

Weston Little League Instructional – AA Rules

Practice: 5:30 - 6:10 p.m. - Team practice drills

Games: Start at 6:15 p.m. sharp and no inning shall start after 6:50 p.m., with the goal of 3 - 4 innings per game. Coaches should work to keep the games structured and moving along. Have a batting order. On deck batters should have helmets on and be ready to hit.

PITCHING: Coaches will pitch. It is not necessary or recommended that pitchers pitch from actual pitcher's mound distance.

DEFENSE: Each team will place six players on the infield (positions 1-6) and remaining players in the outfield. Early in the season, remaining players can go with one of the available coaches, during the defensive half inning, and practice.

A player shall catch and is required to wear a helmet, face mask and chest protector. Coaches will backup the player catchers to keep the game moving.

OFFENSE: Each player will hit every inning. The remaining batters in the order will continue to hit until each player has hit once.

The batter will be permitted to swing until a ball is put into play and to advance one base at a time.

Base runners will be awarded 1 base on an over throws to 1st and 3rd base.

No bunting, No walks

Batting helmets must be worn at all times by base runners and batters.

BASE RUNNING: Base runners must run in a straight line from base to base. Runners that run out of base lines should be called out. Runners that don't tag up after a fly ball should also be called out.

No stealing or leading.

UMPIRE: The coach that is pitching will be the umpire. Ties will go to the runner.

SCORING: Coaches will not keep score. Emphasis on fun and instruction

Coaches should at season end be able to openly and honestly assess players on a scale of 1-5. Player Evaluations forms will be handed out and requested of one designated coach. They will be returned to the League Director in a timely manner.

Player evaluations will not only help provide a greater Player experience as they move on in Weston Baseball but also allow Weston Baseball to assess its development and improve its overall experience for the players.