

FRAMINGHAM



JR. FLYERS

Framingham Youth Hockey Program

**Roles, Responsibilities and Expectations for
Coaches, Team Managers, Parents and Players**

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Framingham Youth Hockey Program
P.O. Box 2391
Framingham, MA 01703
WWW.FraminghamYouthHockey.org

Framingham Youth Hockey Program (FYHP) is a non-profit, non-denominational, co-ed, Youth Hockey Organization that is open to any child ages 4 thru 18, regardless of religion, race, color, nationality, sex, economic status, or town of residence.

Our purpose is to organize and direct an ice hockey program for young boys and girls in the greater Framingham area interested in learning the basic fundamentals of ice hockey, and principles of sportsmanship and competition, in a safe and nurturing environment. In furtherance of this purpose to organize instructional sessions, teaching clinics, team competition and in general to promote and encourage an interest in ice hockey by young boys and girls.

As a Member Program of USA Hockey and MA Hockey, we abide by all of their rules and regulations, including but not limited to, limiting the number of Out of Town players (OOT's) to a maximum of three (3) per team. With regards to FYHP, MA Hockey's definition of an OOT player is any individual residing outside of the towns of Framingham or Wayland. As per MA Hockey rules, OOT player limits do not apply to Beginners (learn to skate), Girls U14, Girls U19, or Midgets.

Additionally FYHP and it's membership is committed to follow all of the rules and regulation of any League or Tournament we have entered our teams into.

The following pages outline some of our rules, responsibilities and expectations of our membership.

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COACHES

- The duties of each Coach, with regards to players, shall consist of instructing the players in the basics of skating, hockey, good sportsmanship and team spirit, **and placing these values above winning.**
- Each Head Coach shall select his/her Assistant Coaches and Team Manager, prior to the start of the season, and submit that list to the Registrar for approval by the Executive Board. Additionally he/she will be responsible for the general management of all team activities.
- The Head Coaches are responsible for the care, storage and return of the FYHP equipment issued to him/her.
- All Coaches shall attend periodic coaches meetings as called by the Board. Any coach missing the Mandatory 1st meeting of the season, without notifying, and gaining approval from, the FYHP President, will be susceptible to Discipline Committee review and/or dismissal.
- All Coaches must have completed and submitted to the Secretary, a FYHP coaching application package, Completed “Safe Sport” training, and be USA Hockey registered, **before** they can go on the ice/bench.
- No later than December 31st of the current playing year, all individuals, acting in the capacity of a Coach, must be listed on the USA Hockey website as properly certified with the Coaching Education Program (CEP). All Coaches must be “patched” to the appropriate level, and have completed the required module for the age group they are coaching (by Dec. 31st). With regards to Midgets – Any coach who does not complete the age appropriate module prior to Dec. 31st of the current season, will not be allowed to coach Midgets the following season.
- Head Coaches should plan out all practices **in advance, on paper**. Without proper planning, coaches cannot maximize the very short time they have with their players. Coaches should plan what they want to accomplish at each practice, what drills would be most beneficial, and how they can best use the 50 minutes of ice time each practice. Try to limit “Chalk Talk” on the ice.
- All Coaches will abide by FYHP's “Equal Ice Time” policy (the only time Coaches are allowed to “shorten the bench” is in the 3rd period or overtime of a State Play-down or State Championship game). Failure to abide by this rule may result in Discipline Committee review and/or dismissal.
- Coaches are however, allowed to sit a player for disciplinary reasons (see disciplinary recommendations under players responsibilities). If sitting a player for more than one (1) period or sitting a player for one (1) period for the second or subsequent time, Coaches are required to consult/notify the Discipline Chair and/or the President.
- The Coaching staff for each team will be responsible for ensuring locker rooms are safe, kept clean and monitored by a responsible adult, **at all times, at all age levels, and in every rink they are at.** If that person is not a member of the Coaching staff, or the Team Manager, they must submit to the Secretary, a completed CORI application. At no time should there be only one (1) adult and one (1) child/player in a locker room (unless the adult is that players parent/guardian). This is a USA Hockey rule.
- **Coaching is a privilege and not a right.** All Coaches must abide by all USA Hockey, MA Hockey, League, Tournament, and FYHP rules and policies, and just like players, are subject to FYHP Disciplinary Committee review/action, including but not limited to suspension and/or discharge.

TEAM MANAGERS

- Shall distribute all forms to be signed by players and parents (Player’s Code of Conduct, Parents Code of Conduct, Consent to Treat, Accident Reports, Liability Waiver, etc.).
- Turn in all signed forms to the Head Coach or the Registrar prior to start of first practice/game.
- Carry Consent to Treat forms to each practice/game.

