



## **LEADER PREP**

### **BOTTOM LINE**

The things we won't let go of often keep us from becoming who God created us to be.

### **SCRIPTURE**

Matthew 18:8-9, Matthew 5:6, James 1:13, Matthew 18:8, Corinthians 15:33, Matthew 18:9

### **THINK ABOUT THIS**

Tonight your students are being challenged to take an honest look at the sin, habits, and patterns that are keeping them from fully experiencing the life God has for them. For many middle and high school students, this may be the first time they've seriously considered how certain choices are shaping their relationship with Jesus. Sin often becomes dangerous not because we celebrate it, but because we become comfortable with it, excusing what God is asking us to surrender. As you lead your discussion, help students see that repentance isn't about shame or punishment—it's about trusting that letting go of what is holding them back is the first step toward the freedom and identity God desires for them.

## **CONVERSATION GUIDE**

### **DISCUSSION QUESTIONS**

#### **Icebreaker**

If you had to delete every app on your phone except three, which three would you keep?

- 1.** What's something in your life right now—an app, a habit, a show, a playlist, or even a friendship—that you know isn't helping you follow Jesus? What's made it hard to let go of?
- 2.** Have you ever thought, *"This isn't a big deal"* about something, only to realize later it was having a bigger impact on you than you expected?
- 3.** Why do you think we sometimes hold on to things we know aren't good for us spiritually?
- 4.** Think about the people you spend the most time with. How do they influence the way you think, talk, and make decisions?
- 5.** What's one thing you feel God may be asking you to surrender or step away from right now?
- 6.** If you actually let that thing go, what positive change do you think it could make in your relationship with God?