Strategy

If you find that the ILBs are getting the jump on your backfield, flowing ahead of the ball, pull this play out to stop them dead in their tracks. When they anticipate the handoff to the TB and leave their inside position, the defense will be outnumbered on the weak side!

Coaching Tips

- No faking! For this play to work best, you want to minimize extra movement, focusing on speed rather than deception.
- Timing is key here – ideally you'll have all four backs pass each other at the same time, in a vertical line, and execute their responsibilities in sync.

Wing T 21 Dive



Player Responsibilities

Offensive Line

LT: Seals off DE outside.
 LG: Double teams man in front of C.
 C: Double teams man with LG.
 RG: Blocks man outside, away from gap.
 RT: Runs a loop block, pulling inside behind the RG to block weak side ILB.

Backs & Receivers

TE: Releases from line to block FS.
 SE: Runs an out route; blocks CB.
 WB: Runs an out route; blocks CB.
 FB: Fakes dive to 2 hole, blocks strong side ILB.
 HB: Runs dive through 1 hole.
 QB: Reverses pivot, fakes handoff to FB with left hand, hand off ball to HB with right.

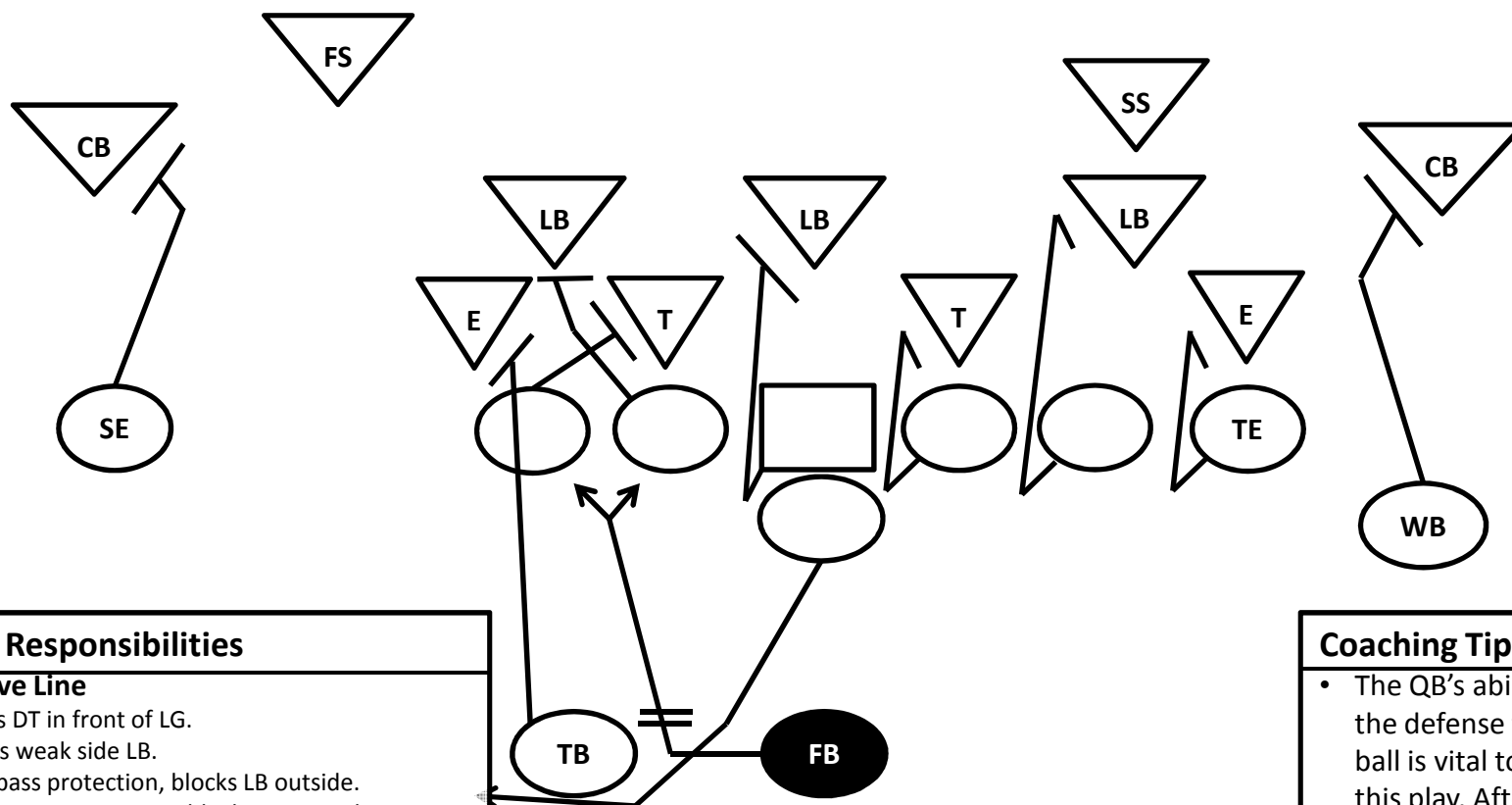
Play Strategy

Try running the FB dive at the 2 hole a couple of times before you try this fake. This is a great power play for short yardage – so when the defense starts to collapse in to take away the middle, have your QB keep the ball and run a bootleg out left to catch them off guard!

