

## 2025-2026 Beginners Menu

Name: \_\_\_\_\_  
Date: \_\_\_\_\_  
Please highlight the items  
your child **CAN** eat/drink.

### WEEK ONE

#### Monday

**Breakfast:**  
Waffles, 1/2 Banana, Milk  
**Lunch:**  
Chicken Sticks, Ranch Dressing, Mashed Potatoes, Mandarin Oranges, Milk  
**Snack P.M.:**  
Animal Crackers, Milk

#### Tuesday

**Breakfast:**  
Sausage Link, Scrambled Eggs, Mandarin Oranges, Milk  
**Lunch:**  
Taco Meat, Tortilla Shell, Sliced Cheese, Diced Tomatoes, Corn, Pears, Milk  
**Snack P.M.:**  
Goldfish Crackers, Milk

#### Wednesday

**Breakfast:**  
Sausage Gravy, Biscuit, 1/2 Banana, Milk  
**Lunch:** Ham slices, Mac n' Cheese, Green Beans, Peaches, Milk  
**Snack P.M.:**  
Vanilla Wafers, Milk

#### Thursday

**Breakfast:**  
Cheerios Cereal, 1/2 Banana, Milk  
**Lunch:**  
Turkey Slice, Cheese Slice, Tortilla Shell, Ketchup, Pears, Peas, Milk  
**Snack P.M.:**  
Apple Cinnamon Muffin, Milk

#### Fri-

**Breakfast:**  
Vanilla Yogurt, Mandarin Oranges, Milk  
**Lunch:**  
Waffles, Sausage Link, Applesauce, Potato Tots, Ketchup, Milk  
**Snack P.M.:**  
Pretzels, Milk

### WEEK TWO

#### Monday

**Breakfast:**  
Waffles, 1/2 Banana, Milk  
**Lunch:**  
Fish Sticks, Ketchup, Potato Triangle, Applesauce, Corn, Milk  
**Snack P.M.:**  
Animal Crackers, Milk

#### Tuesday

**Breakfast:**  
Sausage Link, Scrambled Eggs, Mandarin Oranges, Milk  
**Lunch:**  
Beef Bologna, Cheese slice, White Bread, Ketchup, Cooked Carrots, Peaches, Milk  
**Snack P.M.:**  
Goldfish Crackers, Milk

#### Wednesday

**Breakfast:**  
Sausage Gravy, Biscuit, 1/2 Banana, Milk  
**Lunch:**  
Chicken Sticks, Ranch Dressing, Corn, Orange Jell-O, Mandarin Oranges, Milk  
**Snack P.M.:**  
Vanilla Wafers, Milk

#### Thursday

**Breakfast:**  
Cheerios Cereal, 1/2 Banana, Milk  
**Lunch:**  
Brown Sugar Pancakes, Sausage Link, Vanilla Yogurt, Applesauce, Milk  
**Snack P.M.:**  
Apple Cinnamon Muffin, Milk

#### Fri-

**Breakfast:**  
Vanilla Yogurt, Mandarin Oranges, Milk  
**Lunch:**  
Hamburger, Hamburger bun, French Fries, Pears, Ketchup, Milk  
**Snack P.M.:**  
Pretzels, Milk