

Deuces

Classic and Options

Offensive Theory

- Motion vs Patterned
- Zone
- Questions.... How many ya hiding?
- Ball handlers- how many ya got?
- Man or Zone..same –just different
- Simple to complex.. Peak at the end
- Improve Stick skills and slow the game down.

Why the 2-2-2?

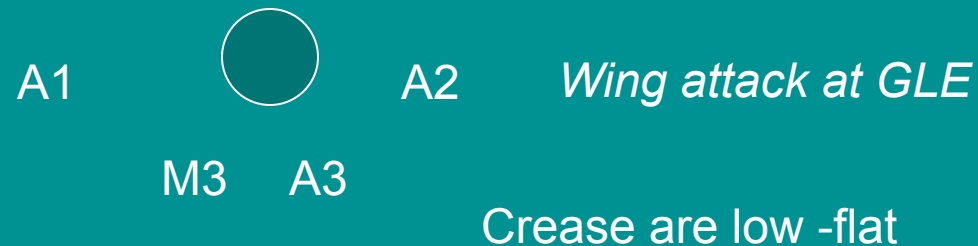
- You can hide 2 on the crease – 4 on the perimeter versus 5
- Picks on crease
- Great dodging set for midfielders
- Simplicity of the offense- it is motion oriented

Basic Alignment – Basic Rules

Crease Attackmen

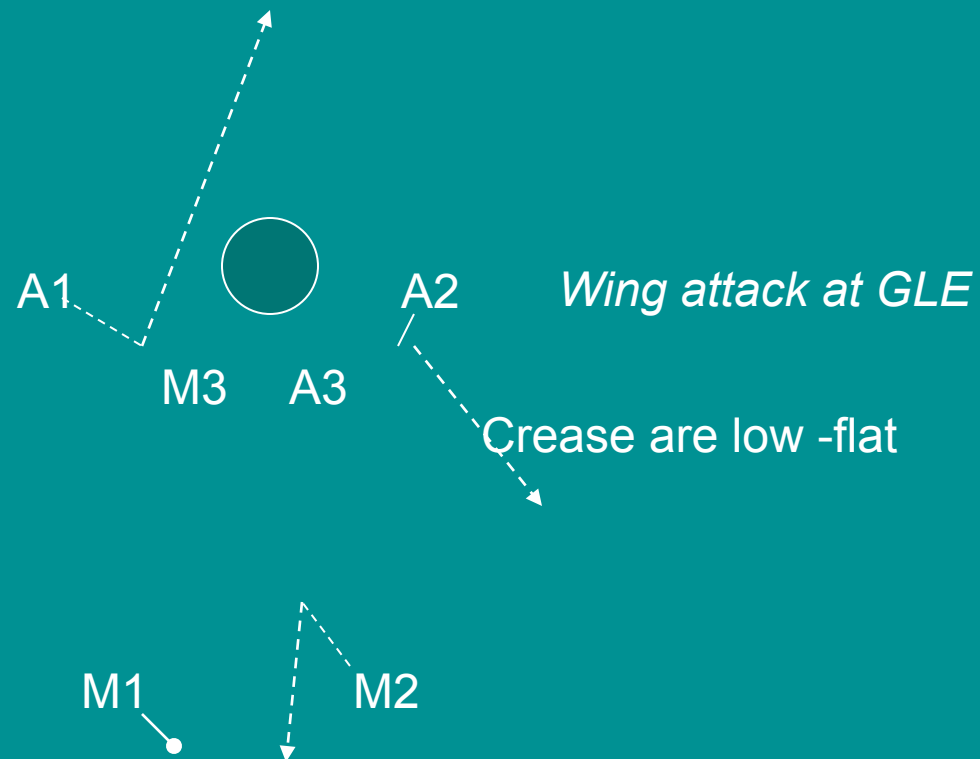
1. Ball at midfield – attackmen are flat and low
2. Ball with wing attack ball on the side -attackmen are stacked and off ball pipe
3. Ball behind with wing attack- attackmen are flat high –out of the way.

