DAY 1

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After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

DAY 2

Read Exodus 1-2:10

Today, we're looking at the second book of the Bible, Exodus. Exodus means a mass departure, so basically, a lot of people are leaving one place.

After Joseph's death, the Israelites were still living in Egypt. And "the number of them greatly increased. There were so many of them that they filled the land" (Exodus 1:7 NIrV). In Genesis, God had told Abraham, Isaac, and Jacob that there were going to be many people to come from them, and they would have a promised land to live in! So that

meant the Israelites weren't going to live in Egypt forever!

It was also really hard to live there. Exodus 1:14 says, "The slave drivers forced them to work with bricks and mud. And they made them do all kinds of work in the fields. The Egyptians didn't show them any pity at all. They made them work very hard."

God was going to rescue His people; He always has a plan. And a little baby, Moses, was going to be a part of God's big plan.

DAY 3

Read Exodus 3:1-10

In Exodus 3, Moses had grown up, run away from Egypt to a place called Midian, and was now living there. He's out in the wilderness shepherding a flock. But a big moment is about to happen. "The angel of the Lord appeared to him from inside a burning bush. Moses saw that the bush was on fire. But it didn't burn up" (Exodus 3:2 NIrV).

Moses's normal day changed and he encountered God. God is so holy that Moses even needed to take his shoes off because he was standing on holy ground. The Hebrew meaning of the word "holy" means set apart.

God is so holy and good that He is set apart from all things. But we can know and have a personal relationship with this holy God. Through Jesus' death and resurrection, God has made a way for us to be in God's presence, to be close to Him.

Pray to the Lord today. You can pray something like this: "Lord, You are so holy and good. Because of Jesus, I can enter Your presence."

A Devotional About Bravery

There's More!

DAY 4

Read Exodus 3:10-4:17

In the first verse of our reading today, Exodus 3:10, God tells Moses: "So now, go. I am sending you to Pharaoh. I want you to bring the Israelites out of Egypt. They are my people." Moses responded in verse 11 with "Who am I?" This was a moment where Moses needed God-confidence, not self-confidence.

Moses asked another question in Exodus 4:1, "What if they don't believe me?" Moses continued to go on with this statement in Exodus 4:10: "Moses spoke to the Lord. He said, "Lord, I've never been a good speaker. And I haven't gotten any better since you spoke to me. I don't speak very well at all."

Have you ever felt like this? Write down some weaknesses or fears you have.

Now write down here the statement. "God chooses me."

You are chosen, and you are chosen to reflect His glory and holiness to others!

DAY 5

Read Exodus 4:18-5:5

Moses had just had a big moment with God at the burning bush! But after that, Moses had to go. Go to Egypt. Go face Pharaoh. Go and trust God. Moses had lots of doubts and fears, but God asked him to trust and obey.

Moses went before Pharaoh and had many conversations about letting God's people go. Plagues happened. Finally, Pharaoh relented and said the people could go. But then Pharaoh changed his mind and pursued the Israelites as they were leaving.

Later, in Exodus 14, something amazing happened-God

parted the Red Sea and His people walked right through it on dry ground! God saved His people. And guess what? He used Moses to help do it. Moses was afraid. But God still chose him.

God saw the suffering of His people both in Egypt and as they were leaving, and He showed up to help. God is not far away. He's not too busy. He's not ignoring what you're going through. He was with Moses, He was with the Israelites, and He's with you too.

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

When have you tried something new?				



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DAY 2

Read Numbers 9:15-23

We have now entered into the fourth book of the Bible, Numbers!

God did so many things to take care of His people, like splitting the Red Sea for them to walk through on dry ground! He brought them to springs of water in the wilderness. God provided food, manna and quail, for all His people! Water even came from a rock for them. He gave the Ten Commandments and more laws to keep them safe. And so much more!

God was taking care of His people, He was providing for them, and had a better place for them. God's people complained a lot, but God was still with them and leading the way. God even guided them by a cloud by day, and it looked like fire at night, to show them when to go and when to stay. He was leading the journey.

God didn't just tell the people to go to a new place, He went with them every step of the way.

