

## HRLAX Girls High School Lacrosse Policies

2019-2020

### A. Definitions:

1. **Club:** an organization established per the guidelines set by HRLax and permitted to play in the HRLax league.
2. **Commissioner:** The Commissioner will lead efforts in establishing, documenting, publishing and enforcing policies for the Girls High School (GHS) League. They will act as a member of the HRLax Board of Directors and provide leadership for the GHS League.
3. **Vice Commissioner:** Will act as a member of the HRLax Board of Directors and assist the Commissioner as needed in leading and maintaining the league policies.
4. **Operations Manager:** Will act as a member of the HRLax Board of Directors. The Ops Manager will also be responsible for the following: draft the GHS budget annually, create and manage the GHS schedule for both varsity and junior varsity teams, arrange the procurement of fields and officials for all GHS lacrosse games, manage GHS registration via the HRLax website, and assist the GHS Commissioner with all policy issues.
5. **Chairman of the Rule Committee:** Will lead committee efforts to establish an annual set of rules/policies for the GHS league. This will normally include at least one post season meeting to collect lessons learned and one to two pre-season meetings in order to codify proposed changes for the GHS rules. They will send a draft set of updates to GHS rules/policies to the GHS commissioner for review NLT 1 Dec of each calendar year. The GHS commissioner will review and discuss the proposal with the Vice commissioner and Ops Manager and publish the final set by forwarding to the HRLax Operations Manager. The GHS commissioner, Vice and Ops Manager should liaison with the Boys High School (BHS) leadership team to ensure as close of alignment as possible with regards to the rules/policies each day. See paragraph J for more specific information on how this committee will operate.
6. **Coaches:** Persons registered as such with HRLAX and meeting all of the requirements of HRLax to be designated as coaches.

7. **Club Member:** Parent or legal guardian of children that are registered to play for a given recognized HRLax club lacrosse team on either the JV or Varsity roster.
8. **Games:** Games scheduled by the HRLAX league.
9. **JV Players:** Players appearing on a JV roster.
10. **Non-parent coaches:** Coaches that are not the parent or legal guardian of a player on that team's roster.
11. **Players:** Persons signed up in HRLAX and appear on a roster or are eligible to appear on a roster.
12. **Parents:** Parents and legal guardians of players.
13. **Roster:** The official roster found on [www.hrlax.com](http://www.hrlax.com).
14. **Preseason Skills/Conditioning:** Preseason team activities before a roster is set. All players must be current members of US Lacrosse and/or fill out the HRLax physical form, specifically the Acknowledgement of Risk page which holds the player/parent liable with their personal insurance coverage.

#### **B. Precedence:**

1. Rules found in the current US Lacrosse High School Girls Lacrosse rule book shall take precedence when any policies are found in contradiction to the rule book.

#### **C. Program Governance:**

1. Each program, (Team), will operate under direction from a host school; e.g. AD oversight of the program – OR – If no such support from a host school is forthcoming, then under a Board of Directors who oversees eligibility, coaches/player conduct and general management.
  - a. At minimum, the Board of Directors will include a President, Secretary and Treasurer. The board will designate one member as the Program Administrator who will serve as the primary administrative representative to the League. The Program Administrator may be one of the officers of the board. President, Secretary, Treasurer, and Program Administrator shall be affiliated with the host school as either parents of current students or host-school employees.

- b. The varsity head coach may NOT be a voting member of this board.
2. Programs are encouraged to ensure detailed oversight of all monetary transactions and accounting for any monetary disbursement. Following all applicable local, state and federal laws, including IRS regulations, is critical. Going above and beyond the regulations to ensure totally transparent financial dealings will help protect all members of an organization.
3. Programs are responsible for their own transportation to games and are cautioned to follow all applicable laws and ordinances to ensure the safety of their staff and players. Teams are encouraged to ensure that all drivers are adults and that any player riding with a person other than her parent/guardian has specific permission to do so.
4. Whenever possible, a team should be tied to a specific school as a club team, with all the girls on the team attending that school. If this is not possible, a “catch all” team may be established in an area until such time that a specific school has enough players to form an independent team. For all club teams, please see Appendix A for reference.
5. Applications for new teams shall be presented to the Girls High School Division Commissioner. The Commissioner shall seek approval of the Policy and Rules Committee of each application. Once approved by the Policy and Rules Committee, the Commissioner shall submit the application to the HRLax Board for approval.
6. Girls play on the team that is not in their zone if they attend such school full time. If such school does NOT have a team, they can play on the team they are zoned for.
7. The Commissioner will have final say on the placement of players on a team.
8. The desire is to place all non-specific school players on the closest team to their residence that allows players from outside the zone.
9. Schools begin with varsity until the roster reaches approximately 28 players, at which time it is HIGHLY recommended by the league that a JV squad be formed, if there are enough players registered who qualify for JV play at the Commissioner’s discretion. This is broken down to have a minimum, but not limited to, 18 Varsity players and 10 JV players for a lacrosse program.
10. The Girls High School Division requires all teams to attempt to adhere to the requirements of US Lacrosse for recognition to be considered for postseason US Lacrosse awards such as All-American, All-Academic, and the ‘Jackie Pitts’ award.

