



## **Chatfield Chargers Baseball Off-Season Strength & Conditioning Camp**

The Chatfield Senior High baseball program will run strength and conditioning camp from January 9th to February 27th. This camp is designed for baseball players to increase their strength and conditioning with the Chatfield Baseball coaching staff.

This camp will be a great opportunity for high school players to use on the baseball specific workouts.

**Who:** Chatfield Senior High players grade freshman-seniors.

**Where:** Chatfield Senior High School weight room

**When:** January 9th to February 27th

**Cost:** \$50 per player.

**Registration:** Open until January 10th

**Please bring completed registration form and signed waiver along with cash or checks!**

**If planning on attending, please register at [chatfieldbaseball.com](http://chatfieldbaseball.com)**

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