



# SAFETY PLAN 2017



## Table of Contents

| Description                              | Page |
|------------------------------------------|------|
| Introduction                             | 4    |
| Emergency Contacts                       | 5    |
| Emergency Procedures                     | 6    |
| First Aid                                | 7    |
| <i>Training</i>                          | 7    |
| <i>First Aid Kits</i>                    | 7    |
| <i>First Aid Tips</i>                    | 8    |
| Cuts and Abrasions                       | 8    |
| Bee Stings                               | 8    |
| Minor Sprains and Contusions             | 8    |
| Accident / Incident Reporting Procedures | 9    |
| Volunteer Background Check               | 10   |
| Training (Fundamentals)                  | 11   |
| Umpires                                  | 11   |
| Equipment                                | 12   |
| Facility Survey                          | 12   |
| Managers and Coaches                     | 13   |
| Game and Practice Activities             | 13   |
| Bat Safety                               | 14   |
| Batting Cages                            | 15   |
| Pitching Machines                        | 15   |
| Lightning Safety                         | 15   |
| Lightning Fact Sheet                     | 17   |
| Concession Stand Safety                  | 18   |

## Appendices

| Letter | Description                                 | Page |
|--------|---------------------------------------------|------|
| A      | North Penn Little League Board of Directors | 20   |
| B      | Accident / Incident Report Form             | 22   |
| C      | Safety Checklist                            | 24   |
| D      | Volunteer Application                       | 26   |
| E      | North Penn Little League Field Map          | 28   |

## INTRODUCTION

The purpose of the North Penn Little League (NPLL) Safety Plan is to provide a systematic approach to promote the safety of all players, volunteers, and spectators. It focuses primarily on injury prevention through education of coaches and managers, player conditioning, health awareness, and proper maintenance of fields and equipment. When injuries do occur, this plan provides guidance on treatment and reporting procedures.

The Safety Officer prepared this Safety Plan with assistance of other members of the NPLL Board of Directors. It will be posted on the NPLL web site at <http://www.npennbaseball.com> and distributed to all board members, managers, coaches, and umpire coordinators. A reference copy will also be placed in the concessions stand.

Safety is everyone's responsibility. Parents are urged to discuss any practice or game-related safety concerns with their child's team manager, coach or the Commissioner of their child's Division. (See Appendix A for a complete list of all NPLL Board Members). Any issues that cannot be readily resolved should be raised to the attention of the Board of Directors through the Safety Officer.

Managers and coaches-please review this plan carefully and follow it closely. If you have any questions, concerns, or suggestions, please discuss them with your league Commissioner or the Safety Officer, as appropriate. Complete contact information is included in Appendix A.

*Let's all have a safe season!*

# FOR AN EMERGENCY DIAL 911

## EMERGENCY CONTACTS

1. In any police, fire, or medical emergency, dial 911 first  
Do NOT use the non-emergency numbers listed below. Identify your location as Hatfield Elementary School.
2. Notify a parent or guardian  
For medical emergencies involving a player or other child, notify their parent(s) or guardian. Each team manager must maintain a list of emergency telephone contacts for every player on his/her team and have it readily available during all team games and practices. It is recommended that these numbers be added to each manager/coach's cell phone contact list.
3. Notify the Little League President or the Safety Officer  
Every emergency resulting in a 911 call or any other event that could reasonably result in filing an insurance claim, must be reported (via phone) to either the League President (Scott Jones) or the Safety Officer (Doug Cervi) as soon as practicable but not later than 48 hours after the incident occurs. An Accident / Incident Report Form must be completed and placed in the Safety Mailbox located at Concession Stand; the form is located in Appendix B of this Safety Plan.

## ADDITIONAL SAFETY-RELATED TELEPHONE NUMBERS

| Ambulance / Fire / Police | 911          |
|---------------------------|--------------|
| Hatfield Township Police  | 215-855-0903 |
| Lansdale Borough Police   | 215-368-1801 |
| Abington Health           |              |
| Lansdale Hospital         | 215-368-2100 |
| Doug Cervi                |              |
| HLL President             | 267-524-6629 |
| Steve Stigliano           |              |
| HLL Safety Officer        | 215-779-2501 |

