

CAL2019 STANDARDS CAL Standards 2019-2020 Yards

Women 6 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Free	25.94	31.34	38.16	
25 Back	28.32	33.54	41.32	

Women 7-8

	GOLD	SLVR	QUAL	BRNZ
25 Free	18.72	21.61	24.86	
25 Back	22.97	25.54	28.71	

Women 8 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Breast	25.73	29.52	33.46	
25 Fly	22.13	26.64	30.93	

Women 9-10

	GOLD	SLVR	QUAL	BRNZ
50 Free	36.14	40.45	44.93	
50 Back	43.50	49.52	54.87	
50 Breast	48.54	53.57	59.72	
50 Fly	40.67	48.67	55.85	

Women 10 & Under

	GOLD	SLVR	QUAL	BRNZ
100 IM	1:27.76	1:38.32	1:46.87	

Women 11-12

	GOLD	SLVR	QUAL	BRNZ
50 Free	31.01	34.68	37.93	
50 Back	36.48	42.05	46.98	
50 Breast	41.39	46.24	50.51	
50 Fly	33.98	39.91	45.91	
100 IM	1:16.32	1:25.44	1:36.25	

Women 13-14

	GOLD	SLVR	QUAL	BRNZ
50 Free	28.49	31.60	33.71	
50 Back	33.50	37.83	41.34	
50 Breast	38.29	42.08	45.95	
50 Fly	31.10	35.37	39.50	
100 IM	1:10.08	1:18.94	1:26.22	

Women 15-18

	GOLD	SLVR	QUAL	BRNZ
50 Free	27.62	30.06	32.06	
50 Back	31.61	35.79	38.85	
50 Breast	35.66	40.30	43.67	

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50 Fly	29.87	33.23	36.80
100 IM	1:06.67	1:16.08	1:22.02

Men 6 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Free	24.99	30.34	38.26	
25 Back	28.54	33.51	42.55	

Men 7-8

	GOLD	SLVR	QUAL	BRNZ
25 Free	18.50	20.65	24.65	
25 Back	23.16	25.92	29.56	

Men 8 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Breast	25.45	28.92	33.40	
25 Fly	23.12	26.70	31.26	

Men 9-10

	GOLD	SLVR	QUAL	BRNZ
50 Free	36.07	40.31	45.35	
50 Back	44.73	50.52	57.18	
50 Breast	46.43	55.07	1:02.07	
50 Fly	42.91	50.71	57.57	

Men 10 & Under

	GOLD	SLVR	QUAL	BRNZ
100 IM	1:28.72	1:40.38	1:49.84	

Men 11-12

	GOLD	SLVR	QUAL	BRNZ
50 Free	30.77	34.13	37.64	
50 Back	36.35	42.98	48.38	
50 Breast	41.02	46.92	52.14	
50 Fly	33.90	41.10	47.73	
100 IM	1:15.86	1:24.89	1:33.90	

Men 13-14

	GOLD	SLVR	QUAL	BRNZ
50 Free	25.70	28.98	31.34	
50 Back	30.44	35.99	40.02	
50 Breast	34.18	38.69	42.81	
50 Fly	28.21	32.75	36.71	
100 IM	1:02.74	1:13.00	1:20.62	

Men 15-18

	GOLD	SLVR	QUAL	BRNZ
50 Free	23.98	25.87	27.71	

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50 Back	27.97	31.78	35.16
50 Breast	32.04	35.07	38.09
50 Fly	25.66	28.39	30.91
100 IM	59.11	1:06.74	1:11.82
