



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Saturday Night Puck

Drop in youth roller hockey sessions

- Every Saturday night in April, 6:00–8:00pm
- \$5.00/player, must sign waiver
- Open to YMCA Members AND NonMembers
- Full equipment
- Ages 6–16

No black stick tape

No brakes on blades

Contact Rusty Decker at  
[rdecker@cdymca.org](mailto:rdecker@cdymca.org) to be put on a mailing list to receive further communication about this program!

**JOIN US!**

**CAPITAL DISTRICT YMCA**

Bethlehem Branch

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