11. All players must be academically eligible to play based upon current VHSL standards.

The Program Manager for each team shall verify the Academic Eligibility of each player on the club's roster one of two ways:

- a. Receiving a completed HRLax Academic Eligibility Form
- b. Receiving an official student report card

Program managers will email the GHS Division Operations manager to verify that all players are academically eligible for their program. They must specifically identify any student who has failed to meet eligibility requirements.

12. The Program Manager shall collect and keep on file a signed copy of the HRLax Parent Contract.

13. Players must maintain a current school year physical with the Risk of Acknowledgment Form filled out and signed. Program Managers shall verify completion and keep only the Risk of Acknowledgment form on file. If the team's affiliated school requires the entire form, they shall be turned into the school sponsor for management.

14. HRLax is not responsible for coach payment, though individual clubs are not prohibited from providing coach payments of their own accord.

**D. Eligibility:**

1. Freshmen/Sophomore players are eligible to play on any level team (V or JV).
2. Players who are Juniors with 1 year of experience or less can play on JV.
3. Players who are Seniors with zero years of experience can play on JV.
4. 8<sup>th</sup> Grade players are eligible for JV teams provided they successfully complete a tryout for the gaining Head Coach. In addition, the player should have the recommendation of the losing coach (Rec League) and parent permission as well. The GHS Commissioner and OPS Manager shall be notified of any 8<sup>th</sup> grade players that will be rostered on a GHS JV team. The overall policy aim will be to limit participation of 8<sup>th</sup> graders so as not to impede youth teams in the area; the GHS Commissioner will make final approvals for 8<sup>th</sup> grade participation on a team.
5. JV players can play up in 3 Varsity games without being placed on the Varsity Roster. Once they play in the 4th Varsity game, they shall be placed on the Varsity roster and are ineligible to play in JV games.

6. Coaches are responsible for keeping track of JV players playing “Up” and reporting to the Operations Manager when a player is played “up” (name, jersey number, and date played up) and hence placed permanently on the Varsity Roster. This rule does not apply to goalies.
7. A player may play Varsity for a maximum of 4 years.
8. Goalies can play for any team as needed. Goalies on the roster that are present and available to play shall take priority over goalies on a different roster.
9. Each player for each club shall be placed on either the Varsity roster, or the JV roster if the club has a JV team, prior to the first game of the season for each team respectively.
10. Zoning: You are placed on the specific team in accordance with Appendix A. Exceptions can only be made with the approval of the Commissioner.

#### **E. Season and Game Play:**

1. Teams will forfeit a game if:
  - a. The Varsity team in question has less than 12 players available at game time.
  - b. The JV team in question has less than 7 players available at game time.
  - c. A U. S Lacrosse Level 1 certified Coach cannot be at the game for that team.
  - d. A team is in clear violation of US Lacrosse Girls High School Lacrosse Rules.  
The team found to be in violation of game play policies will forfeit.
2. A level 1 Girls certified coach is required on the sidelines for the entire game (pre/post game). To clarify, someone with a Boys level 1 certification doesn't satisfy this requirement.
3. All team coaches are responsible for their respective team's fan behavior.
4. Fan incidents shall be reported to the referees and to the commissioner.
5. All incidents must be reported to the league commissioner following the game. (red cards, player/fan incidents, injuries requiring urgent medical care, possible concussions).
6. All Games will be played in accordance with 2020 U.S. Lacrosse Girls High School rules.
7. Out of league games must receive prior approval by the league commissioner. Each Varsity team will be scheduled for 10 in-league games. HRLax will pay for fields/officials for up to 10 total games. Teams are authorized to play out of league

games at their own expenses. The total number of games per team per season should not exceed VHSL limits.

8. League games take precedence over Out of league games.
9. The top 8 seeded Varsity teams will make playoffs.
10. In the event of a tie in the standings, the standings will be calculated by following process below. Only league games will count towards the standings.