Coaching Tips

- The blocks of the FB and RT will make or break this play – if your RT can get out in front of the HB and put a block on the weak side LB, the HB can usually get huge yardage!
- While the TE isn't going to block the DE in front of him, the release inside will keep him occupied long enough that they end up behind the play

Wing T 35 Draw



Player Responsibilities

Offensive Line

LT: Blocks DT in front of LG.
 LG: Blocks weak side LB.
 C: Fakes pass protection, blocks LB outside.
 RG: Fakes pass protection, blocks DT outside.
 RT: Fakes pass protection, blocks LB outside.

Backs & Receivers

TE: Fakes pass protection, blocks DE outside.
 SE: Crackback blocks CB.
 WB: Crackback blocks CB.
 FB: Steps left as if in pass protection, takes handoff.
 HB: Blocks DE outside.
 QB: Opens up to FB, hands off, runs bootleg.

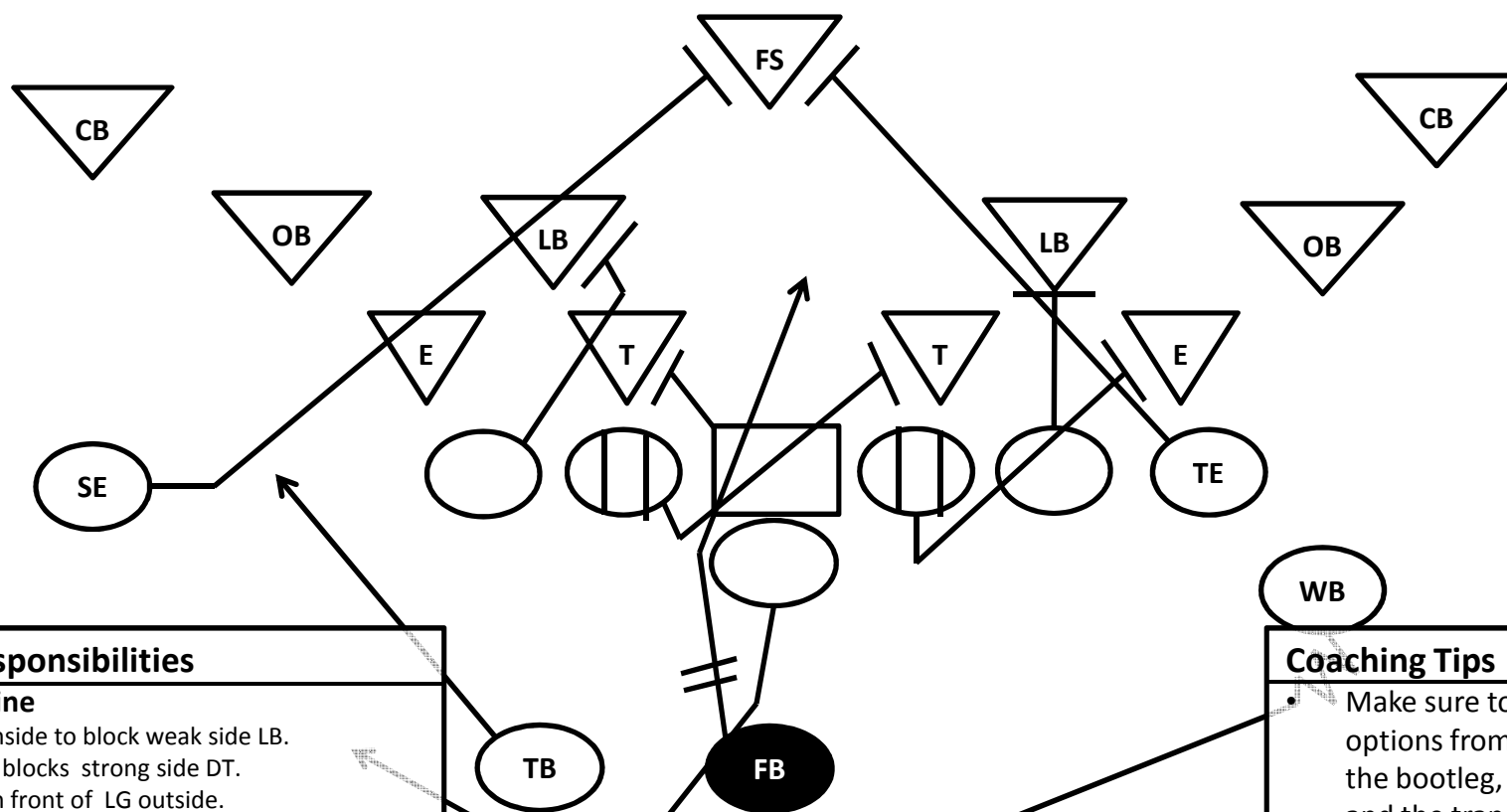
Play Strategy

Pulling out the draw in a passing situation is a great way to keep the 'D' off-balance, and if they commit to the pass, can often result in huge gains for the runner. I especially like this draw, because of the multitude of running lanes available to the FB, inside and outside.

Coaching Tips

- The QB's ability to convince the defense that he has the ball is vital to the success of this play. After the handoff, he should keep his hands low, doing his best to obstruct the defense's sight lines on the football, and sprint out into a bootleg, pretending to look for receivers.