## EMERGENCY PROCEDURES

1. In any medical emergency involving a player, volunteer or spectator dial 911 immediately.
2. Medical emergencies include, but are not limited to:
  - a. loss of consciousness or severe head trauma
  - b. an injury that could reasonably include spinal injury or paralysis
  - c. signs of heart attack or stroke (heat)
  - d. compound fractures (broken bone penetrating the skin)
3. For serious injuries that do not constitute emergencies, the team manager should consult with the parent or guardian, if possible, to determine the preferred course of treatment.
4. If no parent or guardian is available, err on the side of caution by calling 911 for professional assistance.

| <u>SIGNS OF HEART ATTACK:</u>                                                                                                                                                                                                                                                                                                                                                                                                                            | <u>SIGNS OF STROKE:</u>                                                                                                                                                                                                                                                                                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"><li>❖ An uncomfortable feeling of pressure, squeezing, fullness, or pain in the center of the chest that lasts more than a few minutes, or comes and goes</li><li>❖ Discomfort in the left or both arms, the back, neck, jaw, or stomach</li><li>❖ Shortness of breath, which often occurs with or before chest discomfort</li><li>❖ A feeling of nausea, light-headedness, fatigue, or a sudden, cold sweat</li></ul> | <ul style="list-style-type: none"><li>❖ Sudden numbness or weakness of the face, arm or leg, especially on one side of the body</li><li>❖ Sudden confusion, trouble speaking or understanding</li><li>❖ Sudden trouble seeing in one or both eyes</li><li>❖ Sudden trouble walking, dizziness, loss of balance or coordination</li><li>❖ Sudden, severe headache with no known cause</li></ul> |

Any incident involving a call to 911, or any other incident requiring professional medical care that could result in filing an insurance claim, must be reported (via phone) to either the NPLL President (Bill Vera) and the Safety Officer (Scott Herveiux) as soon as practicable but not later than 48 hours after the incident occurs. An Accident / Incident Report Form must be completed and placed in the mailbox located near the concessions stand, and is included in Appendix B of this Safety Plan.

# FIRST AID

## *Training*

1. North Penn Little League provides first aid training, when available, as outlined in this manual for managers and coaches.
2. Attendance by at least one manager or coach from each team is MANDATORY.

## *First Aid Kits*

1. Basic first aid kits have been purchased and distributed to every team.
2. First aid kits must be on hand for all practices and games.
3. It is particularly important that team managers comply with this requirement when conducting practices at sites other than a North Penn Little League complex.
4. When at the NPLL complex additional first aid supplies are available inside the concession stand.
5. The league maintains a large supply of chemical ice packs in the field sheds.
6. Team managers should never begin a practice without at least two ice packs on hand.

## FIRST AID TIPS

### FOR MINOR CUTS/ABRASIONS:

- ❖ Place clean absorbent bandage over wound and apply light pressure to control bleeding.
- ❖ Clean with warm, soapy water. If water is not available use antiseptic wipe from first aid kit.
- ❖ Apply antibiotic ointment and a clean dry bandage.
- ❖ Make sure that the injured person has current tetanus vaccination (10 yrs. for minor wounds).

### FOR BEE STINGS:

Difficulty breathing and swallowing, swelling of the tongue, dizziness and fainting are all signs of a severe allergic reaction – call 911 immediately if these symptoms occur.

If no allergic reaction:

- ❖ Remove the stinger by pulling it straight out with clean tweezers
- ❖ Apply ice pack for 20 minutes
- ❖ Apply hydrocortisone cream to relieve itching

### FOR MINOR SPRAINS AND CONTUSIONS, FOLLOW THE R.I.C.E. FORMULA:

Rest:

Do not allow player to return to activity unless he/she can do so without noticeable pain or favoring the injured area

Ice:

Ice the injured area for 20 min.

Compression:

Apply light compression to reduce swelling and internal bleeding. Wrap the area with an elastic bandage. (May wrap over ice pack.)

Elevation:

Elevate area above the heart to minimize pooling of blood.

## ACCIDENT / INCIDENT REPORTING PROCEDURES

### *What to report*

1. Report ANY accident / incident that requires first aid or professional medical treatment, whether rendered on or offsite, to the Safety Officer.
2. Report “near misses” to assist the NPLL Board in identifying potential areas of concern to avoid any future injuries.
3. For injuries to players, the team manager is responsible for filing the report.
4. For injuries to volunteers or spectators, any league official who renders assistance should file the report.

