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Social Media:   Facebook: https://www.facebook.com/IndianaLFA
                 Twitter: @IndianaLFA   Instagram: lfaindiana
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Mission - The Lupus Foundation of America (LFA) is dedicated to improving the quality of life for all people affected by lupus through research, education, support & advocacy.

Services Provided

National Resource Center on Lupus - Online & multi-media collection of resources for anyone affected by lupus, including people diagnosed with lupus, caregivers, healthcare professionals & the public. The Resource Center is intended to empower, educate & connect all people affected by lupus.

Lupus Information Line - The LFA receives hundreds of calls annually from individuals requesting information. The toll-free number is 1-888-NO-LUPUS. Health educators are standing by to answer questions. The LFA’s national website (www.lupus.org) assists thousands of visitors each year & has a patient navigator who is a nurse to help patients through their lupus journey.

LupusConnect™ - Online lupus community where individuals with lupus & their loved ones can engage with others like them to share experiences, find emotional support & discuss practical insights for coping with daily challenges of the disease. It’s an easy-to-use, online platform that encourages its community members to ask questions, reply to posts & read about others' experiences in a safe & comforting community.  https://www.inspire.com/groups/lupusconnect/

Public Awareness - The LFA creates awareness by placing public services announcements on broadcast networks, cable & satellite channels & in major newspapers & magazines. The LFA also works with producers, editors, writers & reporters to increase the exposure for lupus through the news & media. Our Chapter conducts outreach through social media channels. We celebrate ‘Put on Purple’ day during Lupus Awareness Month in May to help rally public support to solve the cruel mystery of lupus. Our Chapter also participates in @15 health fairs & community events each year.

Research - The LFA National Medical Council solicits research proposals from hundreds of medical centers, universities & research institutions. Each year the Council selects several projects for funding. The LFA seeks innovation & promising new research ideas that someday may lead to the cure for lupus. Our national research program has a unique three-pronged strategy: lead special initiatives, fund researchers, & advocate for expanded investment.

Advocacy Efforts - We advocate on behalf of all people with lupus, their families, & the health professionals who care for them. We educate government officials & industry leaders on the urgent need to expand public & private investment in lupus research, education programs, & support services. During our National Lupus Advocacy Summit each year hundreds of lupus activists from across the country travel to Washington, D.C. to tell their stories & educate Members of Congress on the importance of & need to increase federal funding for lupus research & programs.

Federal and State Relations - The federal government is an important partner with the LFA in the search for new knowledge about lupus. The LFA works in partnership with the Department of Health and Human Services & the
National Institute of Health to stimulate medical research. We will continue to advocate for expansion of lupus research, education & awareness programs. In recent years, the Indiana Chapter has received a Governor's Proclamation designating the month of May as Lupus Awareness Month & partnered with the Indiana State Department of Health to host the 'Put on Purple' awareness event.

**Fundraising Events** - Our Chapter hosts fundraising events throughout the year to enable us to provide support, education, build awareness & advocate for our constituents. A portion of all funds raised by our Chapter fundraising events is donated to the LFA national research program. Our Chapter organizes one significant Walk to End Lupus Now™ event in Indianapolis each Fall. In the Spring, our Chapter presents ‘A Tasteful Affair’ gala, a food, beer, & wine tasting event complete with a silent & live auction. We will host a Lupus Family Picnic & Walk Kick-Off during the summer. Our Chapter is also fortunate to be the recipient of funds raised by third-party fundraisers organized by our dedicated supporters. One such fundraiser is the Krazy Horse Krew’s Rockin’ Purple for Lupus Ride which has raised @$55,000 for our Chapter in the past seven years!

**Support Groups** - Lupus support groups are held throughout the state of Indiana. Currently, nine support groups meet monthly, including a new teletalk option for those who can’t attend a support group or don’t have one close. Meetings are facilitated by LFA-trained support group leaders. The philosophy of our support groups is to provide a warm & caring environment where people with lupus, their family members, caregivers, & loved ones can share their experiences, methods of coping, & insights into living with lupus. Our support groups provide a comfortable learning environment to help develop the best coping strategies to reduce stress that often accompanies living with a chronic illness.

**Health and Wellness** – We are excited to offer monthly yoga & tai chi classes at All Souls Unitarian Church on the east side of Indianapolis. There is no cost associated with these classes, but they are available only for people with lupus & one caregiver/support person. Register online at [www.lupusindiana.org](http://www.lupusindiana.org). We also offer a Facebook Live Mindful Meditation class.

**Educational Symposium** – Our Chapter hosts “In the Loop - Healthy Living with Lupus”, a full-day symposium featuring medical experts & other professional resources to help educate attendees on managing life & living well with lupus. All lupus patients, caregivers, family, friends, & healthcare professionals are invited to attend. This symposium also provides networking time, giving attendees an opportunity to interact with one another & develop new friends.

**“Ask the Experts” Teleconferences** – “Ask the Experts” is a series of live educational teleconferences on a variety of topics designed to provide participants with important information about living with lupus. Participants learn from some of the world’s leading lupus experts from the privacy of their homes. This series is offered as a free service of the Lupus Foundation of America, Indiana Chapter.

**Information and Educational Materials** - The LFA is the leading source of the most accurate & latest information about lupus in the country. We are vigilant for all new data received on lupus so that we can share it with those in the lupus arena so that they are better equipped with knowledge about lupus. Our Chapter disseminates packets of lupus materials upon request. We maintain a list of rheumatologists in the state of Indiana & routinely communicate with these rheumatologists on available Chapter resources.

**Newsletters and Publications** - In addition to the national LFA newsletter, our Chapter publishes a monthly eNewsletter that is sent to our Chapter mailing list. This is the most efficient & cost-effective way of communicating with those we serve.

**Website** - We continue to strive to make our website ([www.lupusindiana.org](http://www.lupusindiana.org)) efficient & a valuable source of information, including downloadable educational documents, links to other resources, lupus frequently asked questions, & information on programs & events. The National LFA site ([www.lupus.org](http://www.lupus.org)) & the National Resource Center on Lupus ([http://www.resources.lupus.org/](http://www.resources.lupus.org/)) are also very valuable resources.

**Match Clinical Trial Resource** - The LFA has partnered with Antidote, a digital health company, to bring you the latest in clinical trial matching technology. [https://resources.lupus.org/entry/search-for-clinical-trials](https://resources.lupus.org/entry/search-for-clinical-trials)