Wing T 32 Trap



Player Responsibilities

Offensive Line

LT: Releases inside to block weak side LB.
 LG: Pulls, trap blocks strong side DT.
 C: Blocks DT in front of LG outside.
 RG: Loops right, blocking strong side DT.
 RT: Releases to block closest ILB.

Backs & Receivers

TE: Releases inside to double team FS.
 SE: Releases inside to double team FS.
 WB: Stutter steps, then loops behind the play to lead block for the QB if he runs a bootleg.
 FB: Takes handoff, explodes downfield at POA.
 HB: Fakes a weak side sweep.
 QB: Hands off to FB, fakes sweep to TB, and runs a bootleg.

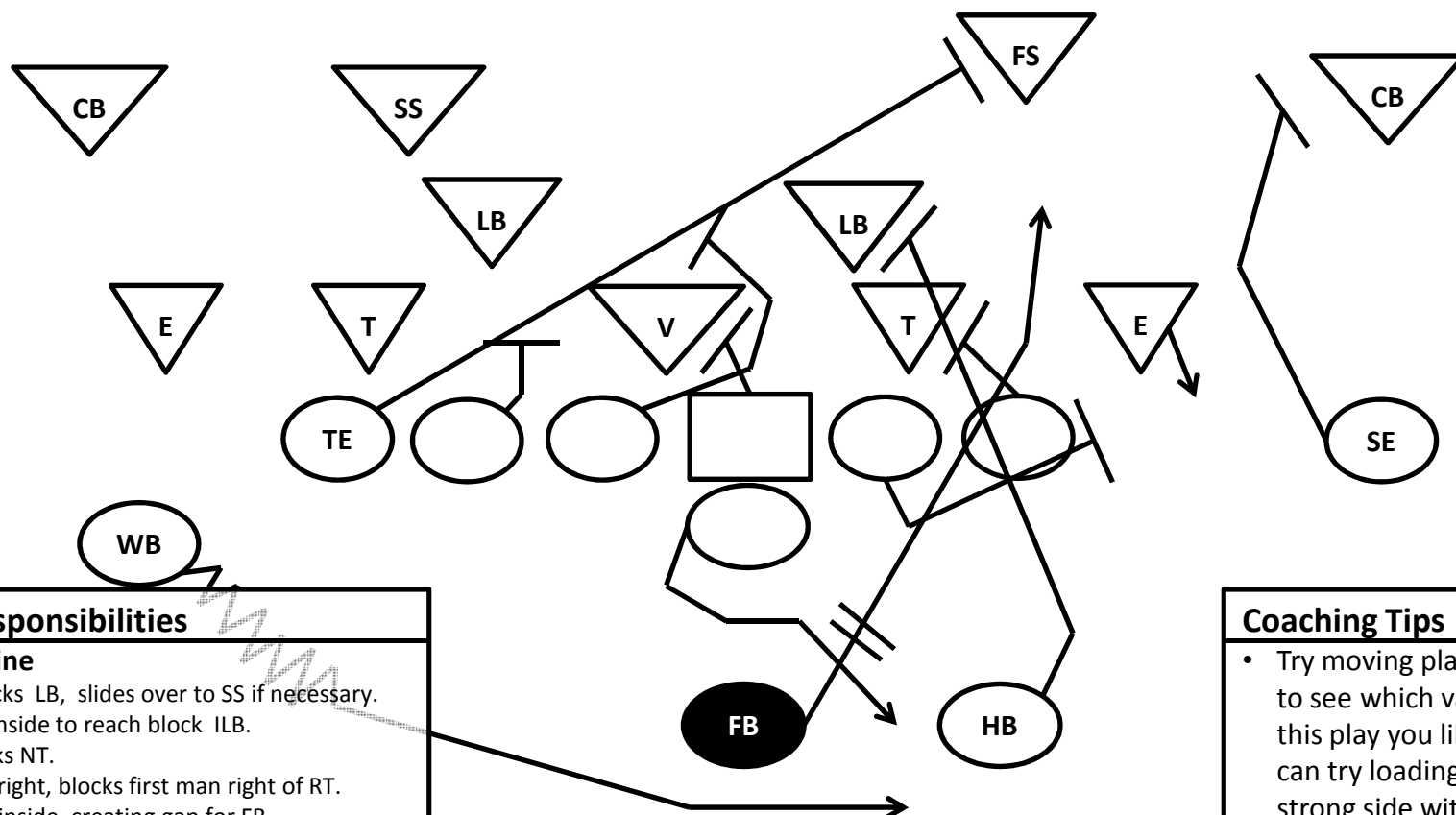
Play Strategy

This is a great play to run no matter where you are on the field and what situation you're in – but it's especially effective when the LBs are lined up deeper than normal. Try running the bootleg from this set as well once you've run the Trap a couple of times.

Coaching Tips

- Make sure to run all three options from this set – the bootleg, the sweep, and the trap. This will freeze the defense, forcing them to wait until very late on in the play to make their read and react appropriately.

Wing T 36 Blast



Player Responsibilities

Offensive Line

LT: Reach blocks LB, slides over to SS if necessary.
 LG: Releases inside to reach block ILB.
 C: Reach blocks NT.
 RG: Pulls out right, blocks first man right of RT.
 RT: Blocks DT inside, creating gap for FB.

