

2021 MCYFL INSTRUCTIONAL LEVELS WEIGHT CHART

ALL WEIGHTS ARE "SET SCALE TO"

LEVEL	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	MAKE-UP
	9/7-8	9/14-15	9/21-22	9/28-29	10/5-6	10/12-13	10/19-20	10/26-27	11/2-3	11/9-10
SUPER P/W	118	118	119	119	120	120	121	121	122	122
SPW, TAC-TAC	125	125	126	126	127	127	128	128	129	129
SPW, Older/lighter	95	95	96	96	97	97	98	98	99	99
SUPER P/W BASE WEIGHT IS 111 LBS. PEEWEE PLAYER PLAYING DOWN MUST START @ 88 LBS- SAME GROWTH ALLOWANCE										
CLINIC	107	107	108	108	109	109	110	110	111	111
CLINIC TAC-TAC	113	113	114	114	115	115	116	116	117	117
CLINIC older/lighter	84	84	85	85	86	86	87	87	88	88
CLINIC BASE WEIGHT IS 100 LBS. SPW PLAYER PLAYING DOWN MUST START @ 77 LBS- SAME GROWTH ALLOWANCE										
PRE-CLINIC	97	97	98	98	99	99	100	100	101	101
PRE-CLINIC TAC-TAC	102	102	103	103	104	104	105	105	106	106
PRE-CLINIC older/lighter	73	73	74	74	75	75	76	76	77	77
PRE-CLINIC BASE WEIGHT IS 90 LBS. CLINIC PLAYER PLAYING DOWN MUST START @ 66 LBS- SAME GROWTH ALLOWANCE										