### *How and when to report*

1. Complete the Accident / Incident Report Form located in Appendix b of this Safety Plan or online at [www.npennbaseball.com](http://www.npennbaseball.com).
2. All sections of the form should be completed.
3. In the event of an emergent situation, ensure that the contact information is completed prior to placing them in the Safety Mailbox located concession stand
4. Incidents should be reported to the Safety Officer as soon as possible but *no later than 48 hours after they occur*.

### *Incident follow-up by the Safety Officer*

1. Within 48 hours of receiving an incident report, the Safety Officer will contact the injured party or his/her parents to:
  - ✓ Check on the status of the injured party
  - ✓ Verify the information received in the incident report
  - ✓ Obtain supplemental information as necessary
2. In the event that the injured party required professional medical treatment, advise the parent of North Penn Little League’s insurance coverage and the procedures for submitting claims. The Safety Officer will make periodic follow-up calls, as necessary, until the incident can be considered closed.

### VOLUNTEER BACKGROUND CHECK

1. All North Penn Little League volunteers whose duties include working with or supervising the activities of children must complete the volunteer application form shown in Appendix D.
2. That form, along with a photocopy of a valid driver's license, must be provided to the Safety Officer.
3. The Safety Officer will complete a national criminal and sex offender background check for each volunteer.
4. Any person who has been convicted of any sex crime, appears on any list of sex offenders, or has been convicted of any felony offense shall be prohibited from serving in any volunteer capacity with the league.
5. Any person who refuses to submit a complete volunteer form for any reason shall also be prohibited from volunteering.
6. Volunteers who must undergo background checks include:
  - a. ALL members of the Board of Directors
  - b. Managers/ Assistant Coaches, Umpires and hired workers
  - c. Team parents (Any parent assisting with practices)
7. Other volunteers (including concessions stand workers, and field maintenance personnel) will not routinely be required to submit the volunteer application.
8. The NPLL Board of Directors reserves the right to request a completed application and to run a background check on any volunteer.
9. The League President shall provide a complete list of managers and coaches in their league to the Safety Officer for verification that background checks have been completed.
10. Until the Safety Officer certifies that a background check has been completed for a given volunteer, that person may not serve as a manager, coach, or volunteer helper in any NPLL practice or game. There are no exceptions to this rule.
11. NPLL reserves the right to prohibit volunteer service for other offenses identified in the background check that the Executive Team feels poses potential risk or harm to the players, other coaches or spectators of NPLL.
12. Volunteer forms and results of background checks will be retained for the year by the NPLL President

# TRAINING

## BASEBALL FUNDAMENTALS

1. Teaching proper baseball skills and techniques to young players enhances their enjoyment of the game while promoting player safety. Toward that goal, Hatfield Area Little League provides mandatory training for all coaches and managers. Training will cover all aspects of running an effective practice, including hitting, sliding, fielding, pitching, proper stretching, and warm-up. All coaches and managers are encouraged to attend this excellent clinic.
2. This year's training will take place on February 21, 2014. This will take place at North Penn High School 7pm to 9:30pm in the Audion. Please use the main entrance.
3. Attendance by at least one manager or coach for each team in MANDATORY.
4. Each manager or coach must attend this training at least once every 3 years.
5. The President will also prepare and distribute coaching manuals that are geared toward each age group. The manuals will outline appropriate training goals and techniques. Coaching manuals will be distributed prior to the start of spring practices.

## UMPIRES

1. All umpires are required to use the following safety equipment:
  - ✓ chest protectors
  - ✓ shin guards
  - ✓ masks (with and without helmet)
  - ✓ Male umpires must wear a protective cup.
2. All equipment is provided in the Minors field sheds at the NPLL complex.
3. Introductory training will be provided at a date and time to be announced by the Director of Umpires.
4. Any incidents (ejections, etc) occurring that required umpire intervention should be reported to the appropriate League President.

## EQUIPMENT

1. The league's equipment manager will inspect all helmets, catcher's gear, and bats prior to the start of the season.
2. Managers and/or coaches should inspect equipment prior to each game using the Safety Checklist in Appendix C.
3. Never allow a player to use defective or improperly fitting equipment
4. Repair damaged equipment if possible.
5. If you are not able to complete the repair, return the equipment to the Equipment Manager for repair or replacement by placing it in the Concessions Stand and notifying the Equipment Manager using the contact information in the Safety Plan.
6. Damaged equipment that cannot be repaired (e.g., cracked helmets or bats) shall be immediately removed from service and, if possible, physically destroyed to prevent their subsequent reuse by others.
7. All destroyed equipment will be identified by the equipment manager and reported to the Board of Directors.

