

SUMMER LACROSSE TRAINING

BIG BEAR LACROSSE & LARKINS SPORTS PERFORMANCE

Summer Lax Training

June 3rd – Aug 19th

Summer Strength & Skills Packages Middle School & High School

12 weeks = \$1,300

- 3 Lifting/Conditioning Sessions

- 2 Lax Skills Sessions

(60 Total Sessions - \$22.50 per Session)

High School and Middle School Early Birds Special

\$1,200 = \$20.00 per session

Summer Package Youth:

12 weeks = \$1,100

- 2 Lifting/Conditioning Sessions

- 2 Lax Skills Sessions

(48 Total sessions - \$22.50 per Session)

Youth Early Birds Special

\$1,000 = \$20.50 per session

For the Early Bird Special Prices

Please Register and Pay with Jonah by May 1st

If you would like to register, have any questions or would like to know more about these training packages, please email Jonah Gutentag at:

jonahgutentag@gmail.com



Diesel Edge Training Facility
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