

CHARGING THE SYSTEM



CHARGING INSTRUCTIONS

4 EASY STEPS TO CHARGE THE FITLIGHT TRAINER™



- 1 FITLIGHTS™ properly nested in charger case with the white dots visible (as shown).



- 2 Insert the Charger case power supply into the electrical outlet.



- 3 Now insert the Charger Power Supply into the dual jack as shown. DC jack can be found attached to the inside of the Charger Case.



- 4 Connect the Tablet Controller power supply to an electrical outlet. Once completed, insert the other end into the Tablet Controller.

It is recommended that the FITLIGHTS™ and Tablet Controller are charged for at least 1 hour to fully charge the batteries as this will ensure an uninterrupted operation of the system from the beginning of its use. Ensure that the Tablet Controller be powered off while charging the FITLIGHTS™.

To fully charge the FITLIGHTS™, place them into the charging case and connect the power supply adaptor to the charging case. Connect to a 110/220V outlet. Charge the Tablet Controller with the supplied Power Supply, plug into 120/220 V electrical outlet.

CHARGING THE SYSTEM

INSERTING THE FITLIGHTS™ INTO THE CHARGER CASE

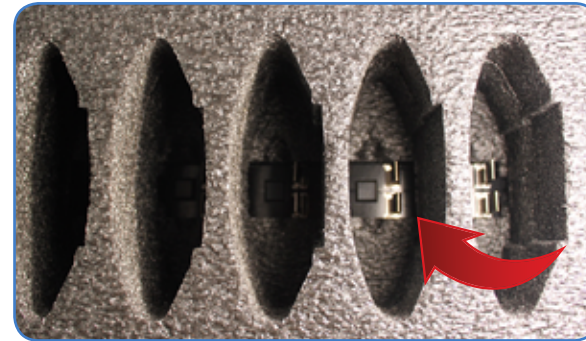
The FITLIGHTS™ should be inserted into the Charger Case with the two contact points facing downwards to match and align with the contact points in the Charger Case. Make sure that the contacts are in line with the contacts in the Charger Case and the “White Dots” are aligned with the top of the foam insert.

Note: If the FITLIGHTS™ are not inserted correctly into the Charger Case, the Power Supply will shut off and there will be no power to the Charger Case until the FITLIGHTS™ are inserted correctly. Interrupted power to the Charger Case is easily determined by removing one FITLIGHT™ at a time and the remaining FITLIGHTS™ will come on once the misaligned FITLIGHT™ is removed. Reposition the FITLIGHTS™ in the Charger Case until they are illuminated.

QUICK TIPS TO ENSURE THE FITLIGHTS™ ARE PLACED CORRECTLY.



White dots



Insert the FITLIGHTS™ so that the contacts on the FITLIGHTS™ are properly aligned with the contacts in the Charger Case.



1. Make sure the **FITLIGHTS™** are properly centered onto the contacts of the Charger Case.
2. Should the **FITLIGHTS™** not illuminate, check to make sure that the **FITLIGHT™** is correctly positioned.
3. As the system is used continuously, the contacts may be pushed out of contact with the **FITLIGHTS™**, they can easily be adjusted by pulling them forward until contact is made with the **FITLIGHT™**.
4. Always charge the **FITLIGHTS™** with the Velcro attachment on, as this aligns the **FITLIGHTS™** in the Charger slot.
5. While charging the **FITLIGHTS™** please ensure the Tablet Controller is turned off

You can also visit the online portal and take a look at the video on how you should correctly insert the **FITLIGHTS™**