

## **GETTING READY FOR THE GAME**

Referees should start to form good habits early by developing a routine before each game.

**Develop a checklist and check your equipment the NIGHT BEFORE your assignment(s).**

- ✓ **CHECK YOUR ASSIGNMENTS**
- ✓ Uniform clean & ready (not in the wash!)
- ✓ Alternate color of uniform
- ✓ Boots cleaned from last game.
- ✓ Badge attached to uniform (use Velcro)
- ✓ Whistles
- ✓ Coin
- ✓ Watch(s)
- ✓ Pen/Pencil
- ✓ Notepad & Red/Yellow cards
- ✓ Assistant Referee flags
- ✓ Keep smaller items in a Ziplock bag or small box

### **Additional recommended items:**

- ✓ Equipment Bag (plus a garbage bag to cover when raining)
- ✓ Ball pump & gauge
- ✓ League rules
- ✓ FIFA Laws of the Game (can download onto phone)
- ✓ Suntan lotion (30+ SPF)
- ✓ Drink (water or non-carbonated)