DAY 3

Read Numbers 13:26-33

At the beginning of the Numbers 13, the Lord spoke to Moses and told him to send out some spies to the land he was giving them.

The spies came back and shared what they saw. Open up your Bible to the reading we have today in Numbers 13:26-33.

What was some of the good news they shared in verse 27? A land flowing with _____ and _____.

Basically, this meant there were a lot of good things and a good place to live!

What was a fear they shared in verse 31? They are _____

than we are.

They said the people there were stronger than they were; they even felt like grasshoppers to them!

Have you ever felt like that? Too scared to do something because someone else seems stronger, bigger, or better at something than you? They looked at the problem instead of looking to God and remembering all He had done for them!

A Devotional About Faith

There's More! —

Read Numbers 14:1–10

There are times when we get so wrapped up in our fears or worries that we lose focus on who God is and what He is doing. It's happened over and over with so many people. The people of Israel were experiencing this. At the beginning of Numbers 14, we read that their fears were taking over: Verse 1 says, "That night all the members of the community raised their voices. They wept out loud."

What are some fears you have? Maybe they have to do with friendships, school, home, or anything else. Write them down here.

Now write down the good things God has done.

Start making it a habit to remember what God has done when you fear something. Then, start walking in confidence with God.

DAY 5

Read 2 Timothy 1:7

What are some things other people get scared of? Write them down here.

Go and ask a friend or a family member about things that they have been afraid of. Write them down here.

Is it healthy to live in fear? Circle YES or NO.

God's Spirit doesn't make us live in fear; we can have power and love! Start encouraging others not to live in fear. God has so much better for us. Joshua and Caleb encouraged the people of Israel. Let's start living like this, encouraging others to walk confidently because of who God is!

Today, pray for the people you know who may be afraid

of some things. Pray they look to God and not to fear. You can pray something like this: "Lord, thank you that you are good. In this world, there might be a lot of fears and worries, but I pray for my friends and family who might be scared or worried right now. I pray they look to you and live confidently. I love you, Amen."

Journal Spend some time thinking about the question below and journal your thoughts or share them with a parent. What are people afraid of?



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DAY 2

Read Joshua 1:1-9

Say hello to the sixth book of the Bible, Joshua! Moses has died, and God's people have been waiting for 40 years to enter the Promised Land. It was time for them to finally go into the land God had promised them. And with Moses gone, they needed a new leader—Joshua!

As you read Joshua 1:1-9, Joshua had some huge tasks, a lot of people, and a big role to fill with Moses gone. The Lord didn't just send Joshua a message like, "Well, bud, I hope you figure it out." No way! The Lord spoke so clearly to Joshua.

Write down some of the things the Lord told Joshua.

What sticks out to you the most out of the things you wrote down? It could be "Be strong and courageous," "I will be with you," or "I will not leave you." Write it down on a sticky note where you can always see it. Remember, God is not sending you out, saying, "I hope you figure it out." Absolutely not, He is with you!

DAY 3

Read Joshua 2

Joshua sent out spies to scout out the land the Lord was giving them. A woman who lived in Jericho showed so much kindness to them and let them stay at her place so they wouldn't get caught! In Joshua 2:12, Rahab in return asked them to show kindness to her and her family.

In Joshua 2:11, Rahab said: "The Lord your God is the God who rules in heaven above and on the earth below." Because of Rahab's belief in God and her kindness to the spies, God saved her family.

Rahab is a huge part of God's big story—the plan He had from the beginning. She was even mentioned as one of the main people of faith in the New Testament in Hebrews 11.

Another amazing fact is this: Open your Bible to Matthew 1. The beginning of this chapter shows all the family that came before Jesus. Go to verse 5. Whose name do you see there?

Rahab wasn't a perfect person, but she chose to put her faith in God and show kindness to others.

DAY 4

Read Joshua 6

It was now time for God's people to go into the promised land He had promised them. Rahab and her family were saved (see verses 22-23)! The spies kept their promise to save them.

Rahab was kind; the spies were kind. Kindness matters. Always.