Figure 1

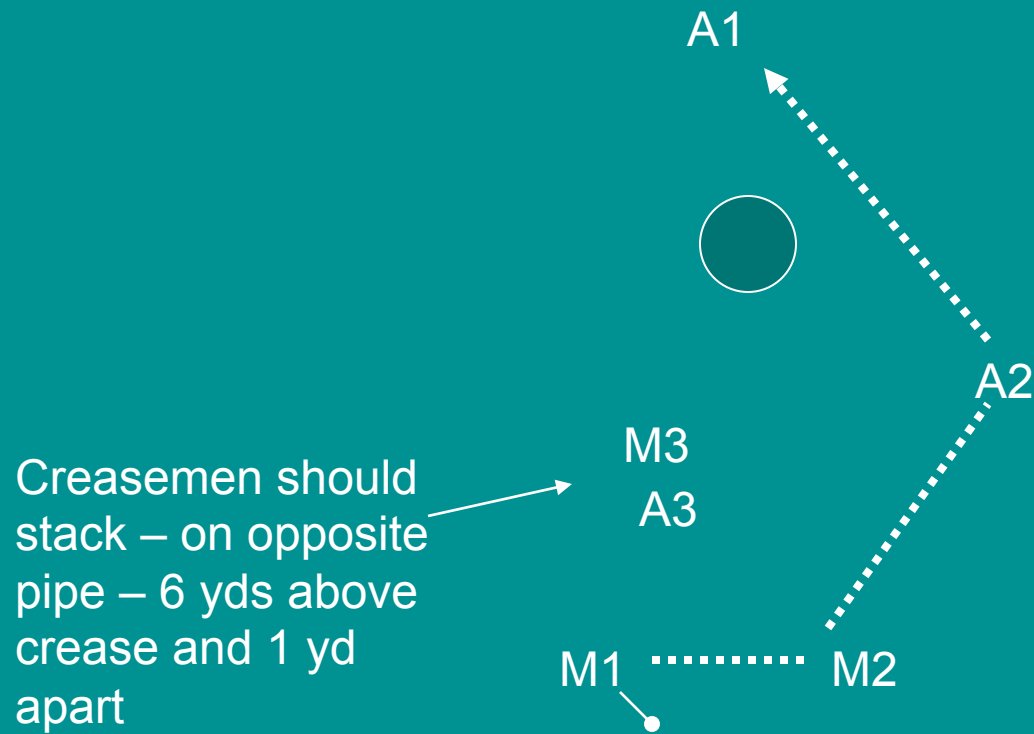


M1 M2

Basic Rules : Perimeter Players – break at 45 degree angle to get ball – thinking two passes a head



Work the ball quickly to X behind



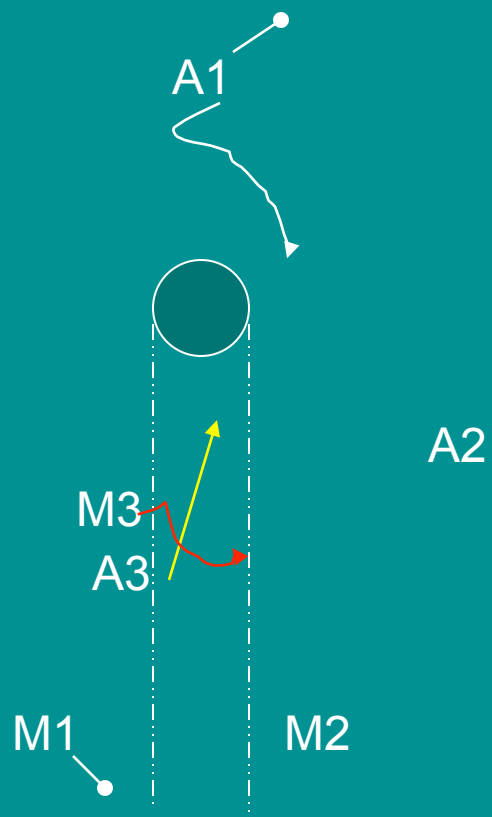
As ball moves to wing – A1 behind – option 1

