

Revised 09/08/18	NOVA BOYS VOLLEYBALL RULES	
	ELEMENTARY SCHOOL DIVISION	MIDDLE SCHOOL DIVISION
BASE RULES	Follow the official United States Volleyball (USAV) rulebook with variances to encourage learning and	
SCORING	Rally scoring to 25, must win by 2 with no cap. Best of three but play all three even if one team wins first two. Third set to 15 points.	Rally scoring to 25, must win by 2 with no cap. Best of three but play all three even if one team wins first two. Third set to 15 points.
3 HIT INCENTIVE	At the discretion of the referee, an extra point is awarded to a team that executes a three touch combination that leads to an immediate win where the opponent does not legally return the ball over the net into play. ANY three legal touches are permitted. The opportunity to earn an extra point on a three touch combination is nullified if the opposing team legally returns the ball over the net and into play.	At the discretion of the referee, an extra point is awarded to a team that executes a three touch combination that leads to an immediate win where the opponent does not legally return the ball over the net into play. The third touch must involve an arm swing above the shoulder and can be executed by a front-row or back-row player. Rolls and tips/dinks are counted as hits, while forearm passes ("bumps") and two arm hand sets are not. The opportunity to earn an extra point on a three touch combination is nullified if the opposing team legally returns the ball over the net and into play.
NUMBER OF SERVES	3 point cap on consecutive serves each time a player rotates to serve. After the cap is met, the other team is given the serve with no point awarded.	5 point cap on consecutive serves each time a player rotates to serve. After the cap is met, the other team is given the serve with no point awarded.
RE-SERVE	On each service rotation, a player is allowed a first bad serve and then one re-serve. This rule is only in effect for the first half of the season.	Only one service attempt
NET TOUCH ON SERVE	Serves that hit the net and go over are legal and will be played out.	Serves that hit the net and go over are legal and will be played out.
SERVE LOCATION	Players can serve 6-feet in from the end line for the entire season (underhand or overhand).	Players must serve from behind the end line.
FOOT FAULT	Foot faults are <u>not</u> enforced.	Foot faults are called if the foot touches any part of the back line during the serve. This will not be enforced during the first half of the season.
SERVE TOSS	On a bad toss, the player may <u>catch</u> or <u>drop</u> the ball for a re-serve. The limit is one catch or drop per service attempt.	On a bad toss, the player may <u>only drop</u> the ball for a re-serve. The limit is one drop per service attempt. Catching the ball is a fault.
NET FAULT	Incidental contact with the net is allowed but any other contact with the net is a fault.	Incidental contact with the net is allowed but any other contact with the net is a fault.
CENTER LINE	Crossing the court centerline with any part of the body is a violation. A foot touching the center line but not crossing is not a fault.	Crossing the court centerline with any part of the body is a violation. A foot touching the center line but not crossing is not a fault.
SUBSTITUTIONS	Both traditional Positional Substitution and Continuous Substitution (court and bench players are in one continuous rotating lineup) are allowed. All players must play an equal amount of time for the match. Every player must play front and back row and EVERY PLAYER MUST SERVE.	Both traditional Positional Substitution and Continuous Substitution (court and bench players are in one continuous rotating lineup) are allowed. All players must play an equal amount of time for the match. Every player must play front and back row and EVERY PLAYER MUST SERVE.
TIME OUTS	A time out is allowed TWO 30-second timeouts per 25 point set.	A time out is allowed TWO 30-second timeouts per 25 point set.
CEILING HIT	A ball may be played off the ceiling provided the team has one of its 3 hits left to play it. However, a ball is not allowed to hit the ceiling and continue to the other team's side of the net.	A ball may be played off the ceiling provided the team has one of its 3 hits left to play it. However, a ball is not allowed to hit the ceiling and continue to the other team's side of the net.
NET HEIGHT	7' 0"	7' 4 1/4"
VOLLEYBALL	Volley Lite	Normal Regulation
REFEREES	Paid Officials or Coaches/volunteer	Paid Officials or Coaches/volunteer
LINE JUDGES	Referees, volunteers are optional	Referees, volunteers are optional