



## READ COLOSSIANS 4:2

## DAY 1

Have you ever wanted to help but you just didn't know how? Before you open your eyes to look around for what needs to be done, try closing them in prayer first! Ask God to show you ways that you can be helpful to others. Be specific in your prayers, mentioning people and places by name. When you open your eyes, write down some of your ideas below. Circle one you can do today. Then, go make it happen!

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**THANK** God for giving you family and friends who you want to help.

## READ 2 TIMOTHY 3:16-17

## DAY 2

Another way to take initiative is to read God's Word. The Bible has wisdom that can guide our lives, but we have to know what it says. Look up the following passages and match them to the situations they could speak to.

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|--------------------|--|
| 1) Proverbs 31:8-9 | a) Your friends are all saying mean things about the new kid                                     |
| 2) Matthew 6:14-15 | b) You don't have any homework on Monday, but you know you have a big test coming up on Thursday |
| 3) Proverbs 6:6-8  | c) Your sister borrows your iPod and breaks it   |

**KNOW** that God's Word can teach you how to do what needs to be done.

## READ JAMES 2:15-16

## DAY 3

Have you ever heard the phrase “actions speak louder than words”? It’s true. As comforting and helpful as words can be at times, if you don’t follow through with action, they can be pretty meaningless or empty.

Ask a parent for help finding an empty food or plastic container. Place the empty container in your bathroom or somewhere you’ll see it every day this month. Keep it as a reminder that you have to look for what needs to be done, and that you need to follow through and do it, or your words will be empty.

**ASK** God to help you see where you can make a difference with your actions.

## READ PROVERBS 6:6-8

## DAY 4

Today you’re going to observe nature like a scientist. Head outside and look on the ground until you find an ant. When you do, take a minute to observe the ant. Draw a picture of the ant here and describe its physical characteristics.

### DRAWING:

### NOTES:

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Take notes on what the ant is doing. Is it sitting still? Probably not! An ant is almost always at work. The ant sees what needs to be done, and it does it!

If a little ant can work that hard, so can you! As you go about your day today, if you’re ever tempted to skip out on what needs to be done, remember the ant and get to it.

**KNOW** that God has given you all you need to get the job done.

**BE ON THE LOOKOUT  
FOR WHAT NEEDS TO  
BE DONE.**



## READ GENESIS 6:9

## DAY 1

Can you imagine what it must have been like to be Noah? He was the only one following God and making wise choices. He was probably already used to standing out in a crowd for being willing to stand up for God, but then God asked him to build a giant ship to save him from a flood when it wasn't even raining! Noah could have put off doing what God told him to do until he could convince others to do it with him, but if he had, he might have missed his window to get the ark built in time! Instead, Noah obeyed God and did what needed to be done, all by himself.

What in your life needs to be done that you might have to do alone? It might be a task, like a neglected chore, or helping someone else with their work. Or it might be standing up for someone else or for what is right when no one else is.

**LISTEN** to what God might be telling you to go and do all by yourself today.

## READ DANIEL 3:28

## DAY 2

Shadrach, Meshach, and Abednego didn't wait for others to do the right thing. They knew that bowing before a fake god would be wrong, so they stood up to the king. Even when we know what God says to do, sometimes doing the right thing means taking a stand when no one else will.

Choose a scenario below—what should you do in that situation? On the last one, fill in the blank and create your own scenario where you have to choose your own adventure.

- You're at a sleepover and your friends want to get on a website you know you're not supposed to look at.
- Your friend forgot to do his homework and asks to copy yours.
- Everyone looks the other way as the new kid searches for a place to sit at lunch.
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**LISTEN** to what God says in His word and follow Him even when others don't.

## READ PSALM 119:60

## DAY 3

How fast are you? Time yourself doing each activity once, then go back and try to do it faster for round two.

### ACTIVITY:

### ROUND 1 TIME:

### ROUND 2 TIME:

10 sit-ups

10 jumping jacks

Run across the room

Five push-ups

20 squats

You might be a fast runner or able to do jumping jacks faster than anyone you know, but how fast are you to do what needs to be done? When you see a need, do you hang back to see if someone else will do it first, or do you step up to be the first person and lead by example? This week, try to be the fastest in responding to needs that you see!

**KNOW** that you can do what needs to be done right away.

## READ ROMANS 12:2

## DAY 4

Sometimes people are so focused on changing the world that they forget they can start by making the lives of people around them better. Instead of only thinking about yourself and your own chores, responsibilities or even fun things you want to do, look for ways you can help others.

