



## WHAT TO BRING

- Bible
- Notebook and pen/pencil
- Bedding: Sheets for a twin bed, a blanket or sleeping bag, and a pillow
- Towels for showering and swimming
- Washcloths
- Toiletries (soap, shampoo, deodorant, toothbrush, toothpaste, etc.)
- Prescription medications (which will be handled by your adult leader)
- Sunscreen and bug spray
- Camera
- Money for travel, the MIX Station, offering, etc.
- Athletic equipment for recreation time

## What NOT to Bring:

- Alcohol, cigarettes, drugs, etc.
- CD players, iPods, TVs, etc.
- Refrigerators or air conditioners

## What to Bring & Dress Code:

- Clothing for four days, including travel time
  - Bring 2 sets of clothing for days 2, 3 and 4; one set for each day should be suitable for getting wet/dirty
  - Appropriate clothing includes t-shirts, hoodies, jackets, sweats, capris, jeans, shorts (use good judgment), skirts (again use good judgment).
  - Not acceptable clothing includes spaghetti straps, low-cut shirts, short shorts, short skirts and bikinis.
- Colored apparel: Students are split up into 4 different colored teams—Red, blue, green and yellow. Connection Pointe students have been assigned to the **BLUE KRAKENS** team...so students should bring plenty of **BLUE** clothing.
- Sleepwear
- One-piece swimwear/cover up
- Shoes
  - Comfortable shoes for walking and sessions
  - Shoes for getting wet/dirty
  - Flip flops