Canadian Academy of Child and Adolescent Psychiatry
33rd Annual Conference

November 17-19, 2013 (Sunday-Tuesday)
Sheraton Vancouver Wall Centre Hotel, Vancouver, BC

Who Should Attend?
Psychiatrists, Residents, Allied Health Professionals, Students

2013 Theme
“The Child in Social Context”

Learning Objectives
1. To appreciate how social factors influence mental health and illness in children and families.
2. To describe evidence-based approaches to the assessment and treatment of child psychiatric disorders.
3. To discuss recent research findings and current clinical and educational challenges in child psychiatry.

2013 Keynote Speakers
James R. Dunn, B.ArtsSc(Hon), MA, PhD, Chair in Applied Public Health, Canadian Institutes of Health Research - Public Health Agency of Canada; Associate Professor and Acting Chair, Department of Health, Aging, and Society, McMaster University, Hamilton, ON

Jim Hudziak, MD, Professor of Psychiatry, Medicine, and Pediatrics and Director of Child and Adolescent Psychiatry, FAHC/UVM College of Medicine; Director of the Vermont Center for Children, Youth, and Families, Thomas M. Achenbach Chair in Developmental Psychopathology

Kathleen Ries Merikangas, PhD, Chief, Genetic Epidemiology Research Branch, Intramural Research Program, National Institute of Mental Health, Bethesda, MD

Christopher Mushquash, PhD, Assistant Professor, Division of Human Sciences at the Northern Ontario School of Medicine, Department of Psychology at Lakehead University, Thunder Bay, ON

Charles H. Zeanah, Jr., MD, Sellars-Polchow Professor of Psychiatry, Professor of Clinical Pediatrics, Director of Child and Adolescent Psychiatry, Tulane University School of Medicine, New Orleans, LA

www.cacap-acpea.org

Conference services and accreditation provided by:
**Message from the President**

Dear Colleagues,

It is with great pleasure that I welcome you to the 33rd Annual Conference of the Canadian Academy of Child and Adolescent Psychiatry here in the beautiful city of Vancouver.

I would like to express sincere appreciation to Drs. Daniel Gorman and Ashley Wazana, Chair and Vice Chair of the Research and Scientific Program Committee, for their dedication and hard work in preparing such an outstanding program. This year’s theme, “The Child in Social Context” has enabled them to put together a superb selection of invited speakers and an exciting program for all attendees. I would also like to thank Dr. Chris Wilkes, Conference Committee Chair, Dr. Tyler Black, CACAP’s Local Arrangements Consultant, and Lindsay Callan for their great efforts in ensuring the logistics of the meeting and that all runs smoothly.

Our meeting is a wonderful opportunity to network, exchange exciting ideas, learn about the latest developments in Child and Adolescent Psychiatry and to reconnect with friends and colleagues.

I look forward to seeing you all!

Clare Gray MD FRCP
President 2012-2014
Canadian Academy of Child and Adolescent Psychiatry

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**Industry Sponsored Satellite Symposia at CACAP:**

In past years our annual conference has scheduled breakfast and lunch symposia sponsored by industry. However, in keeping with changing accreditation conditions and to maintain clear professional boundaries, CACAP will no longer offer such symposia. While this will mean that food and beverage offerings will be reduced at our conference, our local arrangements team will provide listings of the many local dining options nearby.

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**Nov 16, 2013 (Sat)**

**PRE-CONFERENCE MEETINGS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>0800-1200</td>
<td>Royal College of Physicians and Surgeons, Child and Adolescent Psychiatry, Sub-Specialty Committee</td>
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<tr>
<td>1300-1730</td>
<td>CACAP Board Meeting</td>
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<td>1745</td>
<td>Association of Professors of Child &amp; Adolescent Psychiatry of Canada Meeting (and dinner to follow)</td>
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**Nov 17, 2013 (Sun)**

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>0700</td>
<td>Registration/Exhibits</td>
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<tr>
<td>0730</td>
<td>Committee Meetings:</td>
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<td></td>
<td>Infant Mental Health Special Interest Group</td>
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<td>CAP COPE Group</td>
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<td>0845</td>
<td>Welcome &amp; Opening Remarks, Dr. Clare Gray</td>
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<tr>
<td>0900</td>
<td><strong>Keynote:</strong> Recovery from Severe Deprivation: The Bucharest Early Intervention Project</td>
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<td>Dr. Charles H. Zeanah</td>
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<td>0955</td>
<td>Question Period</td>
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<td>1010</td>
<td>Refreshment Break/Exhibits</td>
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<td>1030</td>
<td><strong>Keynote:</strong> Aboriginal Communities: Focusing on the Role of Culture with Respect to Mental Illness and its Treatment</td>
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<td>Dr. Christopher Mushquash</td>
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<tr>
<td>1125</td>
<td>Question Period</td>
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<tr>
<td>1140</td>
<td>Lunch on Own/Exhibits (1h 35 min break time)</td>
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<td>1215</td>
<td>Editorial Committee Meeting</td>
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<td></td>
<td>(lunch on own)</td>
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<td>1315</td>
<td>Return to Venue for Concurrent Sessions</td>
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<tr>
<td>1330</td>
<td>CONCURRENT SESSIONS A-D (Discussion period follows each presentation)</td>
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**SESSION A:**

