

2019 NVYLL GIRL'S RULES SUMMARY

Rule FC=full checking MC=modified checking NC=no checking	G7/8A (FC)	G7UB (FC)	G7/8LB (MC)	G56 (MC)	G34 A (NC)	G3/4 M (NC)	GK2 (NC)
Modified Pocket (1/2 of ball allowed below bottom of sidewall) and stick may be cut to length of arm of player					✓	✓	✓
Stick Length 35.5"-43.25" for field player, 35.5"-52" for GK	✓	✓	✓	✓			
Time 25 min halves, 5 min halftime, stop clock on last 2 minutes of both halves unless 10 goal differential	✓	✓	✓	✓			
Time 20 min halves, 5 min halftime, stop clock on last 2 minutes of both halves unless 10 goal differential					✓	✓	
Time 10 min quarters w/ 2 min breaks between and 5 min half, running clock; 7 field players + 1 goalie (8v8)							✓
Modified field, 7 field players + 1 goalie (8v8) with all NFHS rules applied + NVYLL 3/4 rules						✓	
Timeouts two (2) timeouts per regulation, one (1) timeout per overtime, no rollover.	✓	✓	✓	✓	✓	✓	✓
Overtime (regular season) 5 min rest, coin toss, max two 3-min running clock 'sudden victory' periods, if no goal scored, switch ends after 3 min, no coaching, 1 st goal wins. May end in tie.	✓	✓	✓	✓	N/A	N/A	N/A
Coach to certify player equipment; Alternative possession/goal selection at coin toss (continues in OT)	✓	✓	✓	✓	✓	✓	✓
3-Second 'Held Ball' count for good defense			✓	✓	✓	✓	✓
One Pass Rule from draw and each new possession into offensive end		✓	✓	✓	✓	✓	✓
Substantial advantage regular season and playoffs (5 goal differential). Coach may waive	✓	✓	✓	✓	✓	✓	N/A
Up to FOUR coaches allowed on the side line at one time. Only head coach interacts with officials.	✓	✓	✓	✓	✓	✓	✓
Self start allowed anytime except for: fouls in the critical scoring area; when game clock is stopped; restraining line violation; alternative possession; inadvertent whistle	✓	✓	✓	✓	✓		
MANDATORY RED CARD for initiated check to the head (out that game + next)	✓	✓					
Mandatory YELLOW Card for Dangerous contact, dangerous propel/follow through, slash & misconduct	✓	✓	✓	✓	✓	✓	✓
Mandatory YELLOW Card for initiated check to the head			✓	✓	✓	✓	✓
Never plays down; even on yellow card					✓	✓	✓
4th Card for the team (Y/R) play down remainder of game, additional player down for each subsequent card	✓	✓	✓	✓			
USL draw set up (3v3); all others hold below restraining line or at goal circle until possession/released	RL	RL	RL	RL	RL	GC	N/A