Backs & Receivers

TE: Blocks first LB inside, then moves on to block FS.
 SE: Crack back blocks CB, sealing him outside.
 WB: Motions into backfield, faking a sweep.
 FB: Takes handoff, reads POA, keeping aware of cutback lanes.
 HB: Steps out, then follows RT, blocking closest ILB.
 QB: Reverse pivots, hands off to FB, pretends to keep and pass.

Play Strategy

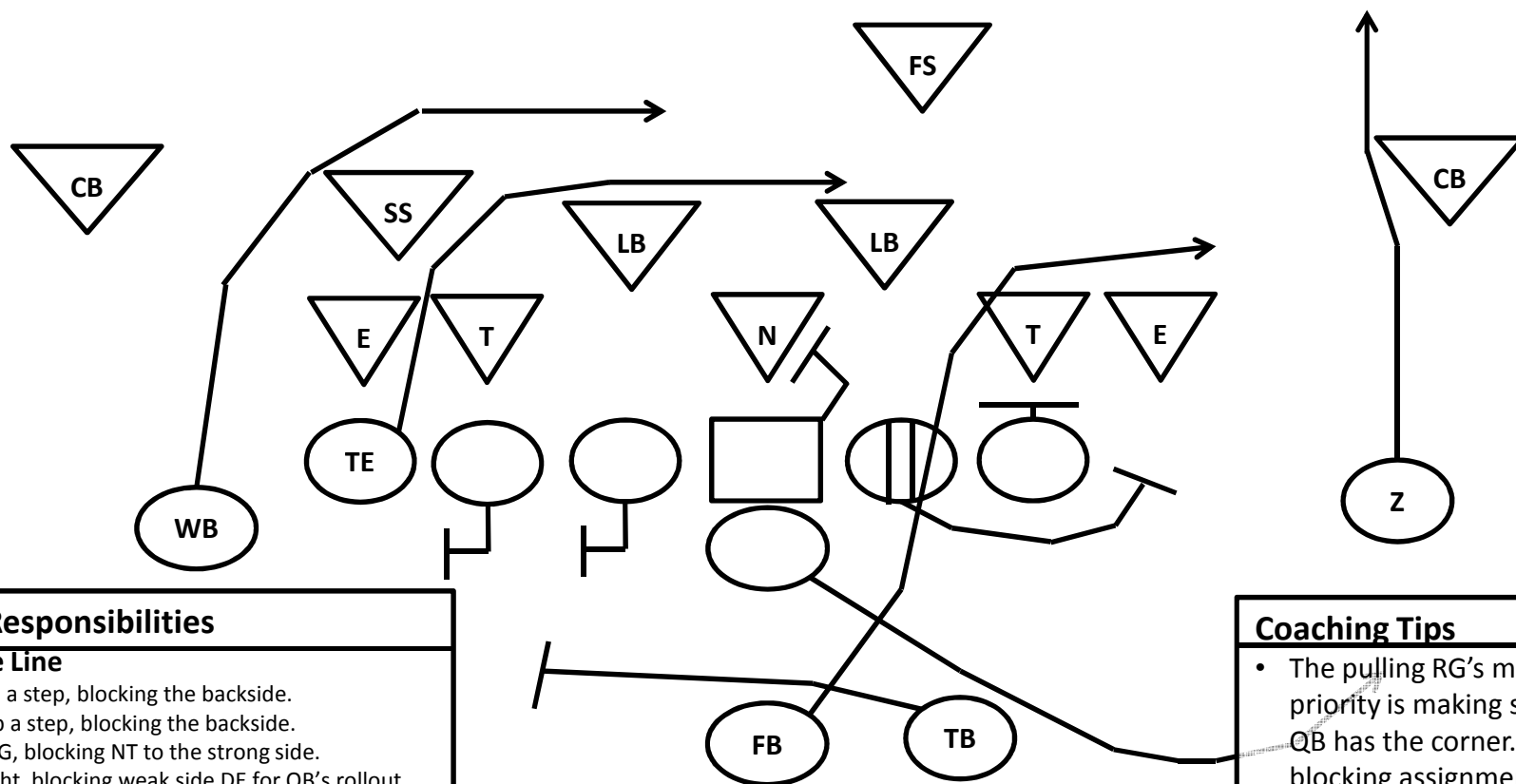
You can pull this play out anywhere, at any time. It's success will result on the ability of your FB to make reads off of blocks, keeping his eyes open for a cutback to the left, making the TE's block on the FS much easier.

Coaching Tips

- Try moving players around to see which variation of this play you like best! You can try loading up on the strong side with your TE, HB, and SE for extra blocking, or move one or all of them to the weak side to create more running space for your FB.

Wing-T Passing Plays

Wing T 69 Bootleg Right



Player Responsibilities

Offensive Line

LT: Gives up a step, blocking the backside.

LG: Gives up a step, blocking the backside.

C: Fills for RG, blocking NT to the strong side.

RG: Pulls right, blocking weak side DE for QB's rollout.

RT: Pass blocks man.

Backs & Receivers

TE: Runs a 6 route.

Y: Runs a 6 route, a couple yards deeper than the TE.

Z: Runs a streak, making a double move if he thinks he can get the CB to bite.

FB: Fakes dive right, slides out into flat.

TB: Blocks backside with LT and LG.

QB: Sells FB dive, rolls out right, making progression reads from sideline to inside.