**Academic Perspectives: Practicing Child and Adolescent Psychiatry in Rural Settings with First Nations in Canada** (Sponsored by the CACAP Advocacy Committee)

Co-Chairs: Dr. Chris Wilkes, Dr. Kathryn MacDonald

**SESSION B:**

**Symposium: The Child’s Developing Brain: Effects of Parenting, Medications, Genes, and Socioeconomic Status**

Chair: Dr. James E. Swain

**SESSION C:**

**Workshop: Early Psychosis Intervention in an Inner City Setting**

Chair: Dr. John Langley

**SESSION D:**

**Workshop: Long Waitlist? You Have a Choice with CAPA**

Chair: Dr. Kathleen Pajer

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<tr>
<td>1500</td>
<td>Refreshment Break/Exhibits</td>
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<tr>
<td>1530</td>
<td>CONCURRENT SESSIONS E-H</td>
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**SESSION E:**

**Academic Perspectives: The Assessment of Attachment for Young Children in a Clinical Setting**

Chair: Dr. Normand Carrey

**SESSION F:**

**Symposium: Mental Health Trajectories and Treatment of Children with Language and Learning Disorders**

Chair: Dr. Joe Betschman

**SESSION G:**

**Workshop: Assessing Substance Use in Youth with Psychiatric Conditions: Tips and Tools**

Chair: Dr. Carol Ann Saari

**SESSION H:**

**Workshop: Understanding Transitional Aged Youth: Stuck in the Middle**

Co-Chairs: Dr. Michael Stubbs, Ms. Amanda Richardson, and Ms. Teresa Coker

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<tr>
<td>1700</td>
<td>Resident and Faculty Cinq-à-Sept</td>
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Nov 18, 2013 (Mon)

0700  Registration/Exhibits
0730  Committee Meetings:
      Constitution
      Professional Standards
      Annual Review Course Committee

0845  Welcome & Opening Remarks
0900  Keynote: Children’s Everyday Spaces, Self-Regulation, and Life-Course Health and Well-Being
      Dr. James R. Dunn
0955  Question Period
1010  Refreshment Break/Exhibits
1030  Keynote: The Hidden Morbidity: Comorbidity of Mental and Medical Disorders in Youth
      Dr. Kathleen Ries Merikangas
1125  Question Period
1140  Lunch on Own/Exhibits (1h 35 min break time)
1215  Global Psychiatry Committee Meeting (lunch on own)
1315  Return to Venue for Concurrent Sessions

1330  CONCURRENT SESSIONS I-L (Discussion period follows each presentation)

            Chair: Dr. Renee Fitzpatrick

SESSION J:  Symposium: Neural and Genetic Findings in Pediatric Obsessive-Compulsive Disorder
            Chair: S. Evelyn Stewart

SESSION K:  Workshop: Adapting CBT for Anxious 5 to 7 Year Old Children
            Chair: Dr. Suneeta Monga

SESSION L:  Workshop: An Approach to Pediatric Somatic Complaints
            Chair: Dr. Tyler Pshiot

1500  Refreshment Break/Exhibits
1530  CONCURRENT SESSIONS M-P

SESSION M:  Symposium: Examining Patient and Family Outcomes in Pediatric OCD
            Co-Chairs: Dr. S. Evelyn Stewart, Dr. Katherine McKenney, Dr. Alexa Bagnell

SESSION N:  Workshop: Assessment and Disposition of Youth Who Present to the Emergency Department for Self-Harm
            Chair: Dr. Clare Gray

SESSION O:  Workshop: CBT for Anxiety in People with Developmental Disabilities
            Chair: Dr. Susan Baer

SESSION P:  Workshop: Mindfulness: Bringing the Heart Back to Psychiatry and Education
            Chair: Dr. Allan Donsky

1700  Conference Sessions End
1730  President’s Reception & Open Posters

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Message from the Chair and Vice-Chair of the Research and Scientific Program Committee

We are delighted to welcome you to the 33rd Annual Conference of the Canadian Academy of Child and Adolescent Psychiatry. We return this year to beautiful Vancouver and look forward to an exciting conference where knowledge will be shared, collaborations fostered, and friendships rekindled. In recent decades the tremendous advances in genetics and neurobiology have revolutionized our field, enhancing our understanding of the etiology of child psychiatric disorders and paving the way for novel biological treatments. Nonetheless, as Leon Eisenberg stated in his classic paper, “The Social Construction of the Human Brain” (1995), psychiatry is not only “all biological” but also “all social.” This year we examine and celebrate the social aspects of child psychiatry, as the overall theme for the conference is “The Child in Social Context.” We have an outstanding line-up of keynote speakers who will explore how social factors influence mental health and illness in children and families. To satisfy the diverse interests and learning styles of our membership, the program also includes a wide variety of excellent submitted presentations in several formats (Symposia, Academic Perspectives, Workshops, Special Interest Study Groups, and Posters). Finally, we encourage you to reconnect with old friends and make new ones during social events such as the Resident and Faculty Cinq-à-Sept and the President’s Reception. After all, we take the “social” in “social context” very seriously!