**\*\*Note: If option A does not give a clear standing, move on to option B and so forth. \*\***

- a. Rating Percentage Index (25% record, 50% strength of schedule, 25% opponent strength of schedule)
  - b. Head to Head tied Team A beat tied Team B before
  - c. Points Against between the tied teams shall be the determinate
  - d. If still tied, the commissioner, and witness of a Division Board member shall flip a coin.
11. Each team is required to submit a legible image of the official scorebook page within 24 hours following any game. The game scorebook page must clearly show roster, penalty, and score sections. The image may either be a scan or a photo and either emailed or sent via text to the GHS Commissioner and the GHS Operations Manager. Failure to do so within said time frame shall be grounds for the GHS Commissioner to declare a game forfeited by the team failing to provide said roster.
  12. Sideline Policy:
    - a. All Adults in the Coaches Area or Team Area during, before, and after the game must be registered and cleared HRLax Coaches, Administrators, or Game Officials.
    - b. HRLax Registered Coaches and Administrators must display their current HRLax Credentials.
    - c. Only official Timekeepers, Scorekeepers, and players serving penalties are allowed in the Table Area.
    - d. Team alumni shall be allowed at the Head Coach's discretion to visit the sidelines of their former team for up to and not beyond, five minutes before the scheduled game time.

### 13. Scorebook Roster Rules:

- a. All players on the sidelines, dressed for the game, shall be listed on the game's roster.
- b. Duplicate numbers on jerseys shall not be permitted on the same team.
- c. If a player is wearing a number which is different than her jersey number listed on the online roster, this number shall be listed on the roster as her game-jersey number. Her official roster jersey number shall also be listed on the scorebook roster (placed in parenthesis to the right of her name).

### **F. JV Game Play:**

1. All players in a JV game shall be on the JV roster as noted on the HRLax web site prior to the first game of the season.
2. Players placed on the Varsity roster of a given team are not allowed to play in a JV game at any point during the season.
3. The exceptions for players playing on JV from Varsity being:
  - a. A goalie (see "Eligibility" #6).
  - b. A JV team is playing a Varsity team that has no JV team
4. JV teams can play Varsity teams.
5. JV teams will be scheduled at the beginning of the season to play a minimum of 8 games. Should a game be cancelled, the League will make efforts to reschedule but cannot guarantee the ability to do so.
6. The JV champion for a given season shall be determined by the JV standings at the end of the season. There will not be a JV tournament.
7. 8th grade players are allowed to play up into JV games. See Para D. 4 for more specific guidance.

### **G. Coaches/Players conduct/interactions**

1. All coaches, players, parents are expected to follow the code of conduct and ethics set forth by US Lacrosse and Hampton Roads Lacrosse GHS League. This specifically includes but is not limited to disrespectful speaking/shouting/yelling at coaches and officials either on or off the field.

2. Zero tolerance for drugs and alcohol. Any player/coach suspected/reported of illicit drug or alcohol use will be subject to appropriate due process and, if warranted, dismissed from HRLAX.
3. A zero tolerance policy for bullying. Any player/coach suspected/reported of bullying will be subject to appropriate due process and, if warranted, dismissed from HRLAX.
4. Players and coaches may be suspended during commissioner/league investigations.
5. The Commissioner and GHS Operations Manager have the authority to suspend/dismiss coaches and team personnel.
6. Only the Commissioner and GHS Operations Manager have the authority to dismiss/expel players from the team with the following exception.
  - a. If your team is a club sport team within your prospective school, the school has the authority to dismiss players who do not act in accordance with the school's club rules and guidelines.
7. Player/coach conduct policy is inclusive of your off field behavior. If it brings unwelcome attention to the league/team you may be subject to the appropriate due process and, if warranted, dismissed from HRLAX.
8. Coaches need to report firsthand knowledge of conduct infractions to the league commissioner prior to the next game.
9. A phone number shall be provided to all players, parents and coaches that can be called to report any complaints against the league or league officials. Phone number for complaints concerning player harassment, bullying, coach issues, policy infractions, etc. is 757-333-1912 (Jim Zoulias, HRLax GHS Commissioner)
10. All investigations into possible violations of league policies will be directed and handled through the Policy and Procedure committee (due process).
11. Transportation: Non-parent coaches cannot drive their own team players without obtaining written permission from the player(s)' parents. The head coach is responsible

for ensuring written permission is documented in such cases.

12. Facebook, Social Media: FB team pages and groups are acceptable forms of communications. However, they should be used with caution. See policy 7 above. Abuse through Social Media websites will not be tolerated. Sportsmanship shall be exhibited at all times including on Social Media outlets.
13. Non-parent coaches shall obtain permission signed by parents prior to any team gathering not held at a player's house.
14. All persons are responsible for reporting any violations of HRLAX policies to the commissioner.
15. All Coaches shall be required to sign the HRLax Coaches Code of Conduct Contract.

