

2026-2027 Beginners Menu

Name: _____

Date: _____

Please highlight the items
your child **CAN** eat/drink.

WEEK ONE

Monday

Breakfast:

French Toast Sticks, 1/2
Banana, Milk

Lunch:

Chicken Nuggets, Ranch
Dressing, Mashed
Potatoes, Mandarin
Oranges, Milk

Snack P.M.:

Animal Crackers, Milk

Tuesday

Breakfast:

Sausage Link, Scrambled
Eggs, Mandarin Orang-
es, Milk

Lunch:

Taco Meat, Tortilla Shell,
Sliced Cheese, Diced
Tomatoes, Corn, Pears,
Milk

Snack P.M.:

Goldfish Crackers, Milk

Wednesday

Breakfast:

Sausage Gravy, Biscuit,
1/2 Banana, Milk

Lunch:

Ham slices,
Mac n' Cheese, Green
Beans, Peaches, Milk

Snack P.M.:

Vanilla Wafers, Milk

Thursday

Breakfast:

Cheerios Cereal, 1/2 Ba-
nana, Milk

Lunch:

Turkey Slice, Cheese
Slice, Tortilla Shell,
Ketchup, Pears, Peas,
Milk

Snack P.M.:

Apple Cinnamon
Muffin, Milk

Friday

Breakfast:

Vanilla Yogurt,
Mandarin Oranges,
Milk

Lunch:

French Toast Sticks, Sau-
sage Link, Applesauce,
Potato Tots, Ketchup,
Milk

Snack P.M.:

Pretzels, Milk

WEEK TWO

Monday

Breakfast:

French Toast Sticks, 1/2
Banana, Milk

Lunch:

Fish Sticks, Ketchup,
Potato Triangle,
Applesauce, Corn, Milk

Snack P.M.:

Animal Crackers, Milk

Tuesday

Breakfast:

Sausage Link, Scrambled
Eggs, Mandarin Orang-
es, Milk

Lunch:

Pepperoni Pizza, Ranch
Dressing, Cooked
Carrots, Peaches, Milk

Snack P.M.:

Goldfish Crackers, Milk

Wednesday

Breakfast:

Sausage Gravy, Biscuit,
1/2 Banana, Milk

Lunch:

Chicken Nuggets, Ranch
Dressing, Corn, Orange
Jell-O, Mandarin
Oranges, Milk

Snack P.M.:

Vanilla Wafers, Milk

Thursday

Breakfast:

Cheerios Cereal, 1/2 Ba-
nana, Milk

Lunch:

Brown Sugar Pancakes,
Sausage Link, Vanilla
Yogurt,
Applesauce, Milk

Snack P.M.:

Apple Cinnamon
Muffin, Milk

Friday

Breakfast:

Vanilla Yogurt,
Mandarin Oranges,
Milk

Lunch:

Hamburger, Hamburger
bun, French Fries, Pears,
Ketchup, Milk

Snack P.M.:

Pretzels, Milk