



# Anchor<sup>®</sup> Breaded Natural Cheddar Cheese Nuggets

## 6X3 LB

Irregularly shaped cheddar nuggets in a Japanese-style bread crumb coating look scratch-made.

### PRODUCT DETAILS

GENERAL:  
Packaging: 6/3 lb.

Best if used:  
before 365 days from date of  
manufacture, when stored at 0°F/-18°C  
or below

Servings size: 10 pieces (84g)

Servings per container: 16

CASE:  
Net weight case 18 lbs.  
Gross weight case 19.47 lbs.

PRODUCT CODES:  
SKU 50010112  
UPC 072714101120  
GTIN (Unit) 10072714101127  
GTIN (Case) 10072714101127

### PREPARATION

GENERAL CAUTIONS:  
For best results, cook from frozen state  
using recommended time and  
temperature. Always cook to light golden  
color. Do not overcook. When cooking  
smaller amounts, reduce cooking time.  
Product must be fully cooked for food  
safety and quality.



**DEEP FRY**  
Temp (°F): 350  
Cooking Time (min): 2

Instructions:  
Fill basket one-third full (1.5 lbs) with  
frozen product. Deep fry.

### ADULT NUTRITION FACTS

16 servings per container

**Serving Size** **10 pieces**  
**(84g)**  
Amount Per Serving

|                         |            |
|-------------------------|------------|
| <b>Calories</b>         | <b>240</b> |
| Total Fat 13g           | 17%        |
| Saturated Fat 8g        | 40%        |
| Mono Unsaturated Fat 0g |            |
| Poly Saturated Fat 0g   |            |
| Trans Fat 0g            |            |
| Cholesterol 40g         | 13%        |
| Sodium 590mg            | 26%        |
| Total Carbohydrate 19g  | 7%         |
| Dietary fiber 0.573g    | 2%         |
| Sugars 0g               |            |
| Added Sugar 0g          |            |
| Protein 12g             | 24%        |
| Vitamin D 0.2mcg        |            |
| Calcium                 | 20%        |
| Iron                    | 6%         |
| Potassium 70mg          | 0%         |

\*The % Daily Value (DV) tells you how much a nutrient  
in a serving of food contributes to a daily diet. 2,000  
calories a day is used for general nutrition advice.

### INGREDIENTS

Cheese Curds (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Extract (color)), Water, Bleached Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains 2% or less of Dextrose, Guar Gum, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Paprika Oleoresin (color), Salt, Sodium Alginate, Soybean Oil, Turmeric Oleoresin (color), Whey, Yeast, Yellow Corn Flour

### ALLERGENS

This product contains ingredients which  
may cause an allergic reaction to the  
following:



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