Grab a piece of paper, cut it into strips, write down something kind you can do on each strip, write as many as you want, it can be a very simple thing, or a bigger thing! Kindness goes a long way, especially if you do it with the right heart. Put all the strips in a jar, box, or envelope, and after school each day, grab a strip of paper and go and do it!

Here are some ideas for you!

- Send a nice text or a note to a friend.
- · Pick up trash around the neighborhood.
- Pray for someone.
- · Invite someone to play who's usually left out.
- Do a chore at home without being asked.
- Tell a family member three things you love about them.

DAY 5

Read Ephesians 4:32

Often, it takes courage to be kind. How can you treat others the way you want to be treated? Jesus said in Matthew 22:38: "Love your neighbor as you love yourself." In Luke 6:31, Jesus said: "Do to others as you want them to do to you."

Here's the thing—it takes courage to stand up for someone, to even write a nice note. But it's so worth it to live like this.

Think about Jesus. He is the ultimate example of kindness. He got on a cross and died for you, so you didn't have to. How kind.

Having courage and being kind go so well together.

Today, can you ask the Lord to help you in this? Do you need more courage? Do you need some kindness? The Lord can help you. A good first step is asking for help, and a good second step is following Jesus.

Like Ephesians 4:32 says, you can start today being kind and tender to one another and forgiving others, just as Christ has forgiven you.

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DAY 2

Read Ruth 1:1-7

This is such an interesting and powerful story! We met a family who went through some very hard times and lost people they loved. Let's focus on two women in the story—Naomi and Ruth.

Naomi's husband had passed away, and so had her two sons. Ruth had also lost her husband, who was Naomi's son. And to make things worse, the place they were living in didn't have enough food, a famine was happening. This was a really sad and difficult time. But even in the middle of all that, God wasn't far away.

When we go through hard things, we can look to God because He is close and wants to help us.

Naomi had to make a big decision: should she stay where she was, or go back home to Israel?

It meant starting over, and that took courage. But Naomi, Ruth, and Orpah (Naomi's other daughter-in-law) packed up and got ready for a new journey. That was brave. And God saw it.

When we follow God and make brave choices, He goes with us, too!

DAY 3

Read Ruth 1: 8-19

On their way back to Naomi's homeland, Naomi stopped Ruth and Orpah and told them to go back to where they were from. She said she would go on by herself. Orpah decided to stay home, and Ruth decided to go on with Naomi.

Ruth chose to leave her homeland to go somewhere new. This was a big decision, a brave decision! Ruth was determined to go. When you read the rest of their story, you see that Ruth kept going, risked a lot, solved problems, and had great endurance and focus.

Living this way takes courage and bravery—like someone who is focused, ready to help, jump in, and serve others? God honors that!

Just like how we learned about Rahab, Ruth was also mentioned in Matthew 1:5. Open your Bible to Matthew 1. The beginning of this chapter shows all the family that came before Jesus. Go to verse 5.

Whose name do you see there?

Aren't you glad Ruth chose to be brave? Start taking steps of bravery in following God, He can help you!

Read Ruth 2

Think about brave moments you have had. Maybe you stood up for a friend, tried something new, or shared Jesus with someone. Write down a brave thing you have done here.

Now go ask a family member or friend this question: "What's the bravest thing you have ever done?" Write it down here.

It's encouraging to hear others share their story!

What is something brave you can do this week? Maybe it's inviting someone to church, apologizing and saying sorry to someone you may have hurt, or making a new friend. Write down a brave thing you are going to do here.

DAY 5

Read Ruth 3-4

After reading the book of Ruth, notice how God took care of them. The story started out with sadness but ended happily. God was working. He is always with us if we follow him.

You might not have to move to a whole new country like Ruth, but you might experience some changes. Friendships might change, you might have to move to a new school, or you might study more than you used to. A lot of things change. But you don't have to do it alone! God promises

to be with us! Open up your Bible to the book of Isaiah, chapter 41, verse 10.

We don't do life alone! God is with us, just as He was with Ruth and Naomi. How amazing to think the God of the universe is with you! There is no need to be afraid! Go be brave!

Today, tell God how grateful you are that He is with you, that He protects you, that He is strong and helps you. You are safe in His hands.

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

What is the bravest thing you've ever done?					