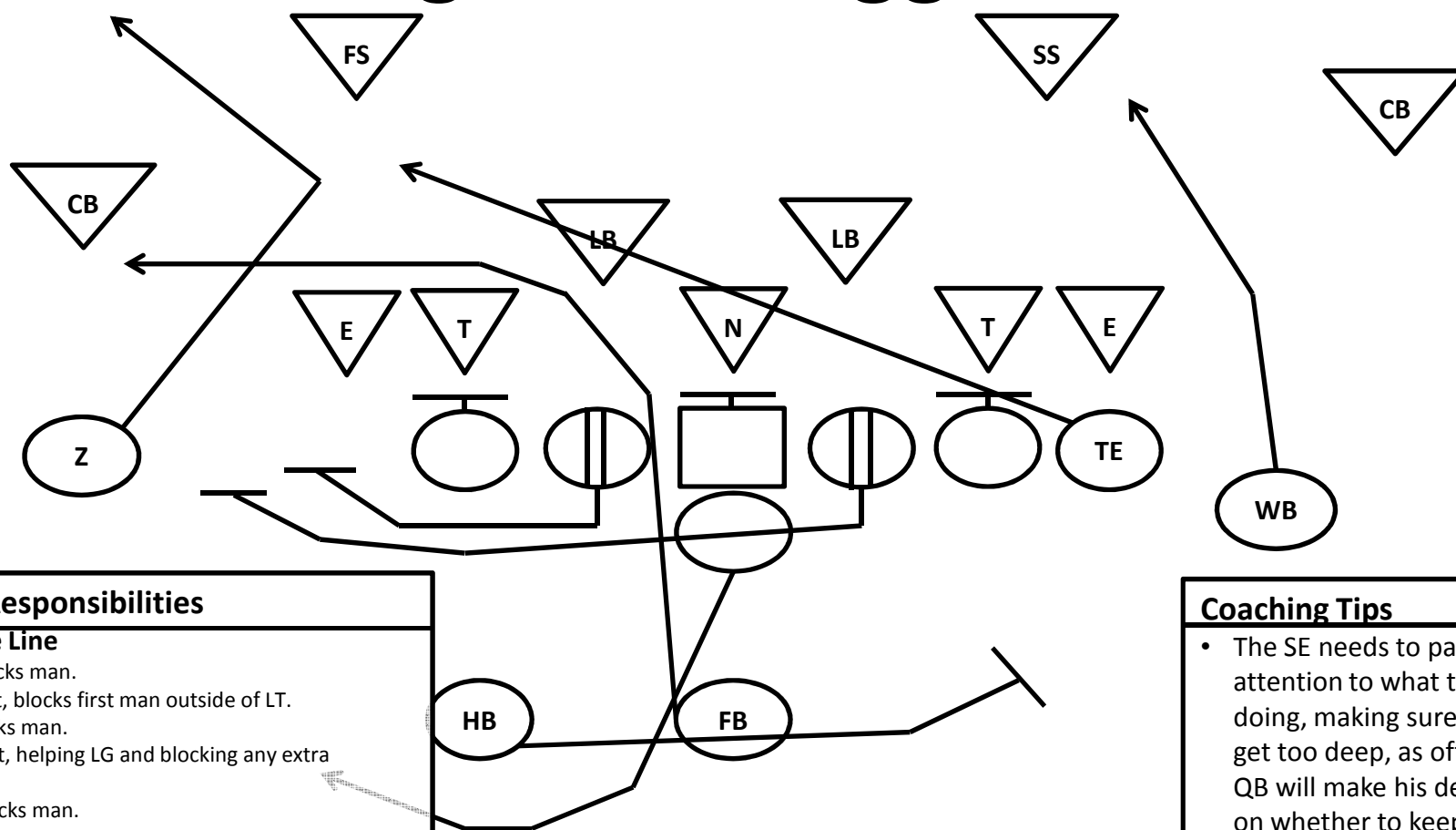
Play Strategy

This is a classic bootleg. With three receivers running to the sideline and one headed deep, the QB just has to go through his reads, from right to left, looking for holes in the secondary. Recognizing whether the defense is in man or zone will help him make his reads quicker.

Coaching Tips

- The pulling RG's main priority is making sure the QB has the corner. Specific blocking assignments are irrelevant – that is his job.
- Ideally, the FB, TE, and WB will all be running parallel, within 5-7 yards of each other at all times.
- The SE's job is to stretch the defense deep as far as possible to open up lanes for the crossing routes.

Wing-T 78 Waggle Left



Player Responsibilities

Offensive Line

LT: Pass blocks man.
 LG: Pulls left, blocks first man outside of LT.
 C: Pass blocks man.
 RG: Pulls left, helping LG and blocking any extra defenders.
 RT: Pass blocks man.

Backs & Receivers

TE: Runs a slant route inside.
 Y: Sells the quick slant inside, before changing up to a flag at about 8-10 yards depth.
 Z: Runs a post, splitting the safeties.
 FB: Runs up LG's inside leg, slides out into the flat.
 HB: Fakes sweep right, pass protects on the back side.
 QB: Sells HB Sweep, waggles left, using the LG and RG's blocks.