## MANAGERS AND COACHES

- ❖ Managers and coaches are the individuals primarily responsible for ensuring the safety of the players. The following procedures should be practiced until they become a routine part of your practice and game day activities.
  1. Game and Practice Activities
    - a. Prior to each game or practice, the manager or coach is responsible for walking the field looking for unsafe conditions. A Safety Checklist must be completed by the Division President, once monthly, and placed in the mailbox located near the concessions stand, and is included in Appendix C of this Safety Plan. This might include broken glass or other foreign objects, holes in the ground, damaged fences, etc. Necessary repairs should be completed before allowing a game or practice to begin. If repairs are not possible prior to a scheduled game, that game must be postponed and the Safety Officer (see Appendix A) notified immediately. All dirt surfaces should be reasonably smooth and free of holes or other conditions likely to cause "bad hops." If necessary, rake or drag the dirt to level the surface. (This should have been done after the preceding game.)

- b. Do not allow players to throw baseballs or swing bats in any off-the-field locations that could endanger other players or spectators  
Such warm-ups, when necessary, should be conducted away from pedestrian and spectator areas. Be especially aware of the potential consequences of an overthrown ball.
- c. Inspect equipment for signs of damage that would make it unsafe  
Each team should have at least 2 helmets of various sizes on hand. Inspect the helmets for cracks or inadequate padding. Unsafe helmets should be destroyed. Notify the equipment manager so that replacements may be obtained as necessary.
- d. Ensure that catcher's equipment is in good condition and that all male catchers are wearing protective athletic cups  
Catcher's mask must include a dangling throat protector. Ensure that the catcher wears the mask during pre-game batting practice and when warming up pitchers, as well as during the game.
- e. Ensure that all jewelry is removed by players  
No jewelry of any kind may be worn during games and practices. This includes neck chains, earrings, rings, bracelets, and plastic "Livestrong"-type wristbands. Encourage players to leave all jewelry at home.
- f. Include at least 10 minutes of progressive warm-up time prior to each practice or game  
Players arriving late should be required to warm up properly before participating in practice or game activities. Suggested warm-up activities include light jogging followed by light throwing at progressively greater distances.
- g. Ensure that a first-aid kit and a list of emergency telephone numbers for each player are on hand!  
HALL recommends that a complete list of emergency contact telephone numbers be stored in each manager and coach's cell phone for the duration of the season.
- h. Keep players well hydrated  
Especially in hot weather, give the players frequent "water breaks" during practices. During games, encourage players to drink plenty of fluids while in the dugout during the offensive half of the inning. Fluid intake should be limited to water or sports drinks for proper hydration. Food should not be allowed in the dugout. Bubble gum and Sunflower seeds are allowed.

- i. After the game, the home team must drag and rake all infield dirt areas  
Both teams must clean all trash from their dugout/bench area. Please refer to the appropriate rules section of your Coaching Manual for specific post-game duties.
2. Bat Safety
    - a. North Penn Little League regulations prohibit practice swings by “on-deck” batters in both Rookie and T-Ball Divisions. This includes all practices and games. Managers and umpires must strictly enforce this requirement. This prohibition includes the fenced-in areas adjacent to the dugouts where bats, helmets, and other equipment are typically stored.
    - b. When not in use, bats belong in the bat rack or other designated storage area.
    - c. Bats should never be allowed in the dugout while a game is in progress.
    - d. Please refer to your Coaching Manual in regards to who should be in the dugout area during games and practices. Any other individuals must stay in the spectator area.
    - e. At no time should bats ever be swung in any area other than the playing field, batting cage, or other area set up by and directly supervised by a manager or coach for instructional purposes (e.g., batting tee or “soft toss” station).
  3. Batting Cages
    - a. Only managers, coaches or other responsible adults designated by the manager may pitch batting practice in the batting cages.
    - b. All batters must wear helmets.
    - c. Only one player may be in the batting cage at a time (except when picking up balls).
    - d. Do not allow anyone to “hang on” to the fence such that fingers could be injured by a batted ball.
    - e. No horseplay of any kind should be tolerated when using the batting cages.
    - f. Those using the cages must ensure the gate is closed and latched when in use and upon leaving.