Dr. Daniel Gorman, Chair, Research and Scientific Program Committee

Dr. Ashley Wazana, Vice-Chair, Research and Scientific Program Committee
Message from the Local Arrangements Team

Welcome to Vancouver, and to the 33rd Annual Conference of the Canadian Academy of Child and Adolescent Psychiatry!

We will be holding the conference in the stunning Wall Centre Hotel, in Downtown Vancouver. Of course, Vancouver has so much to do - snow sports, shopping, and probably one of the world’s most diverse gastronomical opportunities. We are working on the 2013 “Play Therapy” manual which will highlight recommendations from the Local Arrangements Team. Weather permitting, ski season should be starting in Whistler on our weekend, so you may want to come early and stay late! Vancouver is truly a world-class city, and we can’t wait to show it off!

Tyler R. Black, MD, FRCPC

Conference Venue and Accommodation
Sheraton Vancouver Wall Centre Hotel
1088 Burrard St.
Vancouver BC V6Z 2R9

Conference rates starting at $159.00 CDN per night are offered to conference attendees. Please specify that you are with the “Canadian Academy of Child and Adolescent Psychiatry” in order to receive the appropriate rate. Please note that this rate does not include applicable taxes or parking. In order to take advantage of the special conference rate, reservations must be made by 5:00 pm on Oct 25th, 2013.

Rates are available on a first come first served basis.

TO MAKE A RESERVATION
T 1.800.325.3535 or 604.893.7120

www.sheratonvancouver.com

Nov 19, 2013 (Tue)

0700  Registration/Exhibits
0700  Committee Meetings: Research & Scientific Program
0730  Committee Meetings: Education
0830  Welcome & Opening Remarks
0900  Keynote: Health Promotion, Illness Prevention, and Intelligent Intervention in Child Psychiatry: the Vermont Family-Based Approach
Dr. Jim Hudziak
0955  Question Period
1010  Refreshment Break/Exhibits

1030  CONCURRENT SESSIONS Q-T (Discussion period follows each presentation)

SESSION Q: Academic Perspectives: Mental Health in Pediatric Primary Care: Problems and New Approaches (Sponsored by the CACAP Education Committee)
Chair: Dr. William Gardner

SESSION R: Special Interest Study Group: Pediatric Consultation Liaison Psychiatry
Co-Chairs: Dr. Claire M. De Souza, Dr. Tyler Pirlot

SESSION S: Workshop: Treating Children and Adolescents with Eating Disorders: What Psychiatrists Need to Know
Co-Chairs: Dr. Lucinda Kunkel, Ms. Karen Dixon, Ms. Judy Lirenman

SESSION T: Workshop: Bending Backward: Rethinking the Role of Yoga in Children’s Mental Health
Co-Chairs: Dr. Upasana Krishnadev, Ms. Silvija Vukadinovic

1200  Return to the Plenary Room for the Annual General Meeting
1220  General Assembly & Awards - Lunch provided
1330  End of Conference. Have a Safe Journey Home!

ACCREDITATION

The University of British Columbia Division of Continuing Professional Development (UBC CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide study credits for continuing medical education for physicians. As well, the Accreditation Council for Continuing Medical Education of the United States (ACCME) maintains a reciprocity relationship with CACME, which the American Medical Association (AMA) recognizes for the purpose of allowing Canadian medical schools the ability to certify activities for AMA PRA Category 1 Credits™ and to award such credits to eligible physicians. This program has been reviewed and approved by the UBC Division of Continuing Professional Development. This program is an Accredited Group Learning Activity eligible for up to 14.5 MOC Section 1 credits as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. This program also meets the accreditation criteria for a maximum of 14.5 AMA PRA Category 1 Credits™ toward the American Medical Association Physician’s Recognition Award.
CONTACT DETAILS

- Dr.  - Mr.  - Ms.
- Urban  - Rural

Last Name  

Given Name(s)  

Address  

City  

Prov/State  

Postal Code  

Telephone  

Fax  

Email (required)  

CONFERENCE FEES

Save $10 by registering online!

- By Sept 13  - After Sept 13 and onsite

I will attend all three days (full conference)

- CACAP Member and Presenter  
  $395  
  $505

- Non Member (PhD/MD)  
  $560  
  $725

- Other Allied Health Professions  
  $120  
  $175

- Residents/Graduate Students  
  $120  
  $175

- Medical Students  
  $0  
  $0

- Industry  
  $560  
  $725

I will attend one day only

- Sunday  
  $175  
  $230

- Monday  
  $260  
  $315

- Tuesday  
  $65  
  $95

- Industry  
  $65  
  $95

- $260  
  $315

DIETARY REQUIREMENTS / ALLERGIES:

Severity:  - HIGH  or  - LOW, foods can be in the same room, but well labeled

PAYMENT

- $  
  
- VISA  
  - MC

TOTAL AMOUNT ENCLOSED

Credit Card Number  

Expiry Date

Name of Cardholder  

Signature

No refunds or transfers unless you cancel by Oct 25, 2013, in which case a $50 fee applies.