

2019 NVYLL Rules Quick Reference						
	8U	10U		12U		14U
	Modified Field	Modified Field	Full Field	UB/LB	A	
Game Time	4x10-minute quarters			4x12-minute quarters		
Clock	running	running, start/stop during last 2 min and OT				
Tie-Breaker	none during regular season			1x4-min Sudden Victory (regular season)		
Time-outs	1 per half	2 per half		2 per half + 1 for OT		
Advancement	n/a			20 (clear) & 10 (box)		
Over and Back	n/a			Enforced at this level		
Pass attempt	2 anywhere (includes goalie)		n/a			
Long poles	none	none		up to 4		
Crosse Length	37"-42"	37"-42"		40"-42", 52"-72"		
Stalling	n/a			During game + last 2 min (lead of 4 goals or less)		
Slashing	One handed checks - whether or not contact is made					
Checking	No body checks			Limited Body Checks - 3 yards		
Targeting	"Targeting" body checks will result in a 3-minute non-releasable penalty and ejection from the game. See definition below.					
Goalkeeper Penalty	Before the game, the head coach shall nominate a starting defender to serve any time-serving penalty on the GK.					
Req'd Equipment	Goalkeeper NOT required to wear arm pads at any age					
Mercy Rule	n/a (no score)	6 goals or more		12 goals or more		
Other	7v7 (2-2-2-GK)					
	1 coach on the field					
	no score posted					
	no playoffs					
	GK optional (no hector)					

rev. 2019.2

No Change
Change for 2019

- All levels: SPORTSMANSHIP IS PARAMOUNT DURING ALL NVYLL PLAY.
 All unnecessary roughness penalties are non-releasable for youth lacrosse.
 Eye shade or other markings are allowed that include words, numbers, or logos so long as not profane or offensive.
 Full field games may be started with fewer than 10 players, but if the team ever goes below seven field players due to injuries or penalties, the game will be forfeited immediately. (The intent of this rule is to allow a game to start on time if other players are enroute, or if a team wants to avoid a forfeit and is willing to play down.) The opponent is not required to play down.
TARGETING: Intentionally taking aim at the head/neck of an opponent for the purpose of making violent contact.
 This could also include a check with the crown of the helmet (spearing) that targets the head or neck. Also, a player shall not intentionally take aim at a player in a defenseless position.

Note: NFHS Boys Lacrosse Rules and US Lacrosse 2019 14U youth rules shall govern boys' youth play except as amended by NVYLL. The amended boys' rules are in Appendix #2 of the NVYLL 2019 League Operational Rules & Regulations, which can be found at www.nvyll.org. The above chart is a summary of those amended rules, but all youth officials should be familiar with the actual rules.