



FREE PCA COURSE FOR PARENTS

US Lacrosse is excited to offer our parent members PCA's Second Goal Parent online course for **FREE**, a \$30 value!

- Hear from top trainers and coaches such as Phil Jackson and Summer Sanders
- Learn tips and techniques on how to talk to your child on game day
- Gain access to valuable tools and resources to help you and your child share a rewarding sports experience together

To access the online course:

- 1) Log-In to your US Lacrosse Account
- 2) Click E-Learning in the navigation
- 3) View the Catalog of courses, selecting PCA Courses
- 4) Add the PCA: The Second Goal Parent to your cart *you will have to add the course to your cart and go through the check-out process but no payment information will be collected.
- 5) Launch the PCA: The Second Goal Parent in My Courses

Questions or need help? Please reach out to our Member Service Representatives at 410-235-6882 ext.102.