Match the phrase below to uncover some ways you can help others.

**FOLD**  
**HELP TEACHER**  
**CHEER UP**  
**DO A CHORE**  
**STAND UP FOR**  
**CLEAR**

**THAT'S NOT YOURS**  
**SAD FRIEND**  
**SOMEONE BEING PICKED ON**  
**THE DISHES**  
**CLEAN ROOM**  
**LAUNDRY**

**THANK** God for changing your heart and mind to be more like His.

**DON'T WAIT FOR SOMEONE  
ELSE TO DO WHAT NEEDS  
TO BE DONE.**



## READ LUKE 3:10-11

## DAY 1

This week is called Extra Week. Take a look around your house and set aside items that you have extra of. Maybe you have two coats, two of the same toy, or lots of extra canned goods in the pantry. Recruit your whole family, but even if your brother or sister doesn't want to participate, you can do this alone! Just keep growing the pile, and then we'll tell you what to do with it on Day 4!

**THANK** God for providing more than what you need so that you can help people in need.

## READ PROVERBS 3:28

## DAY 2

What is number one on your Christmas list this year? Draw a picture of it to the right.

Can you imagine if your parents had bought your Christmas present in September, wrapped it, and put it in your room but wouldn't let you open it until Christmas? That would be torture, right?

If you have the means to help someone who needs it, don't wait! Don't wait for someone else to step up to help them. Don't make someone wait while you have more than you need. Christmas can be every day when you're taking initiative!

**ASK** God to show you who you can help TODAY!



## **READ JOHN 13:12-15**

## **DAY 3**

Take off your shoes and inspect your feet. Maybe even sniff them if you dare. How would you feel about someone else washing them? Or, even more extreme, how would you feel about washing someone else's dirty feet? It sounds pretty gross, doesn't it? But that's exactly what Jesus did for His friends. He knew they needed not just a king, but a Savior who would wash them and clean them from their sins. If the Savior of the world can serve others so humbly, we certainly can help others too! Grab a sheet of paper and trace your foot on it. Cut it out and hang it up to remind yourself this week that you should help others in need.

**LISTEN** for the needs of others that you can help meet, and then get to it!

## **READ 1 JOHN 3:16-18**

## **DAY 4**

It's the end of Extra Week! Hopefully all week long you've been collecting the extra things you have around the house, but it's not too late if you need to play catch up. Go through the pile of extra things with a parent and get their permission to donate some or all of what you've collected to someone in need. Be sure and tell the person or organization why you are donating—that God's love for you makes you want to share that love with others!

P.S. For "extra" credit, consider creating a spot around the house where everyone can put their extra things going forward, and every time the pile gets big, donate again!

**KNOW** that your initiative can make someone's life better!

**DON'T WAIT FOR  
SOMEONE ELSE TO HELP  
PEOPLE IN NEED.**



## READ 1 CORINTHIANS 16:13

### DAY 1

There are a lot of things that can take our attention away from what needs to be done, so it's important to keep our focus on what God has for us to do. That requires us to be on our guard and remain strong and brave!

Make up some hand motions to help you memorize 1 Corinthians 16:13. For example, you can put your fists up by your face as though you're a boxer "on guard," then flex your biceps for "strong," and then end with your arms down by your side, standing brave and proud. Make your own version and repeat it in front of the mirror a few times until you know it and believe it!

**ASK** God to help you remain strong as you focus on what needs to be done.

## READ 1 CORINTHIANS 15:58

### DAY 2

Here's a fun challenge: say the alphabet backward. Z, Y, X, W, etc.

It takes a serious amount of focus, doesn't it? You probably didn't think about anything other than letters for a couple of minutes while you tried to complete the challenge.

Whenever you're trying to do what you know you're supposed to be doing, it takes focus. So many things can distract us. But by keeping our focus on what God has for us to do, we can get the task done and move on to the next thing He wants us to do!

**KNOW** that God has given you important work and all you need to get it done.

## READ JAMES 1:23-25

## DAY 3

Sometimes we hear what we're supposed to do, but then we get distracted and forget to follow through. What are some things that distract you from doing what you're supposed to do? Unscramble the list below to find some common distractions. *(Note: these aren't bad things at all; they can just distract us from what God wants us to do if we aren't careful.)*

NSLEETIOIV

\_\_\_\_\_

MSAGE

\_\_\_\_\_

PTSORS

\_\_\_\_\_

LECL NHOEP

\_\_\_\_\_

VOIDE SGMAE

\_\_\_\_\_

TETENIRN

\_\_\_\_\_

RDGNEAI

\_\_\_\_\_

**ASK** God to help you ignore distractions when you have a job to do.

Answers: television, games, sports, cell phone, video games, internet, reading

## READ PROVERBS 4:25-27

## DAY 4

Try patting your head and rubbing your belly in a circle at the same time. Now, try reversing it: rubbing your head in a circle and patting your belly. Which one was harder for you? They both required a lot of focus though, right?

