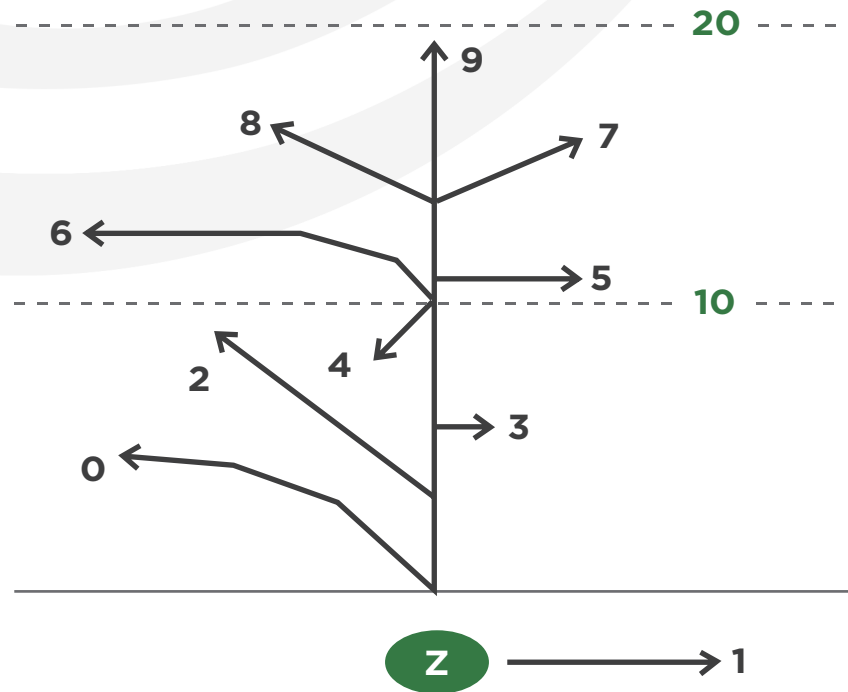


Flag Football Receiver Route Tree



0 - The Drag Route

Also known as an in route. The receiver runs forward, less than five yards, and make a sharp angled cut towards the inside, running to the sideline.

1 - The Flat Route

The receiver runs parallel to the line of scrimmage out towards the sideline, looking back to the QB for a pass. This route is usually available as a safety net for the QB to check down to.

2 - The Slant Route

The receiver takes three hard steps downfield before planting with their outside foot and quickly cutting to the center of the field.

3 - The Out Route

The receiver makes a forward run of 5-10 yards, followed by a sharp 90° cut to the sideline.

4 - The Curl Route

Also called the comeback route. The receiver sprints forward anywhere between 10 and 14 yards, then makes a sharp cut back towards the QB, ready for the catch.

5 - The Deep Out Route

The receiver makes a forward run of 10 yards, followed by a sharp 90° cut to the sideline.

6 - The Deep In Route

The receiver runs forward 10 yards, then makes a sharp angled cut towards the inside, running to the sideline.

7 - The Flag Route

Sometimes called a corner route. The receiver sprints for 15 yards, then fakes a step inside as if running a post, and breaks back outside aiming for corner flag, or pylon at the back of the end zone.

8 - The Post Route

The receiver runs about 15 yards straight, and then cuts inwards towards the goal post.

9 - The Go Route

Also known as a streak or fly route. A straight sprint up the field.