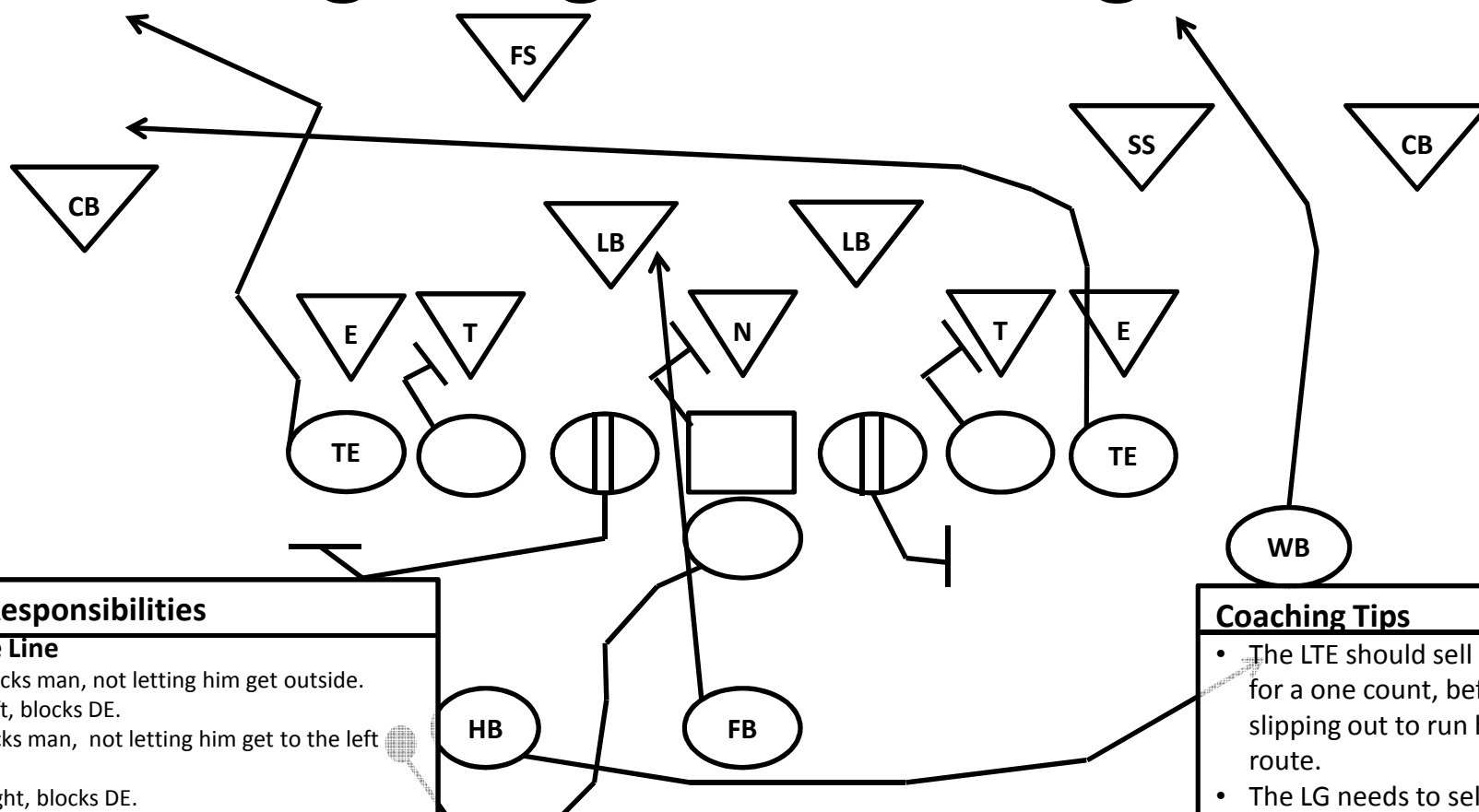
Play Strategy

If you've got a mobile QB, who's more comfortable throwing from outside of the pocket on the run, this play is going to be very effective for you. With the SE and the WB attracting the attention of the safeties, and the FB and TE coming across the field to the weak side, there is usually enough room for the QB to run if the passes over the top aren't available.

Coaching Tips

- The SE needs to pay close attention to what the QB is doing, making sure not to get too deep, as often the QB will make his decision on whether to keep it or pass very close to the sideline or LOS and under heavy pressure, and probably won't be able to launch it 40 yards downfield.

Wing-T Tight 8 Bootleg Left



Player Responsibilities

Offensive Line

LT: Pass blocks man, not letting him get outside.
 LG: Pulls left, blocks DE.
 C: Pass blocks man, not letting him get to the left side.
 RG: Pulls right, blocks DE.
 RT: Pass blocks man, not letting him get inside.

Backs & Receivers

LTE: Runs a flag route.
 RTE: Runs a deep in route.
 WB: Runs a post route.
 FB: Fakes taking handoff, sells dive to LBs.
 HB: Fakes taking handoff, sells sweep right.
 QB: Opens left, faking the FB dive, fakes blast to HB, boots left, plants, and goes through progression.

