



FREE BASKETBALL SKILLS TRAINING/OPEN GYMS, SUNDAYS IN SEPTEMBER:

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| 9/09 | 8:00-9:30am 5/6 grade boys & girls
10:00-11:30am 7/8 grade boys & girls |
| 9/16 | 8:00-9:30am 7/8 grade boys & girls
10:00-11:30am 5/6 grade boys & girls |
| 9/23 | 8:00-9:30am 5/6 grade boys & girls
10:00-11:30am 7/8 grade boys & girls |

ATB (Arlington Travel Basketball) is sponsoring basketball skills training/open gyms. Sessions are free to Arlington County residents, boys and girls, attending grades 5-8. ATB coaches as well as Pro-Trainers will be on hand to run skill drills and to facilitate 3 v 3 and 4 v 4 games broken out by age and skill level. Registration is required; please visit our website at www.arlingtontravelbasketball.org for registration instructions and additional information. All sessions will take place at **Kenmore Middle School, 200 S Carlin Springs Rd, Arlington, VA 22204**. Please email questions to Jim Fowler at HSTHOOPS@gmail.com
Arlington Public Schools does not sponsor or endorse the individual or group providing this material, or any message contained herein.

**ATTENTION
ARLINGTON YOUTH
BASKETBALL
PLAYERS:
FREE SKILLS
TRAINING/OPEN
GYMS**

**EACH SESSION IS
STRUCTURED AND
RUN BY ATB
COACHES AND OUR
GUEST PRO-
TRAINERS**

**ALL YOUTH
PLAYERS AND
SKILL LEVELS
ARE WELCOME!**

BOYS/GIRLS GRADES 5-8

**A Great way to
prepare for your
upcoming season
or to just have
some fun**

**ARLINGTON TRAVEL
BASKETBALL**