- Act as focal point for all team business with parents (schedule changes, fund-raising information, tournament information, district play-downs schedules and information, picture day coordination, and communication from the Board of Directors, etc.).
- All Team Managers must submit, to the Registrar, a completed CORI application, and complete “Safe Sport” training.

PARENTS

- **Do not** force your children to participate in sports, but support their desire to play their chosen sport. Children are involved in organized sports for **their** enjoyment. Make it fun for **them**.
- Encourage your child to play by the rules. Remember, **children learn best by example**, so applaud the good plays of both teams.
- Emphasize skill development and practices and how they benefit your young athlete. DE-emphasize games and competition, especially in the younger age levels.
- Know and study the rules of hockey, and support the officials, on and off the ice.
- Recognize the importance of volunteer coaches. They are important to the development of your child and the sport. Communicate with them and support them. If you have an issue with them, **discuss it in private, without your or any other player present.**
- If you enjoy the game, learn all you can and dedicate time as a volunteer!
- Display good sportsmanship. Always respect all players, coaches, and officials.
- Support the referees and coaches by trusting their judgments and integrity.
- **Respect the locker rooms as private areas for players, coaches, and officials.** We do realize that some of the players in the younger age groups need help with their equipment. If you must tie skates etc., It only takes one parent/guardian. **Do it and get out.**
- **Do not** allow siblings, grandparents, cousins etc., to loiter in the locker rooms.
- **Game days:** Please be sure to get your player to the rink at least 25 min. before the game, and vacate the locker room at least 10 min. before game time. All of the leagues we play in state that games can start as early as 10 min. before the scheduled time.
- **Practices:** Please get your player to the rink early enough for them to be dressed and ready **by the scheduled time**. Practice ice is expensive, and it is extremely frustrating for the Coaches, and distracting for both Coaches and other players, to have players entering the ice late.
- **Never** yell at or physically abuse your child after a game or practice. Be supportive after the game, **win or lose**. Recognize good effort, teamwork and sportsmanship!

PLAYERS

- Come to all games and practices on time and be ready when the ice is ready.
- When your Coach is speaking, you should be listening.
- Notify your coach at least 24 hours in advance if you cannot attend a game or practice.
- **Give 100%** at each and every game and practice. Push **yourself** to become a better Hockey player.
- Follow the Coaches' directions.
- **Respect all Coaches, Officials, Teammates, Opponents, Locker rooms and Rink facilities.**
- Always conduct yourself in accordance with FYHP's Players Code of Conduct.
- Keep your hands, feet and stick to yourself when not competing in a game or drill.
- IF YOU CHOOSE TO BREAK THE RULES:
 - 1st time: Warning
 - 2nd time: 5 minutes off ice
 - 3rd time: 15 minutes off ice (your Coach will speak with your parents)
 - 4th time: Removed from game or practice (your Coach will speak with your parents and the Discipline Committee).

- **All Coaches and Assistant Coaches** have the authority to discipline **any** player.
- These penalties are guidelines and may be stricter at the Coaches' discretion.
- Any and all discipline issues are subject to FYHP Discipline Committee review and/or hearing.
- FYHP Discipline Committee may, at it's discretion, suspend or discharge any player.

2014-15 BOARD OF DIRECTOR'S

Executive Board

- President Bob Lewis 508-872-1861 H
- Vice President Mike Phelan 508-259-7034 C
- Registrar Lisa Despres 508-788-1943 H
- Secretary Kevin Wilder 978-815-6477 C
- Treasurer Brian Downey 508-308-4814 C

Board at Large

- A.C.E. Coordinator Mark Gallagher 508-820-9672 H
- Assistant Registrar Christy Patriarca 857-383-8668 C
- Beginners Director Christy Patriarca..... 857-383-8668 C
- Communications Director Sean Angus 508-877-4095 H
- Discipline Committee Chairman Craig Dustin 508-596-2030 C
- Discipline Committee Members
 - Joel Idelson 508-254-5826 C
 - Patty Lavin 508-788-5567 H
 - Robert Tosti 508-523-0502 C
- Equipment Manager Mike Clark 508-405-4121 H
- Fundraising Chairman Don Trischitta 508-626-8236 H
- Hospitality/Sunshine Martha Ziba 508-733-5748 C
- House League Director Dave Wolfe 508-788-0024 H
- Ice Scheduler Robert Ryan 508-872-0331 H
- League Representatives
 - Valley Scott Penrod 508-626-0306 H
 - Westborough Martha Ziba 508-877-8399 H
- MA Hockey District 8 Representative Carl Smith 508-628-9766 H
- Safety Director Paul McIlhenny 508-370-9063 C

Other Non- Board Positions

- Coach(s) in Chief
 - Carl Smith 508-628-9766 H
 - Kevin Wilder 978-815-6477 C
 - Fran Bellefeuille 508-872-3901 H
- Perini Tournament Director Sue McGrann 508-341-3458 C