Choosing the right path, or making the wise choice, requires a lot of focus too. There are a lot of things and people that can distract us and steer us off course. But if we think carefully about the choices we are making, we can follow in God's footsteps and stay on the right path.

**LISTEN** for God's voice to guide you down the right path and stay focused on what He has for you to do.

**STAY FOCUSED ON WHAT  
NEEDS TO BE DONE.**





## READ PSALM 150

Psalm 150 mentions a lot of ways you can use music to celebrate what God has done. Find those instruments and other musical activities in the puzzle to the right.

PRAISE	TAMBOURINES
TRUMPETS	DANCING
HARPS	STRINGS
LYRES	FLUTES
	CYMBALS

You certainly don't have to play an instrument or dance to praise God, but music is one great way to tell God how awesome He is!

**THANK** God for all that He has done in your life.

## DAY 1

P	R	A	I	S	E	S	U	S	Y	L	I	A	U	T	O
T	E	D	I	S	Y	R	E	B	I	D	L	N	H	S	F
E	F	Y	T	U	A	M	L	O	T	U	T	S	Y	O	L
N	L	Y	T	A	M	B	O	U	R	I	N	E	S	W	U
M	D	T	E	R	S	Y	S	N	D	L	Y	S	U	Y	I
A	A	I	U	O	I	B	U	U	E	U	H	F	S	A	O
S	N	U	S	A	C	E	M	Y	T	O	A	O	C	L	P
O	C	L	O	U	Y	T	O	E	I	H	R	Q	T	U	V
I	I	Y	A	L	M	A	W	T	M	A	P	S	R	O	A
U	N	V	F	R	B	T	L	Y	R	E	S	V	C	Y	Y
R	G	L	A	O	A	C	O	R	T	H	C	S	R	N	I
W	M	T	N	B	L	S	L	W	O	I	M	N	A	K	E
E	N	R	V	I	S	P	L	E	S	B	Y	T	J	S	R
H	O	U	T	U	H	Y	E	R	T	N	S	M	I	L	U
Z	P	M	L	I	E	V	R	F	L	U	T	E	S	S	J
I	L	P	X	C	R	T	D	Y	W	Z	O	T	N	K	O
F	H	E	E	O	T	A	F	N	E	L	C	A	D	J	L
E	S	T	F	U	B	Y	O	S	F	R	I	K	S	T	S
B	O	S	T	R	I	N	G	S	L	X	U	W	O	R	N
U	I	Y	T	R	N	N	S	R	P	A	N	W	L	N	K
F	O	S	S	C	G	D	W	L	I	D	V	S	U	J	E

## READ ISAIAH 63:7

## DAY 2

The Israelites had a lot to praise God for and so do you! Make a list of at least five things that God has done for you that are worth celebrating.

_____	_____
_____	_____
_____	_____
_____	_____

Hold on to this list because you're going to use it tomorrow!

**THANK** God for all the wonderful things He has done for you.

## READ PSALM 71:8

## DAY 3

Remember that list you made yesterday of five things that God has done for you? Today you are going to live out Psalm 71:8 by talking about how great God is. Whether it's sharing at meal time with your family, or with your friend on the bus, find a way to tell someone about some of the great things God has done for you!

**KNOW** that God has done great things that are worth celebrating!

## READ PSALM 47:1

## DAY 4

Check out the lyrics to this song called "Rock This Planet:"

"We will take it out to the streets  
Show your love to everyone we meet  
By your love on the cross  
This I know you've forgiven me

C'mon, c'mon  
Let's rock this planet  
Tell everyone about his love  
C'mon, c'mon  
Let's sing and shout it  
Tell everyone of his great love"

Ask a parent to help you find the song (by Amber Sky Records) on YouTube or Spotify and have a dance party to celebrate what God has done!

**KNOW** that when you celebrate what God has done, you show others how great God is!

**LOOK FOR WAYS  
TO CELEBRATE WHAT GOD  
HAS DONE.**