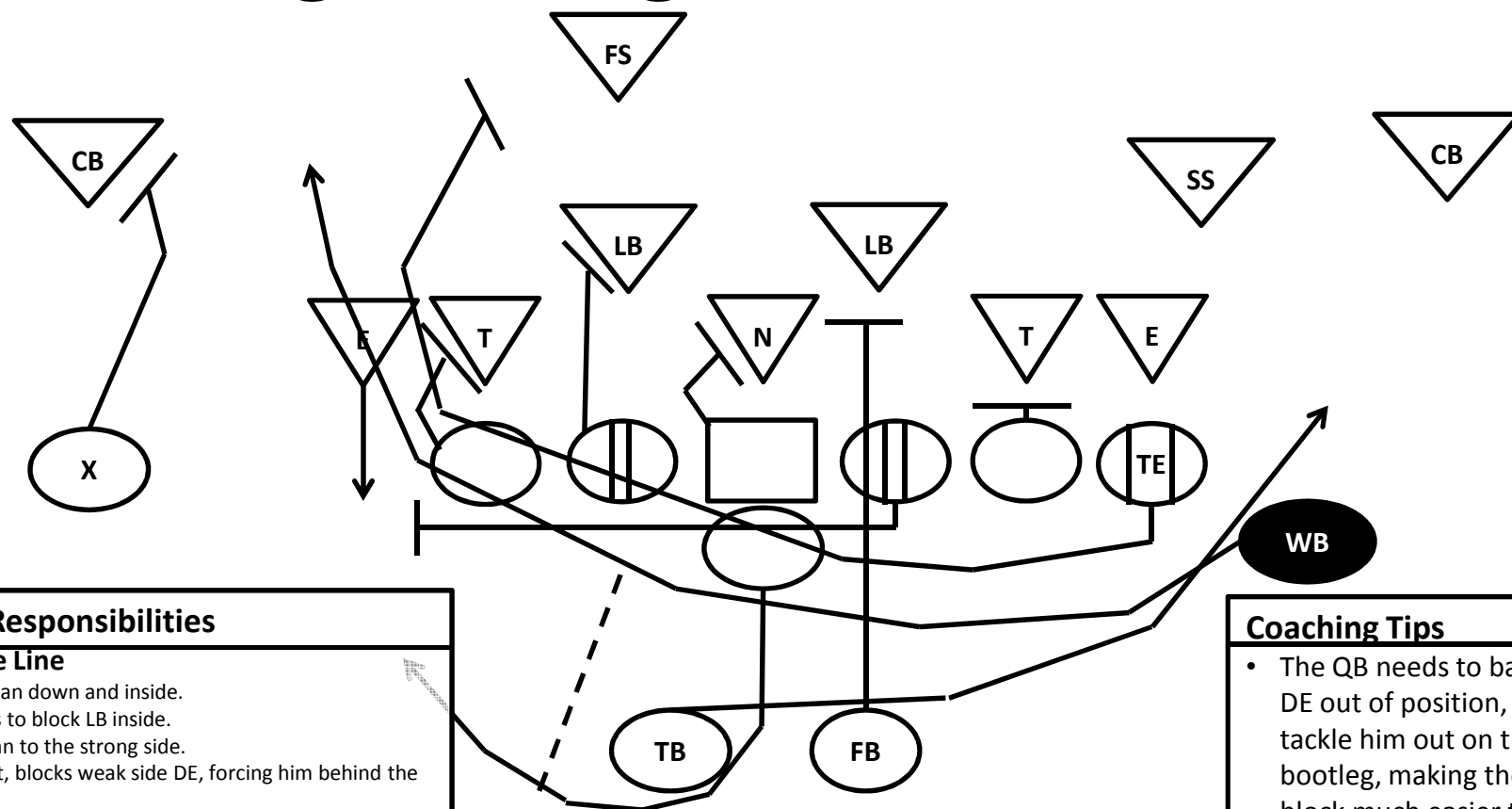
Play Strategy

This play is the redzone version of the Wing-T 78 Waggle Left. Where in the previous play the receivers were looking to stretch the defense deep, here we're trying to attack the weak side CB, who will be forced to choose between the two TEs. If the FS comes over to help deep, the WB will be open in the middle of the end zone.

Coaching Tips

- The LTE should sell block for a one count, before slipping out to run his route.
- The LG needs to sell the FB dive before committing to the pull, or the FB fake is pointless.
- The QB should make his reads from left to right, looking first for the LTE's flag route.

Wing-T Wingback Shovel Left



Player Responsibilities

Offensive Line

LT: Blocks man down and inside.
 LG: Releases to block LB inside.
 C: Blocks man to the strong side.
 RG: Pulls left, blocks weak side DE, forcing him behind the play.
 RT: Drive blocks man.

Backs & Receivers

X: Crack back blocks CB.
 TE: Pulls left, turning downfield at the LT's outside leg to lay a block down on the FS, or to help LG with LB.
 WB: Delays for a second, then follows TE, using him as a lead blocker, looking for soft pitch from QB.
 FB: Fills for RG, blocking strong side LB.
 TB: Fakes taking handoff from QB, runs for the sideline.
 QB: Fakes handoff to TB, bootlegs left and makes shovel pass to WB as he cross the field.

