



HOW DOES IT MAKE YOU FEEL WHEN YOU'RE OVERLOOKED?

DAY 5

THINK ABOUT YESTERDAY. Did you notice anything about your friend or family member's reaction when you took time to honor them? Maybe they seemed surprised, or got really excited to have a captive audience to talk to. Draw an emoji that best represents their reaction.

On the flipside, how do you think it makes them feel on the days that you don't give them a chance? Draw an emoji that best represents how you think they feel when you overlook them.

Which one of those emojis represents YOU when you feel overlooked? The second one, right? Whenever you're tempted to ignore or overlook someone in your life, remember how it feels to be overlooked yourself, and choose to give that person a chance!

WEEK 1



DAY 1

Go to [Studio252.tv](https://studio252.tv) and watch this week's episode of The So & So Show. (Click on Fun2Watch! then The So & So Show.)

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that . . .

1) YOU LIKED: _____

2) YOU LEARNED: _____

3) YOU'D LIKE TO KNOW: _____

PRETEEN

DAY 2

READ 1 SAMUEL 17:23-37

Number these summary statements in order of the way they happened, according to 1 Samuel 17:23-37.

- | | |
|---|---|
| ___ David told Saul he could go and fight Goliath. | ___ David continued to speak out about Goliath. |
| ___ David asked the Israelites why Goliath was being allowed to challenge God's army. | ___ Saul heard what David was saying and sent for him. |
| ___ Saul told David he was no match for Goliath. | ___ David told Saul the same God who had saved him from the lion and bear would save him now. |
| ___ David's brother got angry at him and said he only came to watch a fight. | ___ David told Saul he had been protecting his father's sheep from lions and bears. |
| ___ Saul sent David to fight Goliath with his blessing. | ___ Goliath continued to threaten the Israelites and they continued to run from him. |

Now, go back and circle the point at which people around David went from dishonoring him to showing him how valuable he was.

Who do you know in your life that needs to be given a chance? _____

DAY 3

The exact words Saul said, according to 1 Samuel 17:37 are "'Go, and may the Lord be with you,'" (NIRV). Saul not only showed David honor by giving him a chance to fight Goliath, but he also prayed God's blessing over David. We can give others a chance too, and when we do, pray for their success!

Look back at the person whose name you wrote in the blank yesterday. Fill in the blanks below to write out a prayer for both of you.

DEAR GOD, You know that I want to honor _____
by giving them a chance to _____. Giving them
a chance will take _____ on my part. Please help me
_____. Please give _____ success
as they _____, and help me continue to honor them by
_____. In Jesus' name, I pray.

If the blanks don't work out perfectly, it's okay. The point is to pray for you to have wisdom and humility and your friend to have strength and courage as you give them a chance!

DAY 4

You probably have someone in your life who wants to spend time with you, but you might find it a sacrifice to spend time with them. Maybe it's your little brother or sister who is always going off about their favorite YouTube show, or maybe your dad is always asking you how your day went, and you would rather keep playing your video game.

Today, show honor to that person by giving them your full attention.

In fact, don't wait for them to come to you to talk. Go to your little sister, and ask her about her favorite show, or as soon as your dad comes home, go and share about your day and ask about his too! Whoever you've chosen to honor, give them your full time and attention.



WHAT ARE THE BEST WAYS TO HONOR YOUR FRIENDS?

DAY 5

Have you heard of Random Acts of Kindness? The idea is to pick random people to do nice things for. Instead of random acts, today you're going to do some intentional acts of kindness. Think of some of your friends and family members who could use some honoring and write their names below. Then match their name with one of the acts of kindness below that you think would make them feel the most honored, and get to work showing others how valuable they are!

- | | |
|-------|---|
| _____ | Hold the door open for someone |
| _____ | Do a chore for someone in secret |
| _____ | Let someone go ahead of you in line |
| _____ | Bring flowers to someone |
| _____ | Clean off everyone's dishes after dinner |
| _____ | Give someone their favorite candy |
| _____ | Write a note of encouragement to someone |

WEEK 2



LETTING SOMEONE KNOW YOU SEE
HOW VALUABLE THEY REALLY ARE

DAY 1

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PRETEEN

DAY 2

READ 1 SAMUEL 18:1-4; 19:1-4; 20:1-4

As you read the first four verses of 1 Samuel 18, 19 and 20, underline the things that Jonathan gives to David. (Hint: they're not all physical objects.)

Yes, Jonathan gave David his princely robe and belt, not to mention his weapons, but he also gave David his enduring friendship, warnings about his father's hatred of David, and an offer to do anything he could to keep David safe. And in the end, he gave David the chance to be king, ahead of himself.

