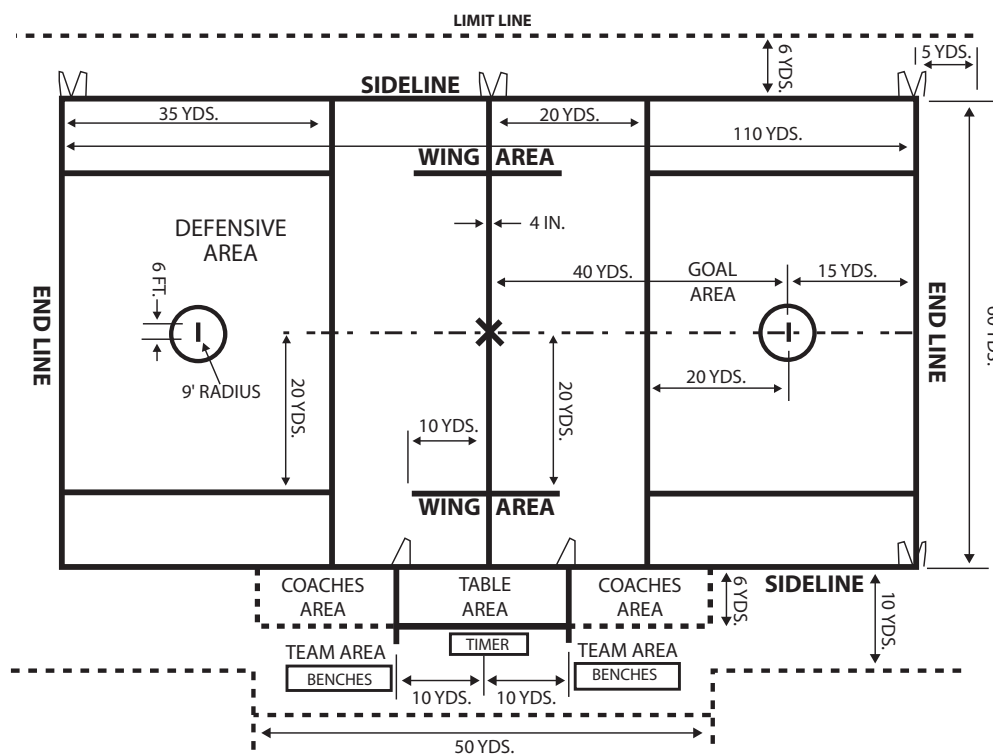




# BOYS' YOUTH LACROSSE STANDARD FIELD DIAGRAM



**DIMENSIONS:** 110 yards long, 53 1/3-60 yards wide, with 15 yards between goal line and end line

**BOX:** defensive/goal area defined by box on each end of the field

**MIDFIELD LINE:** the center line that runs across middle of field with an X in the middle and 2 wing area lines on either side for faceoffs

**GOAL CREASE:** 9-foot radius circle around the goal, 18 feet in diameter

**SUBSTITUTION AREA:** players enter game through this area

**TEAM BENCH AREA:** positioned between scorer's table and end line

**SCORER'S/TIMER'S TABLE:** score, time, penalty, and substitution area

**COACHING AREA:** where coaches are permitted to roam

**SPECTATOR AREA:** 6 yards from the sideline opposite team benches and never behind goal line

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BOYS' LACROSSE  
**7V7 FIELD  
 DIAGRAMS**

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