A3 Flashes first, M3 cutoff
A3's flash – keeping within
the cylinder of the pipes

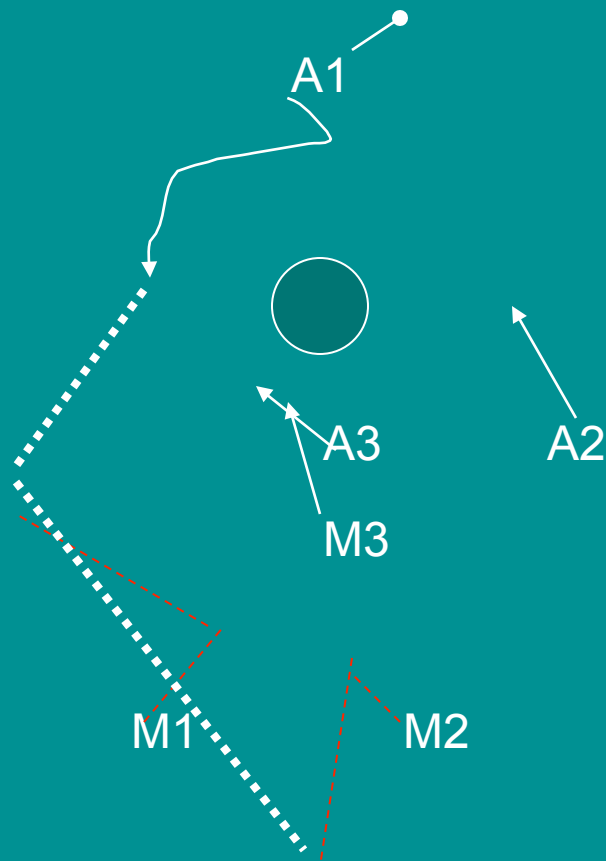


As ball moves to wing – A1 behind – option 2

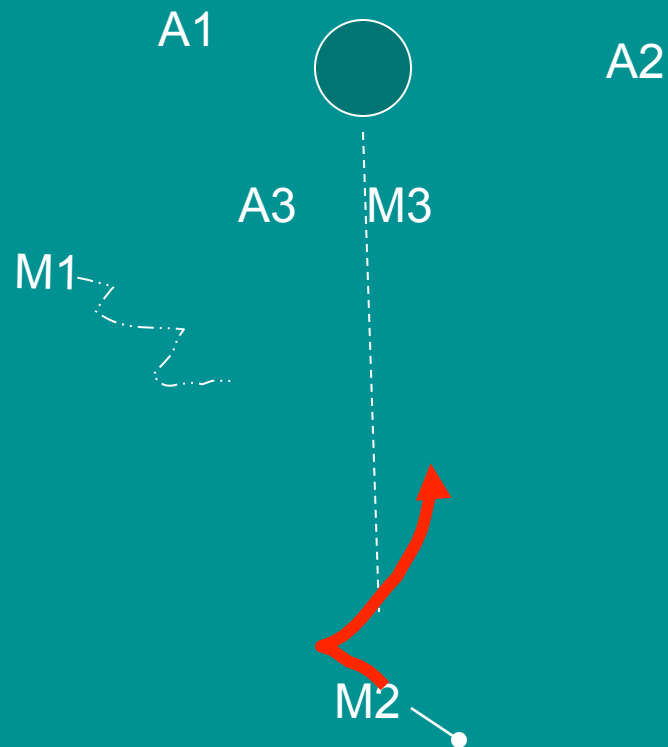
A3 Flashes first, M3 pops off
A3's flash – keeping within
the cylinder of the pipes



