

PHOTO: KARON LIU/THE GRID

Porchetta's sandwiches are a regular stop on the Insanewich! Food Tour. THU AUG 30, 2012

FOOD AND DRINK

Don't Miss: Insanewich! Food Tour

Take a walk and try some of the city's finest sandwiches on this epic downtown food tour.

BY: SARA HAROWITZ

As many downtown shoppers will tell you, walking around all day is the best way to work up an appetite, and Toronto's foodie flaneurs will soon unite for the Insanewich! Food Tour: an afternoon totally dedicated to the art of the sandwich.

The tour, organized by Foodies on Foot and lasting between three and four hours in length, promises to showcase some of the tastiest sandwiches in the city. Though the exact stops vary with each tour, they frequent places like The Black Camel, Porchetta and Co., California Sandwiches, and Cafe Plenty. For the upcoming tour, the starting point will be at the Foodie studio at 75 Portland Street. Tickets are \$75 (including a TTC day pass, which you can opt out of if you have a metropass) and can be purchased here.

Be warned, though, these aren't your typical brown-bagged, lunchmeat concoctions. Expect lots of meat (some of which has been marinated for up to three days), lots of seafood, and lots of mess, so pack a bib—or at least a napkin—and get ready to go insanewich.

Thursday, August 30 and Saturday, September 15. Meet at 75 Portland Street. \$75 including TTC day pass. 11 a.m.

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