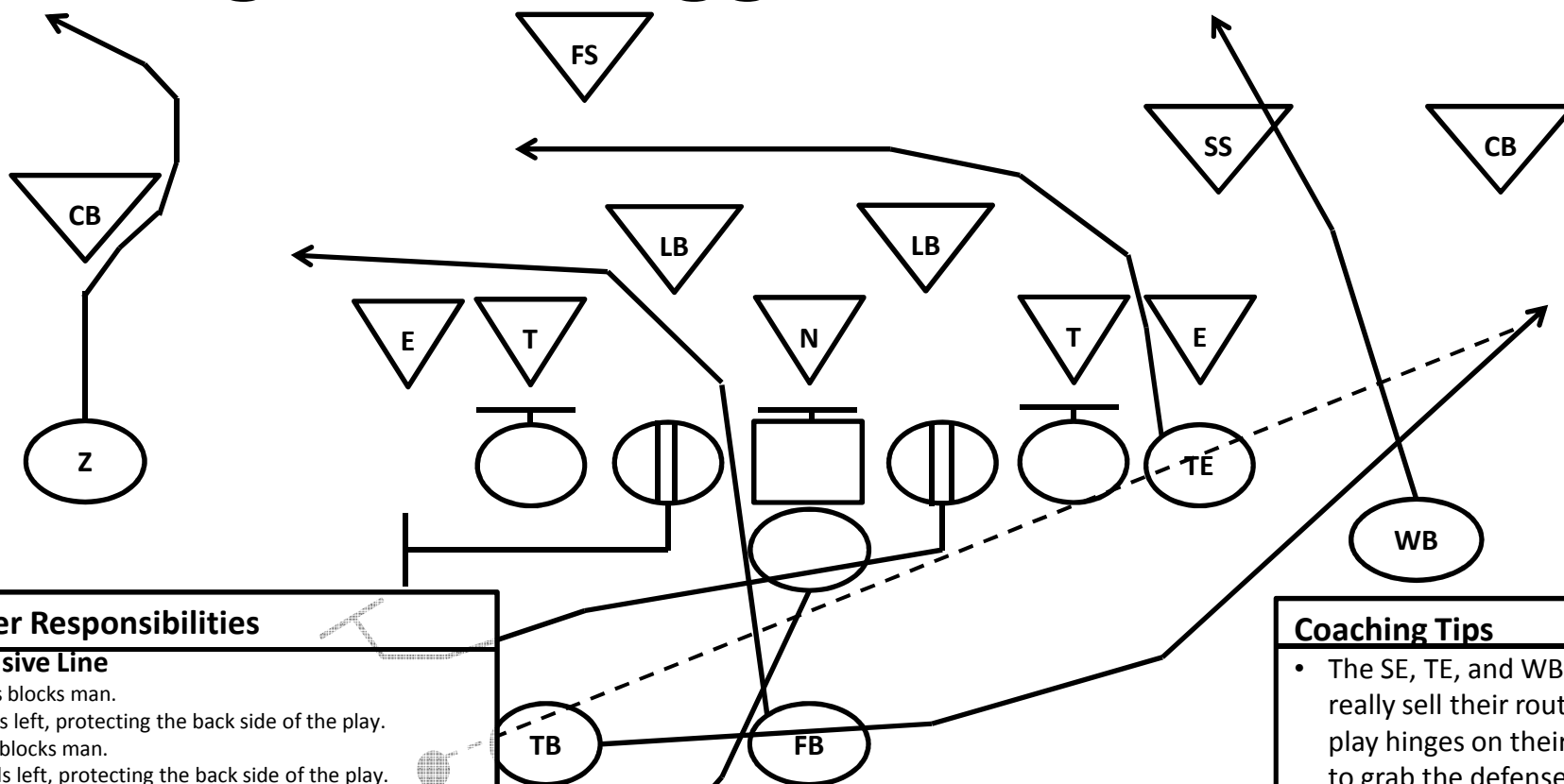
Play Strategy

The shovel pass is a great play to use – when it's pulled out correctly. After attacking the strong side with a couple successful runs, the defense will start to cheat to that side, and with a couple solid blocks on the weak side, your WB will often be able to pull out a huge gain. Just make sure not to use it too often – if the defense sees this play coming, they'll shut it down easily.

Coaching Tips

- The QB needs to bait the DE out of position, trying to tackle him out on the bootleg, making the RG's block much easier to perform correctly, and creating a huge hole on the weak side.
- If the strong side DE looks to penetrate into the backfield, the TB should lay a block down on him.

Wing-T 78 Waggle Left Throwback



Player Responsibilities

Offensive Line

LT: Pass blocks man.

LG: Pulls left, protecting the back side of the play.

C: Pass blocks man.

RG: Pulls left, protecting the back side of the play.

RT: Pass blocks man.

Backs & Receivers

Z: Runs a flag route, but instead of a quick double move, runs deep enough inside to occupy FS before cutting back out.

TE: Runs a deep in to keep MLBs occupied.

WB: Runs a skinny post, trying to keep the CB and SS occupied.

FB: Runs a dive track before releasing out into the flat.

TB: Fakes a sweep, keeps running into a wide swing route.

QB: Reverse pivots, waggles out left, makes pass to TB.

Play Strategy

This has big play potential written all over it. That's why you want to use it sparingly – I prefer to pull it out when I'm still outside of the red zone but in my opponents field. If the TB can beat the outside CB, you'll be looking at a 2 on 1 with the WB able to lay a good block down on the SS.

Coaching Tips

- The SE, TE, and WB need to really sell their routes – this play hinges on their ability to grab the defense's attention.
- The QB needs to do his part to sell the pass downfield as well, moving the secondary with his eyes, as he looks for the SE and TE before checking down to the TB for the pass.

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