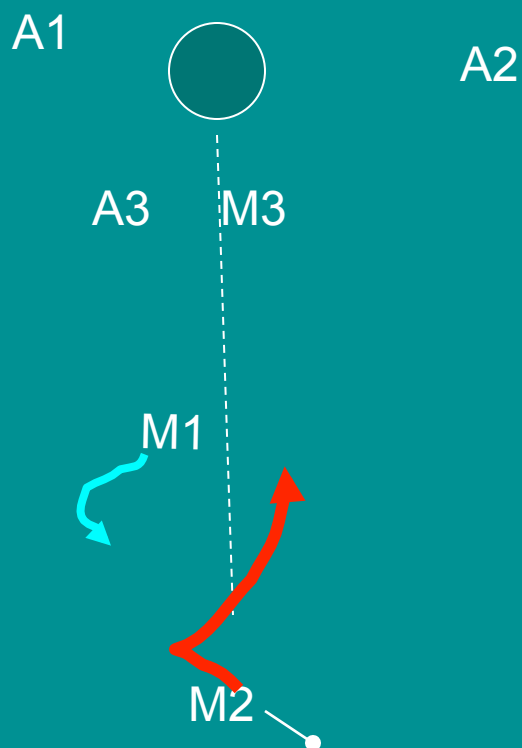
If no option available move ball to opposite side



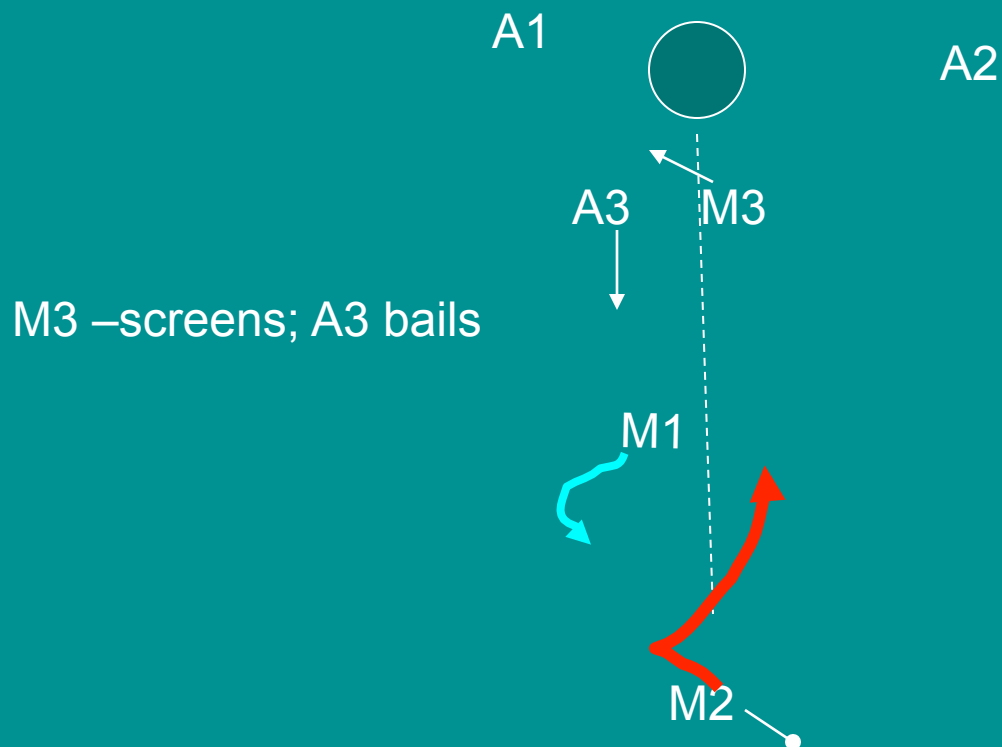
After giving the ball to # M2, # 1 cuts back door— **do not force**— # 2 gives # 1 a quick look and dodges right away; Do not set up the dodge! Get the ball and go!!!!. The idea here is that the offense has been in full motion at this point; therefore so has the defense. If the # 2 Middie waits, the defense has time to set up for the dodge and adjust its slides. The # 2 middie must choose a side and dodge; after 1 cuts back door, he stops at the center of the field and faces # 2 with his back to the goal. The distance should be enough so that # 1 can get out of the way in time should Middie # 2 dodge to the left.



