



## Coaches Rules and Guidelines for Proper Conduct

It is the mission of the Pine Richland Baseball and Softball Association (PRBSA) that all baseball and softball players are provided a safe and appropriate environment in which to learn and enhance their knowledge and skills. Accordingly, PRBSA has established and will enforce coaching rules and guidelines. All team managers are required to read and sign this form and are responsible for communicating these rules and guidelines to their coaches. Failure to comply with the following rules and guidelines are grounds for review by the Board of Directors and may result in reprimand, probation, or even dismissal from further participation as a manager or coach or in Association activities.

### The Following are Prohibited:

- 1) Physical or verbal abuse of an athlete. Common coaching punishments such as running a few extra laps, doing pushups, etc. are not considered physical abuse. Coaches are urged to use common sense in use of these tactics.
- 2) Physical or verbal abuse or fighting with a parent or umpire.
- 3) The use of profanity at any Association practice, scrimmage, or game.
- 4) Alcohol consumption prior to or during any Association game, practice, or scrimmage.
- 5) Smoking or chewing tobacco while on the practice or game field.
- 6) Theft or intentional damage of PRBSA equipment or property.
- 7) The misappropriation of PRBSA funds.

### Guidelines for Proper Conduct:

- 1) Exhibit an attitude of teamwork within the association, the coaching staff, and the league.
- 2) Treat athletes, parents, coaches, officials and opponents with respect and teach the athletes to do the same.
- 3) Teach sportsmanship and respect for the sport, teammates, coaches & volunteers, opponents, and officials to the best of your ability.
- 4) Refrain from expressing views with the children on subjects including but not limited to race, religion, or political issues.
- 5) Handle any and all disputes between coaches, or between coaches and parents or officials, off the field and away from the athletes.
- 6) Assistant coaches shall abide by the decisions of Team Manager. Team Managers shall abide by the decisions of the League Director.
- 7) Any issues that remain unresolved at the individual level between managers and coaches or managers/coaches and parents should be referred to the appropriate League Director and escalated if necessary to the Board of Directors.



**Guidelines for Safety:**

- 1) If a storm is imminent or if there is lightning followed by thunder in less than 30 seconds, **stop play and seek shelter**. Once play is stopped wait at least 30 minutes from the last lightning before resuming play.
- 2) Familiarize yourself with any preexisting physical limitations of the players under your supervision.
- 3) Monitor activities before and after practice to ensure roughhousing does not result in injury.
- 4) Report any injury requiring medical attention to the appropriate League Director within 24 hours. Be prepared to communicate the player's name, date and extent of the injury.
- 5) A team coach or team parent should remain with a child until a parent or designated guardian accepts responsibility for them after a practice or game.

League/Team: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_