#### 4. Pitching Machines

- a. Under no circumstances may anyone other than a manager or coach who has been trained, operate pitching machines.
- b. Deliver at least 5 pitches with the machine to verify proper alignment prior to allowing players to bat.

#### 5. Lightening Safety

- a. No practice or game should begin if lightning "bolts" can be seen or if thunder is plainly heard.
- b. Once the game is underway, responsibility for suspending play rests with the umpire-in-chief.
- c. Both managers must remain acutely aware of an approaching storm and should notify the umpire immediately if lightning is seen or thunder is heard.
- d. If lightning is seen or heard, suspend activities immediately and direct all players to seek a safe shelter.
- e. When in doubt as to whether conditions are safe, the game should be suspended and the field and dugout areas should be cleared of all players and volunteers
- f. Play may not resume until at least 20 minutes after lightning was last seen or thunder was last heard.
- g. Since permanent shelter space is limited at the NPLL complex, everyone should take shelter in a hard-top vehicle with the windows up.
- h. No one should remain in the dugouts or any open area.
- i. Lightning is highly unpredictable and can spread rapidly.
- j. If you are within 10 miles of lightning, you are in danger.
- k. Ten miles is about the distance at which thunder can be heard under most atmospheric conditions.
- l. If you hear thunder, you must suspend play.
- m. Unusual atmospheric conditions can reduce the distance that thunder is heard to as little as 4 miles.

- n. The absence of thunder cannot guarantee your safety.
- o. If there are other signs (e.g., rapidly darkening sky and strong wind gusts) that a thunderstorm has approached to within 10 miles, you should suspend play.
- p. All lightning produces thunder.
- q. Lightning can be seen over much greater distances than thunder is heard.
- r. So-called "heat lightning" (non-distinct flashes near the horizon that are not accompanied by any audible thunder) is simply lightning striking at a sufficient distance that the distinctive lightning bolt cannot be seen and no accompanying thunder is heard.
- s. This indicates that a thunderstorm is active in the region and should promote increased vigilance for signs that the storm is approaching. However, it does not indicate that the storm is close enough to pose an immediate threat. Distant "heat lightning" alone, in the absence of other signs that the storm has approached within 10 miles, should not result in an immediate suspension of play.

# LIGHTNING FACT SHEET

## Important Facts:

- ✓ All thunderstorms produce lightning and are dangerous.
- ✓ Lightning often strikes outside the area of heavy rain and may strike as far as 10 miles from any rainfall. It is important to seek shelter well before the storm is upon you.
- ✓ If you hear thunder, you are in danger. Anytime thunder is heard, the thunderstorm is close enough to pose an immediate lightning threat.

## What To Do In Case Of Lightning:

- ✓ If thunder is heard or lightning bolts are seen, suspend all activities immediately.
- ✓ Avoid open areas. Stay away from trees, towers, and utility poles.
- ✓ Stay away from metal bleachers, backstops and fences. Lightning can travel long distances through metal.
- ✓ Do not allow players to remain in the dugouts or any open area. Players, volunteers, and spectators should be directed to seek shelter in hard-topped vehicles with windows rolled up. Activities should not resume until at least 20 minutes after lightning was last seen or thunder was last heard.

## What To Do If Lightning Strikes Someone:

- ✓ Lightning victims do not carry an electrical charge. They are safe to touch. Move the victim to a safe area as soon as possible. Lightning can and does strike twice in the same spot.
- ✓ Call 911 immediately.
- ✓ Give first aid. Cardiac arrest is the immediate cause of death in most lightning fatalities. If the victim is not breathing or does not have a pulse, an appropriately trained person should begin CPR until an ambulance arrives.
- ✓

# CONCESSION STAND SAFETY

## 1. General Concession Stand Safety

- a. The concessions stand supervisor on duty should familiarize all volunteers / employees with the location and operation of the fire extinguisher.
- b. The concession stand supervisor is to be trained in safe food handling and/or preparation and procedures.
- c. Children under the age of 16 are not permitted in areas around the grill or fryer when they are in operation or in a warm-up or cool-down mode.
- d. Children under the age of 10 should not be in any area of the concessions stand. Concessions stand volunteers / employees should make other arrangements for supervising their children.
- e. A first-aid kit and ice packs are available in the concessions stand at all times.