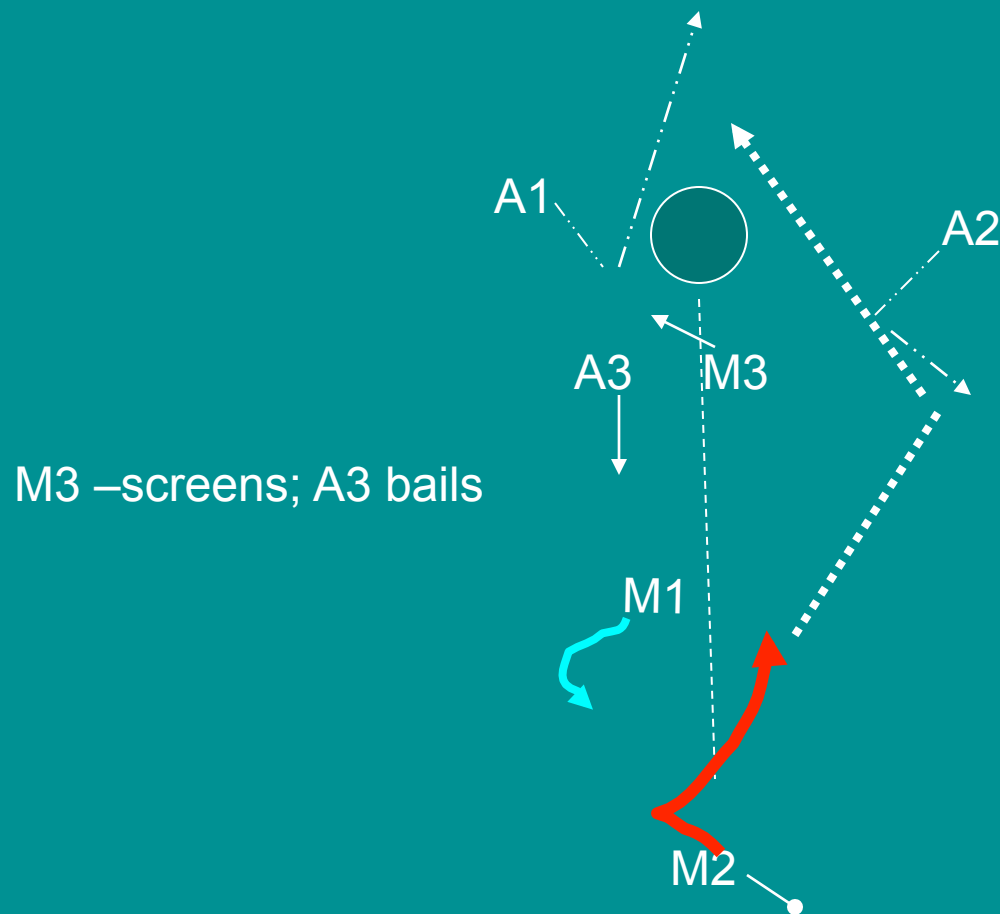
If # 2 chooses to dodge to his right, and the D man covering # 1 decides to double team # 2, Middie # 1 rolls right (since he is facing the dodger) shouts “Double” for the ball and will probably have an open shot or he can initiate a 2 on 1 on the opposite side of the dodge (with # A1 sneaking) ; when the ball is up top the creasemen # 5 and 6 should be low against the crease screening the goalie.



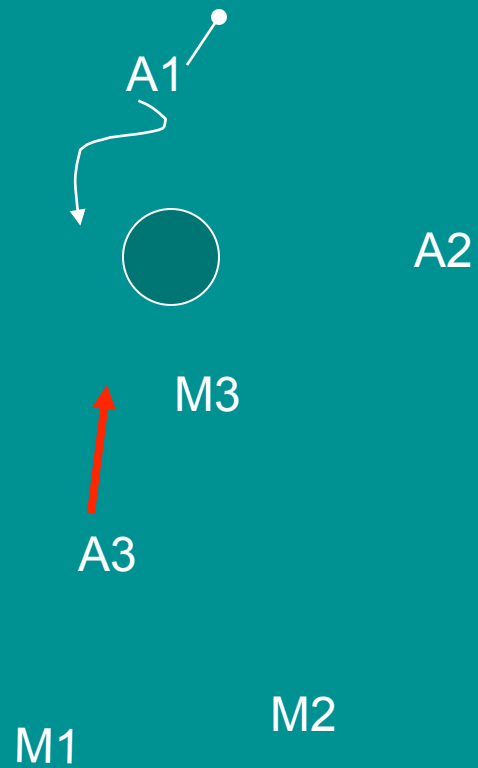
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If M2 has a ½ step – he tries to get s shot off; if not – he passes moves ball to X behind via A2 and A1