In short, Jonathan put David first when it came to just about everything! He loved and protected his friend, and put his friend's needs ahead of his own. Jonathan may have been the one who "deserved" to be king, but by putting his friend first, he showed David how truly valuable he was.

DAY 3

Jonathan was technically next in line to be king, but he recognized that God had other plans. Instead of pushing David away and trying to get the kingship for himself, Jonathan put David's needs and safety ahead of his own.

Putting others first comes a little more naturally for some of us than others, but if we're being honest, it's never easy for any of us. Putting what someone else wants ahead of what you want might mean giving up something you deserve, or at least think you deserve.

Thankfully, God loves to share His power with us, and when we put our trust in Jesus, we also get the Holy Spirit to help us make hard decisions like putting others first.

Who, in your life, do you struggle with letting them go first?

Write their name here: _____

Where/when is it hardest to put that person first? _____

Why do you think that is? _____

Now use your answers to help you talk to God about this situation. Ask God for help in putting this person first. Ask for humility and strength to put honor into practice!

DAY 4

Did you know you're more likely to follow through to meet a goal if you write it down? And if you write it down AND tell someone about it, you're practically halfway there!

Since putting others first usually takes a little bit of effort, and you've already written down who you know you should honor first (see Day 3) and taken some time to ask God for help, now it's time to add a little accountability.

FIND SOMEONE WHO FOLLOWS GOD—MAYBE IT'S A PARENT, YOUR SMALL GROUP LEADER, OR JUST A FRIEND AT CHURCH OR SCHOOL. Tell them about your plan to put someone else first. Talk with

them about the things that might make your plan challenging, or things that might compete with your plan to show honor. Ask them if they've ever struggled to put others first, and if so, how they overcame those struggles. Then ask them to check back in with you in couple of days to see how things have progressed with your plan to put this other person first, and ask them to pray for you in the meantime as you work to honor others by putting them first.



WHY DO PROMISES MATTER SO MUCH?

DAY 5

Have you ever heard of a pinky promise? The idea is that two friends, when making a promise to each other, each hold out a hand and touch pinkies. There's nothing extra special about this promise, but it's just a fun way to remind yourself that you've made a promise. It also shows the other person that you're taking this promise seriously.

FIND A PIECE OF STRING, OR EVEN A LOOSE RUBBER BAND. Making sure not to tie it or wrap it too tight (ask a parent to check this!), put it around your pinky. Try to leave it on as long as you can today.

Then repeat the activity from yesterday, paying attention to all the promises you make throughout the day. The pinky "ring" should help you do an even better job of remembering what promises you've made, and will also give you an extra nudge to follow through. **AND WHEN YOU DO, YOU WILL SHOW OTHERS HOW VALUABLE THEY ARE TO YOU.**



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DAY 2

READ 2 SAMUEL 9:1-12— Have you ever made a promise before? Were you able to keep your promises or did you break them?

After you've read 2 Samuel 9:1-12, flip back a few pages and read 1 Samuel 20:14-17. Here is where we first see the promise that David made to Jonathan. The pages between these two sections represent time, and a good bit of it. David would keep his promise, but it would be years later before he could follow through.

Now look down to verse 42 of 1 Samuel 20. Jonathan reminds David here of the promise they've made to each other because he knew that he was asking a lot. Even though David and Jonathan were best friends, Jonathan's father, the king hated David. The two men would have to fight on opposite sides of the battle for a while, but Jonathan loved David and knew he could trust him to keep his family safe.

And David certainly held up his end of the promise. After all those years on the defense and running from Saul, and then continuing to fight battles for the kingdom even after Saul was gone, David was finally king. Now, years later, he could fulfill his promise of taking care of Jonathan's family. Even though Jonathan had died, David honored his friend by keeping his promise.

Think about the next promise you make and work on keeping that promise so you can show honor to the person you gave it to.

DAY 3

Psalms 145:13 has some awesome news for us:
"The Lord will keep all his promises. He is faithful in everything he does." (NIRV)

HOW HAVE YOU SEEN GOD KEEP HIS PROMISE TO BE WITH YOU ALWAYS, TO GIVE YOU STRENGTH WHEN YOU FEEL WEAK, OR TO COMFORT YOU WHEN YOU FEEL SCARED?

If God keeps His promises to all of us, we can keep our promises to each other too. He will give us the strength we need to do it!

