

SIGNS & SYMPTOMS OF CONCUSSION:

Headache

Nausea

Vomiting

Dizziness

Vacant stare

Nervousness

Fatigue

Feeling "foggy"

Balance problems

Visual problems

Sensitivity to light

Sensitivity to noise

More emotional

Sadness

Appears drowsy

Feeling slowed down

Appears dazed or stunned

Difficulty concentrating

Confused about recent
events

Difficulty remembering

Irritability or moodiness

Appears uncoordinated
/unsteady

EMERGENCY REFERRAL OF CONCUSSION:

Athletes with any of these symptoms should be referred immediately to the nearest emergency department:

1. Loss of consciousness
2. Vomiting
3. Slurred speech
4. Unequal pupils
5. Seizure activity