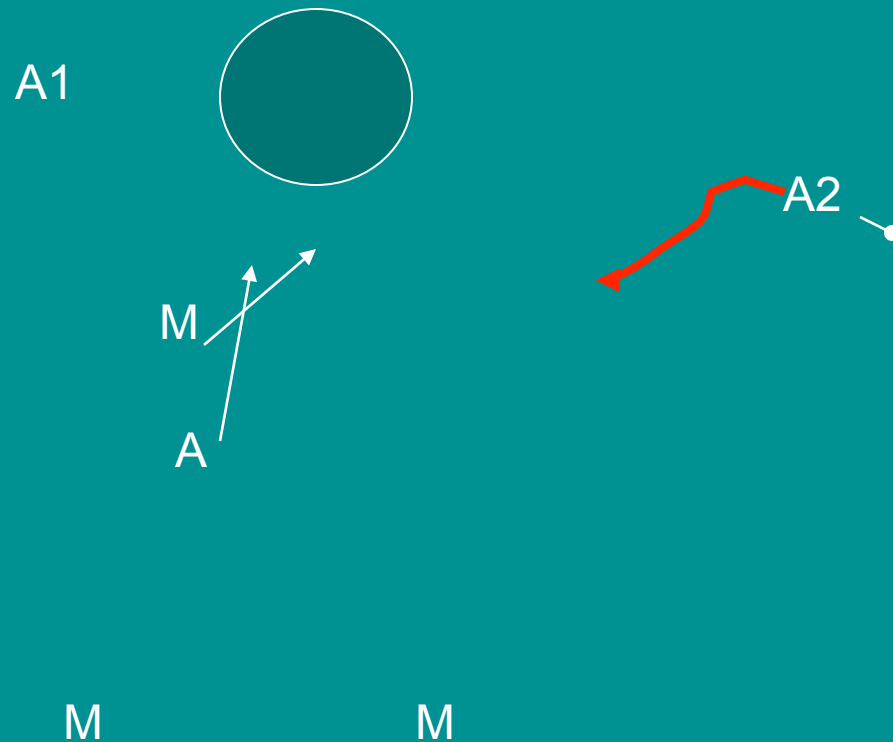


A3 cuts- if nothing;
the offense is back to
a 2-2-2 set to start the
action again.



