The Lupus Foundation of America is dedicated to **improving the quality of life** for all people affected by lupus through programs of **research, education, support and advocacy**. Help us solve the **cruel mystery of lupus**.
The Indiana Chapter 2018 Board of Directors
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Smart Research. Faster Progress.™
A lupus diagnosis is life changing. It can mean a life spent waiting for new medical advances while managing life-threatening and debilitating symptoms. With no known cure, every day means a new struggle for people with lupus. This is where the Lupus Foundation of America comes in. Our patient-first approach delivers better results to improve quality of life.

Lupus Education & Support
The Lupus Foundation of America, Indiana Chapter is part of a national force devoted to solving the cruel mystery of lupus. We provide information, resources and support to people living with lupus in Indiana. Our website, information and educational materials, support groups, educational programs, patient assistance and wellness classes provide caring support and the most up-to-date information about lupus. Many of our programs are offered free of charge and are led by experienced professionals. These programs are designed to improve the quality of life for people affected by lupus.

Program Highlights
• Offered 12 monthly support groups statewide.
• Hosted an all day symposium with more than 150 attendees.
• Held monthly tai chi and yoga classes for people with lupus.
• Provided LupusConnect™ online lupus support community through our National office.
• Presented series of live monthly educational teleconferences Ask the Experts.

Events & Fundraising
The Walk to End Lupus Now™ is our largest fundraising event with over 800 walkers in Indianapolis. In 2018 our Walk raised over $56,288.78. We are grateful to our partnership sponsor, Eli Lilly and Company, for their continued support of our Indianapolis Walk.

A Tasteful Affair features beer, wine and food tastings from local restaurants, live and silent auction, photo booth, DJ, and more. This event included a VIP wine tasting. Top sponsors included Eli Lilly and Company, The Klepfer Family, Rheumatology Associates, and IU Health. The 2018 A Tasteful Affair raised an income of $26,664.50.

The In The Loop: Healthy Living with Lupus Symposium is an educational symposium for people with lupus, family members, and anyone interested in learning about lupus. Attendees selected topics of interest for morning and afternoon breakout sessions while enjoying breakfast and lunch. Keynote speaker Chef Wendell Fowler discussed nutrition to reduce inflammation and healthy eating on a budget.

Symposium attendees engaged in a breakout session.

For More Information Visit: lupusindiana.org

Ways to Give
MAKE A DONATION
Your tax-deductible donation will provide information, education, resources and give caring support to those who suffer from this devastating disease. You can donate by mail or securely online.

GIVE MONTHLY
Monthly giving is a convenient way to support our mission for months and years to come. Your recurring online donation is secure and flexible and you choose the amount you wish to give.

WORKPLACE GIVING
Many employers have matching gift programs that can double your donation.

MEMORIALS & TRIBUTES
Give a gift that gives back by making a donation in honor or memory of someone in your life. Your gift will be promptly acknowledged to the individual or family you have specified.

SHOP & GIVE
Support us when you shop at AmazonSmile, Kroger, and by getting our Indiana Chapter license plate at the BMV.

PLANNED GIVING
Leave a lasting legacy by including us as a beneficiary in your will or living trust, life insurance policy, retirement plan or 401k. You can also give a gift of stock or appreciated securities.

PLAN AN EVENT
We have several ways we can provide assistance in planning an event including Make Your Mark™, an online fundraising platform that helps you create a unique event or participate in an existing event.

For More Information Visit: lupusindiana.org