



## PLAYER PROFILE (Players to fill out prior to evaluation day)

Name:	Email:	Grad Year:
Primary Position(s):	Secondary Position(s):	Pitcher? Y / N
Throws/Bats:	GPA:	SAT/ACT:
Academic Honors/Awards:		
Spring BA:	Spring ERA:	Stolen Bases:
Spring OPS:	Spring SLG:	Other Stats:

### 2 Baseball Strengths:

- 1.
- 2.

### 2 Baseball Areas for Improvement:

- 1.
- 2.

### 2 Non-Baseball Strengths:

- 1.
- 2.

### 2 Non-Baseball Areas for Improvement

- 1.
- 2.

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## SKILLS EVALUATION: (Filled out on evaluation day)

Height:	Weight:	Body Fat %:
60 YD Time:	Home to 1B Time:	Broad Jump: FT/IN
Pro Test (Agility):	Bat Exit Velocity: MPH	Arm Strength: MPH

## PITCHERS VELOCITY:

4 Seam FB: MPH	2 Seam FB: MPH	Changeup: MPH
Curveball: MPH	Slider: MPH	Other: MPH

## CATCHER POP TIMES:

Home to 2B:	Home to 3B:
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## EXTRA INFORMATION

**DATE: Friday May 27th**

### DAY SCHEDULE:

**8:30-9:00:** Field Set Up (Coaches and Legion **B2 Players**)

**9:00-11:30:** Legion **B2**

**11:30-2:00:** Legion **B1**

**2:00-4:30:** Legion **A**

**4:30-7:00:** Legion **C**

**7:00-7:30:** Field Breakdown/Clean Up (Coaches and Legion **C Players**)

### TEAM EVALUATION SESSION SCHEDULE (2.5 Hours Per Team):

**15 Min:** Height/Weight/Body Fat %

**10 Min:** Warm-Up

**20 Min:** 60 Yd. & Home to 1B Times (2X Each Player)

**10 Min:** Broad Jump & Pro Test (2X Each Player)

**10 Min:** Play Catch (Stretch it out)

**10 Min:** Arm Strength on Crow Hop & OF Fielding Video → 1 GB & 1 FB (Throw to Home)

**45 Min:** Pitching & Infield (Filming & Pitching velocity with radar gun)

- *Pitching:* 3 Warm-ups, 5 FB, 5 Off-Speed (Side/Front Video and Velocity)

- *Infield (filming only):* 4 GB's- 1 straight at, 1 to left, 1 to right, 1 slow roller, 1 DP turn  
(for MIF's)

**30 Min:** Hitting (Filming & Bat Exit Speed)

-5 swings, 2 angles of filming (straight on - facing - & behind bubble)

-2 swings off tee into catch net (exit velocity with radar gun)