



The Kitchen

The kitchen, also known as the heart of the home, goes through a lot of wear and tear. From expired food, to gnat infested cabinets, this room deserves a thorough scrub down.

- Remove the contents of every cabinet and drawer. Wipe down both the inside and outside of each space with detergent and a warm cloth. Organize and replace items back in their designated spaces.
- Sharpen knives.
- Deep clean cutting boards.
- Remove crumbs from toaster.
- Clean microwave and stove.
- Shine silverware
- Dust any displayed china.
- Dust light fixtures, blinds, ceiling fans, and window sills.
- Scrub the stove.
- Sweep and mop floors.
- Wipe down counters
- De-grease backsplash
- Shine faucet, sink, and clean the drain.
- Reseal grout if necessary

Pro Tip: Start from the top and work your way down to avoid having to re-mop floors as a result of settling dust.



The Bathrooms

Because so much moisture is trapped in your bathroom on a daily basis, the room is a breeding ground for mold. Not to fear, your floor to ceiling clean will stop mold growth in its tracks.

- Scrub mirror with glass cleaner.
- Remove all items from vanity and scrub insides with detergent.
- Replace items back in vanity in an organized fashion and discard expired medicines and products.
- Clean toilet bowl
- Remove lid and set from toilet to scrub around seat bolts.
- Spray anti-mold cleaning agent on shower doors and walls.
- Wax bathtub.
- Shine faucets.
- Dust vent covers.
- Clear sink and shower drain.
- Clean window sills.
- Sweep and mop floors.
- Wash towels and bathmat in hot water.

Pro Tip: Keep a squeegee in your shower year round to prevent mold growth and mineral deposit build-up to simplify next year's spring cleaning.



The Bedrooms

From the master bedroom where you spend a majority of your time to the guest room that receives little to no attention, bedrooms collect dust mites and deserve a full overhaul.

- For each drawer: remove items, dust, replace drawer liner, organize items and return nicely to their dedicated spaces.
- Donate items you no longer use.
- Launder bedding in hot water.
- Sprinkle baking soda on uncovered mattress, wait, and vacuum.
- Air out mattress pad.
- Vacuum under bed and behind dressers.
- Clean out closets.

Pro Tip: If you are uncomfortable using harsh cleaning products in your most intimate spaces, consider going “au naturel” with a DIY cleaner. A lemon juice and salt scrub or a vinegar and water mixture will get the job done.



Everywhere Else

- Open windows
- Vacuum dust from baseboards and scrub trim.
- Vacuum spider webs from corners.
- Deep clean carpets and rugs, refinish hardwood floors, and shine tile or linoleum surfaces.
- Dust window screens.
- Vacuum, sweep, mop (In that order).
- Spot clean walls.
- Dust art and light fixtures.
- Sweep porch.
- Replace welcome mat.
- Clean upholstered furnishings.
- Ensure fire safety by changing the batteries in smoke detectors.

Pro Tip: As you clean, make a list of things you notice you need or that need to be fixed (i.e. out of flour or a chip in the banister). Don't look at this list until you have completed your entire spring cleaning. Good luck and happy cleaning!