

## MYTF Rules & Regulations

Several of these are actually Fairfax County or FCPS' rules, and our contract for facility space requires that we abide by them. Others are things that MYTF has learned through the years are necessary to make our program safe and successful for all families. Regardless of who wrote the rules, MYTF adheres to all of them, so please plan to abide by all the rules below, and know that repeated violations WILL jeopardize your child(ren)'s continued participation in MYTF.

1. We cannot say this enough, so you will see it EVERYWHERE in our materials: parents/guardians MUST remain at ALL practices AND Meets with their children, or designate another adult to do so (e.g., carpools with a single adult remaining onsite who is responsible for several children are permitted). **THERE. ARE. NO. EXCEPTIONS.** – **NOT EVEN FOR THE OLDER KIDS!!!** Yes, we know your 13-year-old doesn't want you hanging around, and you drop your 9-year-old off at soccer practice and it's no big deal if you leave, but Track is different: we have up to *\*100\** kids at *each* practice, with often only *ONE* coach. The coach cannot stop practice and leave all the other kids to take your child to the bathroom or tend to an illness or injury. **The ONE coach cannot pile all 100 kids into his or her car if practice has to be canceled once underway due to sudden weather or other emergencies (which has happened more than once).** We have also had safety issues in the past where a suspicious individual has been lingering near our event, so with so many children present and nearby wooded areas, it is **ABSOLUTELY IMPERATIVE** that you stay & help us keep eyes on all kids.
2. There are **NO** pets permitted on FCPS' grounds (that covers all current MYTF facilities – Churchill Road Elementary School, Cooper Middle School, and Falls Church High School). **PERIOD.** We love dogs. We *have* dogs. And we're sure *your* dog is lovely. But we cannot permit you to bring your dogs (or cats, or ferrets, or parakeets, etc.) onto school facilities in violation of FCPS policy and our permit. Also, please understand that not all children are comfortable with animals, so even if we end up at a non-FCPS facility as a makeup some week, we ask that you *please* leave Fido and Fluffy at home. **THERE. ARE. NO. EXCEPTIONS.**
3. On the turf fields (in our case, this only applies to Falls Church High School, inside the fence where the Track is), we are only permitted to have WATER. That means no Gatorade, soda, juice, or *\*gasp\** *coffee*. We know it's hard, but that other stuff is full o' sugar anyway! Water rules! In all seriousness, it's a cardinal rule with FCPS, so please help us keep our facility permit and understand that (wait for it...) **THERE. ARE. NO. EXCEPTIONS.** We also don't have water fountains or faucets at any of our facilities, so please come equipped with a *clearly-labeled* water bottle for each child (and adult!).
4. Every child on the Meet Track (or field) MUST have an MYTF-issued race bib. **THERE. ARE. NO. EXCEPTIONS.** It is how we know they are a registered, rostered athlete. If you forget your bib, we have extras and a lookup list to find your child's number. (Every child on the *practice* Track also MUST be a registered MYTF participant. We don't use bibs at practice so this is harder for us to enforce, so you are on your honor not to let unregistered siblings or other children onto the practice field.) Please see our bib flyer for detailed instructions.
5. The only adults permitted on the Meet Track/Field are volunteers who are assisting with the Meet. **THERE. ARE. NO. EXCEPTIONS.** Before we observed this rule, we had total chaos on the field, and it absolutely slowed down the event and created difficult and dangerous situations. We *promise* your child will be FINE out there without you. Please plan to cheer from the stands, and see your child once his or her event is completed.
6. We have had several requests in recent years to let individuals, families, or groups set up and sell concessions of various kinds. Those kinds of activities are not permitted under our facilities permits (we checked), so we ask you NOT to set up a concession or fundraising table at our events. It doesn't matter if it's for a charitable cause or a budding entrepreneur's college fund, it could cost us our facility space, so **THERE. ARE. NO. EXCEPTIONS.**
7. Above all, MYTF is a Developmental League, focused on player development, encouragement, and sportsmanship. We compete against ourselves to see improvement over the season, but we do not compete against each other. We cheer for EVERY child who runs, throws, or jumps. Our coaches are reinforcing good sportsmanship in every activity, and we expect parents, siblings, and other spectators to do the same. Poor sportsmanship will not be tolerated, by any member of the MYTF family. **THERE. ARE. NO. EXCEPTIONS.**

**\*\*\*\*Work Hard. Play Hard. Cheer. Have Fun.\*\*\*\***