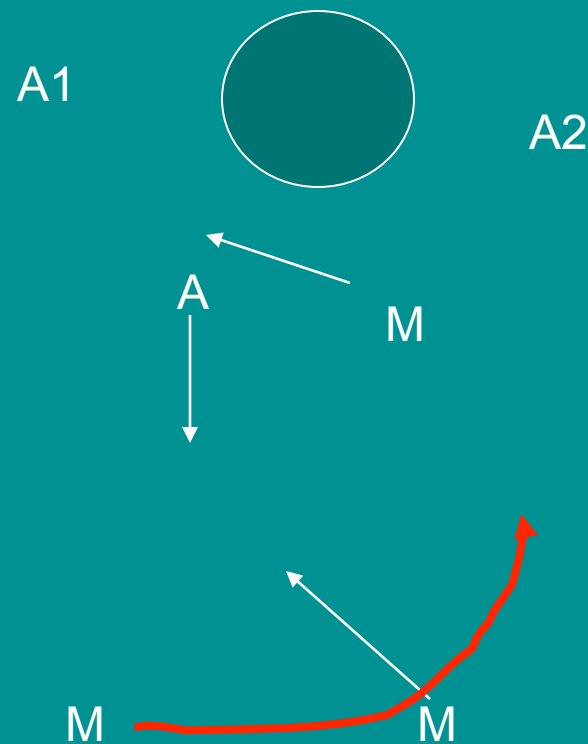
Options

Wing Attack dodge



Options

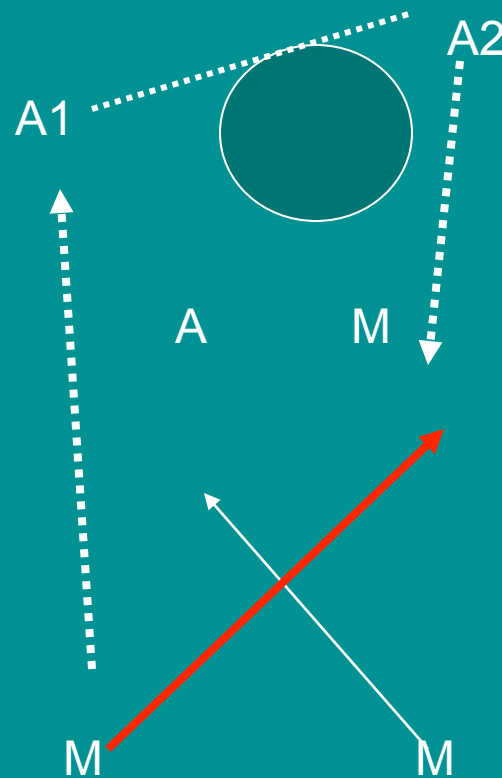
Midfield Sweep



M2 clears, crease stacks. A 2 stays low – if passed to looks inside for flash and cut

Options

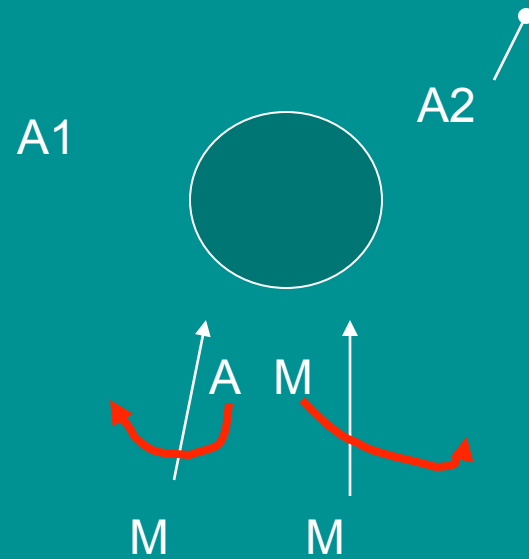
Midfield Criss Cross



Perhaps then go into a 2-4 set for a change up.

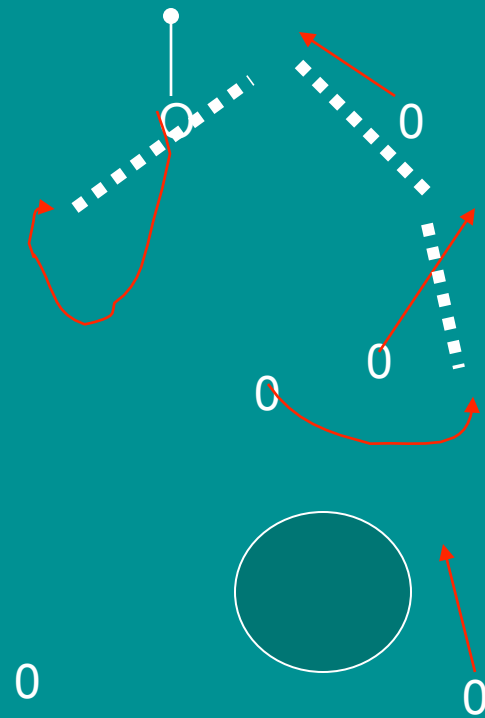
Options -2-4

2-4 Stacks



Zone with a 2-2-2

- Crack



Shooting Drill