PRAY A PRAYER WITH TWO PARTS:

- 1) Thank God that you can trust Him no matter what, and remind Him of a few ways you've seen Him keep His promises in your own life.
- 2) Ask God to help you be someone others can trust. Share with Him a couple of people in particular you know you need to honor by keeping your promises. Ask Him for help in being a promise-keeper like He is.

DAY 4

WHICH OF THESE WORDS DO YOU THINK MEANS A PROMISE? Check them off.

☐ I PROMISE
☐ I SWEAR
☐ I WILL

☐ YES
☐ I'LL DO IT

Believe it or not, they're really all promises, at least according to Jesus. Listen to what He said, as recorded in Matthew 5:37, "All you need to say is simply 'Yes' or 'No.' Anything more than this comes from the evil

one," (NIRV). Jesus wasn't necessarily saying it was wrong to make a promise, but more what He meant was that our language and our actions towards others should be so trustworthy that all it takes is a simple "yes," or "no," for people to know we will keep our word.

Pay attention to all the promises you make throughout the day, and follow through. Honor others by keeping your promises.



HOW DO YOU HONOR GOD?

DAY 5

Not everyone feels comfortable talking to others about God, but the truth is, the more we do it, the easier it will get. But what's also true is that there is more than one way to give God the credit. Talking about God is an important one, but we can also honor God by . . .

- 1) GIVING HIM THANKS FOR HIS GIFTS**
- 2) NOT SEEKING PRAISE FOR THE TALENTS HE'S GIVEN US**
- 3) USING OUR TALENTS TO SERVE OTHERS AND HONOR HIM**

Today, focus on number three. What is one gift God has given you that you can use to honor Him? Brainstorm with a parent or friend. Then decide on a way you can use your talent to honor others and God by giving Him the credit.

The ways we can honor God are as numerous and different as we, His children, are. Figure out how He has uniquely gifted you, and then honor God by giving Him the credit!



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DAY 2

READ DANIEL 6:19-27

Daniel followed after God and because of that, he had great success in everything he did that he captured the attention of the king, whom he served. In fact, the king was so impressed that he put Daniel ahead of everyone else who served the king too. This made some of the other leaders jealous, and they plotted to get Daniel killed by the king himself. After Daniel fell into their plot by continuing to worship God even though the king had created a law that said no one could worship anyone other than him, Daniel ended up in a den of lions.

RE-READ DANIEL 6:19-27 and notice all of the times that Daniel spoke highly of God or gave Him credit for something great. Then see what happens in verses 26 and 27: King Darius also starts honoring God! And notice one thing the king says over and over: He calls God “the living God.” King Darius recognized that God doesn’t just deserve the credit for things He’s done in the past, but for the things He does every day, in the here and now.

THE SAME IS TRUE FOR US. We can honor God by giving Him credit—not just for the miracles we read about in the Bible, but for all the things He’s doing in the world and in our lives every day.

DAY 3

Have you ever made a list of things you want for Christmas or your birthday? Sometimes our prayers to God can be a bit like a wish list, can’t they? We may be asking for things for ourselves—like courage to do the right thing, or to do a good job on our math test—or for things for others—like healing from illness or for our mom to get a new job. And those are certainly not bad things to pray about!

But talking to God doesn’t need to be just spouting off a list of needs or wants. The God of the universe wants a relationship with you, and that means conversations that go beyond just “please help me.” One way you can talk to God is by telling Him all the ways you see Him at work in the world—or in your world.

Get a sheet of paper and make a gratitude list. Make two columns: one should be the ways you see God at work in your life specifically, and the other should be ways You see Him doing great things in the world.

Use those lists to start a prayer to God. Thank Him for the ways You see Him working in your own life, and also just praise Him and give Him credit for how you see Him at work in the world.

DAY 4

Go back to Day 2 and notice something really important. When Daniel gave God the credit for what He was doing in his life, the king noticed, and then he too began to notice God at work in the world. The king started honoring God by giving Him credit too!

Honoring God is kind of contagious. When we spend time with people who regularly give God credit for what He is doing in their lives, we’ll start to notice His hand in our lives too! And we can also inspire others to honor God by the way we continually acknowledge His presence and work in our lives.

Today, look for as many opportunities as you can to give God the credit.

MANY TIMES THESE OPPORTUNITIES POP UP WHEN:

- o Someone gives you a compliment
- o You notice a beautiful sunrise or sunset
- o Your favorite song comes on, and it makes your heart happy

Also, look for friends who are doing the same thing—people who don’t take credit for the good things in their lives, but instead, recognize they are gifts from God. When you find these friends, make it a habit to share with them the cool things God is doing in your life. You might be surprised how much you rub off on each other, and how people around you also might start honoring God by giving Him the credit!