## 2. Cooks

- a. Wash hands before touching food or food containers.
- b. Do not take more meat out of the freezer than what will be cooked within 15 minutes.
- c. Cook all hamburgers to well done.
- d. Be careful when putting food into the fryer. Splashed or splattered grease can cause serious burns.
- e. Cooks should wear a clean, white apron.
- f. Make sure the fryer, grill, and coffee pot are turned off before closing the concessions stand.

## 3. At Closing

- a. Clean counter tops with antibacterial cleanser.
- b. Clean all cooking utensils in hot soapy water and place in rack to air dry.
- c. Discard any leftover cooked food in a sealed bag.

- d. Empty trashcans to the outside dumpster and place clean bags in all cans.
- 
- 4. Counter Workers
    - a. Wash hands before beginning work. Dry hands with paper towels, not dishtowels.
    - b. Clean up spills, as they occur to prevent accidents. Re-wash hands after using any cleaning product.
    - c. Place all trash in the trashcans. Do not allow clutter to build up.

# APPENDIX A



## BOARD OF DIRECTORS

## Board of Directors

| Name            | Position                      |
|-----------------|-------------------------------|
| Doug Cervi      | NPLL President                |
| Kelley Reed     | Vice President                |
| Erin Morasco    | Secretary                     |
| Jack Horgan     | Director / Player Agent       |
| Adrienne Branch | Treasurer                     |
| Joe Jefferies   | Director / Umpire Chief       |
| Joe Hondros     | Director / Equipment          |
| Lisa Gendek     | Director / Safety Officer     |
| Eric Gross      | Director / Special Events     |
| Mike Weed       | Director / Equipment          |
| Steve Stigliano | Director / Safety Officer     |
| Lee Koch        | Director / Compliance         |
| Joe Mendez      | Director / Travel Coordinator |
| Nick Ross       | Director / Camps & Clinics    |
| Dave Boland     | Director / Field Operations   |
| Mary Cervi      | Director / Concessions        |

# APPENDIX B

## ACCIDENT / INCIDENT REPORT FORM

# PRELIMINARY ACCIDENT / INCIDENT REPORT

League Name: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Injured: \_\_\_\_\_ Injury Date: \_\_\_\_\_

Address: \_\_\_\_\_ Phone : \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

- No Treatment Needed       First Aid At Field       Sent To Doctor  
 Sent To Hospital       Declined Treatment       Other (Please Explain)

## DIVISION WHERE ACCIDENT OCCURRED:

- Junior       Senior       Big  
 Intermediate       Major       Minor  
 Rookie       T-Ball       Challenger

## TYPE OF ACCIDENT:

- | <u>Struck by:</u>                     | <u>Collision with</u>                 | <u>Other</u>                                        |
|---------------------------------------|---------------------------------------|-----------------------------------------------------|
| <input type="checkbox"/> Pitched ball | <input type="checkbox"/> Other Player | <input type="checkbox"/> Tripped                    |
| <input type="checkbox"/> Batted Ball  | <input type="checkbox"/> Fence        | <input type="checkbox"/> Fell                       |
| <input type="checkbox"/> Thrown Ball  | <input type="checkbox"/> Backstop     | <input type="checkbox"/> Over-Exertion              |
| <input type="checkbox"/> Bat<br>Slide |                                       | <input type="checkbox"/> Hit Ground too hard During |
|                                       |                                       | <input type="checkbox"/> Other (Explain)            |

ACCIDENT CAUSES:

UNSAFE CONDITIONS:

- |                                                                      | <u>YES</u>               | <u>NO</u>                |
|----------------------------------------------------------------------|--------------------------|--------------------------|
| 1. Uneven field surface, such as holes, bumps etc.                   | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Foreign objects, such as glass, rakes, stones, cans, bottles etc. | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Player congestion during practice or games.                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Weather conditions, such as rain, sun, darkness.                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Lack of, or poor-fitting protective equipment or clothing         | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Other _____                                                       | <input type="checkbox"/> | <input type="checkbox"/> |

UNSAFE ACTS:

- |                            | <u>YES</u>               | <u>NO</u>                |                            | <u>YES</u>               | <u>NO</u>                |
|----------------------------|--------------------------|--------------------------|----------------------------|--------------------------|--------------------------|
| 1. Mishandled Ball         | <input type="checkbox"/> | <input type="checkbox"/> | 9. Poor Running Form       | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Mishandled Bat          | <input type="checkbox"/> | <input type="checkbox"/> | 10. Wild pitch             | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Poor evasive action     | <input type="checkbox"/> | <input type="checkbox"/> | 11. Wild throw             | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Incorrect sliding form  | <input type="checkbox"/> | <input type="checkbox"/> | 12 Wild swing with the bat | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Not watching the ball   | <input type="checkbox"/> | <input type="checkbox"/> | 13. Distracted             | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Awkward position        | <input type="checkbox"/> | <input type="checkbox"/> | 14. Lack of attention      | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Player out of position  | <input type="checkbox"/> | <input type="checkbox"/> | 15. Horse play             | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Lack of grip on the bat | <input type="checkbox"/> | <input type="checkbox"/> | 16. Other _____            | <input type="checkbox"/> | <input type="checkbox"/> |

Please write a brief statement of what happened: \_\_\_\_\_

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NOTE: When any type of accident occurs, obtain as much information as possible. Forward this sheet to your league Safety Officer or League President.

# APPENDIX C

## SAFETY CHECKLIST

**Safety Checklist**  
**Be Alert- Put Safety First**

Date: \_\_\_\_\_

Time Started: \_\_\_\_\_ Time Completed: \_\_\_\_\_

Field #: \_\_\_\_\_

Weather Conditions: \_\_\_\_\_

Person Completing Form: \_\_\_\_\_

| <i>Field Conditions</i> |                                 | In Good Repair-<br>Have? |    |
|-------------------------|---------------------------------|--------------------------|----|
|                         |                                 | Yes                      | No |
| 1                       | Backstop                        |                          |    |
| 2                       | Home Plate                      |                          |    |
| 3                       | Bases                           |                          |    |
| 4                       | Pitcher's mound                 |                          |    |
| 5                       | Grass Even (Infield)            |                          |    |
| 6                       | Grass Even (Outfield- L-C-R)    |                          |    |
| 7                       | Outfield Fence                  |                          |    |
| 8                       | Warning Track                   |                          |    |
| 9                       | 1 <sup>st</sup> Base side Fence |                          |    |
| 10                      | 3 <sup>rd</sup> Base side Fence |                          |    |
| 11                      | Dirt Needed                     |                          |    |

| <i>Dug Out (If Applicable)</i> |            | Yes | No |
|--------------------------------|------------|-----|----|
| 12                             | Roof       |     |    |
| 13                             | Walls      |     |    |
| 14                             | Bench      |     |    |
| 15                             | Bat Rack   |     |    |
| 16                             | Trash Cans |     |    |

| <i>Catcher's Equipment</i> |                  | Yes | No |
|----------------------------|------------------|-----|----|
| 17                         | Shin Guard (R)   |     |    |
| 18                         | Shin Guard (L)   |     |    |
| 19                         | Face Mask        |     |    |
| 20                         | Throat Protector |     |    |
| 21                         | Chest Protector  |     |    |

| <i>First Aid</i> |                       | In Good Repair-<br>Have? |    |
|------------------|-----------------------|--------------------------|----|
|                  |                       | Yes                      | No |
| 23               | First Aid Kit         |                          |    |
| 24               | Medical Release Forms |                          |    |
| 25               | Injury Report Forms   |                          |    |

| <i>Equipment</i> |                                   | Yes | No |
|------------------|-----------------------------------|-----|----|
| 26               | Batting Helmets                   |     |    |
| 27               | Bats                              |     |    |
| 28               | Athletic Cups (If catching- Boys) |     |    |
| 29               | Shoes                             |     |    |
| 30               | Uniforms                          |     |    |

| <i>Other Safety Issues</i> |                                    | Yes | No |
|----------------------------|------------------------------------|-----|----|
| 31                         | Spectator Bleachers                |     |    |
| 32                         | Walk-Way                           |     |    |
| 33                         | Score Board                        |     |    |
| 34                         | Pitching Machine (Indicate Number) |     |    |
| 35                         | Grounds (Trees, rocks, etc)        |     |    |
| 36                         | Field Number Signs                 |     |    |
| 37                         | So Swinging Signs                  |     |    |

Comments: (if areas above require additional explanation- Indicate number)

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# \_\_\_\_\_

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Please turn form into Concession stand Upon Completion of Game

# APPENDIX D

## NPLL FAIRGROUNDS COMPLEX FIELD MAP



1701 Fairground Rd. Hatfield, PA 19440

# NPLL MOYER RD. COMPLEX FIELD MAP



951 Moyer Rd. Lansdale PA. 19446