

Weston LL – A-Baseball - Guidelines for T-Ball

Practices START at 5:30pm - arrive prepared and make this valuable time

Games START at 6:15pm (Games should end after two innings)

No inning shall start after 6:50pm

No outs are recorded / No score is kept

Keep things moving! (With good support from parent helpers you should be able to get through two innings in less than 45 minutes.)

Safety: Teach your players two simple rules:

1. No one touches a bat unless a coach tells him or her to.
2. No one swings a bat unless a coach tells him or her to.

Offence: All batters must hit off a Tee, assistant coach or parent should ready the next batter in line up - bat through the entire order once per inning. (Batting in order of jersey numbers works well; reverse the order in the second inning)

The coach should make sure the Tee is set at the proper height (belt-buckle height).

The coach should make sure the Tee is placed in front of home plate, not on it. (This is where balls are actually struck in "real" baseball)

Any ball hit less than ten feet shall be called "foul" and the batter shall be given another chance.

Runners may advance only one base at a time - when the last batter hits, have the kids run all the way around.

As the season progresses, the league director may make the use of the "T" optional. Remind the kids that even the big leaguers use a "T" every day.

Defense: Coach places five fielders in the infield at first, second, short, third and "pitcher" - the remaining defensive players should work with a parent or assistant at a skill station set up outside the field of play.

In the second inning, the players that fielded should switch to the skill station.

HAVE FUN