#### **H. Team Autonomy/Practices**

1. Coaches can suspend players from practice and games but the commissioner must be notified of suspension and the reason for the suspension.
2. Decisions on playing time and practice schedule are the responsibility of the coaching staff for each team.
3. The Head Coach is responsible for making sure a US Lacrosse certified/registered adult is at every practice.
4. The Head Coach is responsible for making sure all players on their roster are registered with US Lacrosse and HRLax.
5. Only registered players through HRLax at the start of season may practice. 2020 Season begins February 1, 2020.
6. Players can attend preseason skills/conditioning events if they have one of the following:
  - a. A current school year physical with the Risk of Acknowledgment Form filled out and signed.

- b. Current US Lacrosse membership for the season.
7. All new teams, on or before their first playing season shall receive funds from HRLax to assist in the expense of creating a team. The GHS Commissioner shall have discretion to decide what a new team will require. Typical costs will include two goals and nets, balls, goalie equipment and bag, etc.

## **I. Officiating**

1. Parents and Coaches of teams shall not officiate games involving their own team, nor shall they officiate games where there is a clear conflict of interest. Conflicts of interest include, but are not limited to:
  2. A parent who has a player in the HS or Middle School district that referees a game involving that High School.
  3. The coach of the second place team refereeing a game that has the first-place team playing.
  4. A Varsity coach refereeing a game involving his/her JV team.
  5. Any issues/complaints with officials shall be reported to the commissioner, within 24 hours.

## **J. All-Conference:**

1. Each team shall nominate their players no later than Saturday April 25<sup>th</sup> at 8:00 pm for the All-Conference selection.
2. It shall be the responsibility of the Girls High School Operations manager to confirm and announce the above dates.
3. All statistics shall be reviewed for accuracy for each nominee. This will be done by GHS Ops and Commissioner.
4. Only statistics shown on the web site on or before the date that all nominees are due shall be considered. If no statistics are entered for a player, then said player will not be considered for All-Conference.
5. A designated member of HRLax shall vet the statistics prior to voting. Any discrepancies called into question shall be forwarded to the program manager for the player's club. All noted discrepancies shall be brought to the attention of the coaches and program

managers prior to the voting. For instance, if a player is noted as having an exorbitant number in any one category as compared to the other players in the league at that position, the designated reviewer shall bring that to the attention of the respective program manager and the commissioner before the scheduled vote. This vote will occur Saturday May 2<sup>nd</sup>; all discrepancies must be publicized to all voting members before the vote to include relevant information from either side of a potential discrepancy.

6. Each team shall nominate players based upon skill and sportsmanship. If a player has more than 5 yellow cards, the coach will need to explain the circumstances at the final selection meeting.
7. Each club is expected to provide a justification as to why the player that they nominate is qualified for All-Conference. Coaches will submit player statistics and write one to three sentences about each player they nominate that summarize the player's most important attributes.
8. Players shall be nominated and voted upon by the position that they played the majority of their games. For instance, if a player plays one game at attack, but all other games at midfield, that player shall not be eligible to be considered for All-Conference at attack.
9. Voting shall be proctored through Survey Monkey. The GHS Ops Manager will distribute the Survey Monkey Monday April 27<sup>th</sup> at 2 pm. Coaches will have until 6 pm to vote. Varsity Head Coaches will vote or have an assistant vote via proxy and only one vote will be tallied per team.
10. The Commissioner shall have the authority to call a special vote in order to decide All-Conference nominees.
11. Each team will vote for one goalie, 4 defenders, 4 midfielders, 4 attackers. You can vote for your own players but should do your utmost to remain unbiased and vote for the best players.
12. First and Second All-Conference teams shall be composed of 1 goalie, 4 defenders, 4 midfielders, 4 attackers.
13. Honorable Mention players will be selected to round out the All Conference game rosters and provide for substitutes. There will be 6 total honorable mention players selected (1 x goalie, 2 x attack, 2 x midfield, 2 x defense).
14. Backup Player List: The league will select an additional 2 players at each field position

(1 goalie) as backups to ensure we have enough players to field an All-Conference Game. These players will be asked individually to play if negative RSVPs are received in their respective positions.

15. Votes shall be cast by positions. The GHS Ops Manager shall tabulate the votes. The top four vote getters, (or top vote getter for goalies) shall be named to the draft first team selection list. The draft second team selection list shall be composed of the 5<sup>th</sup> through 8<sup>th</sup> highest vote recipients (second place vote getter for goalies).
16. Final All Conference Selection Meeting: The draft lists for both first and second team will be finalized at a meeting to be held with all programs represented as required by a Head Coach or named alternate. The HRLax Girls Policy Committee will chair the meeting. The purpose of this meeting will be to deliberate over anomalies in the voting process that account for differences in strength of schedule and player qualities that are difficult to capture via statistics. This meeting will also finalize the honorable mention list of 6 players and the backup list of players to substitute for first and second team selectees who negatively rsvp for the game. The backup list should include at least 2 individuals for each position to include Goalie, Defense, Midfield and Attack. They should be ranked in order of preference for selection as an alternate.
17. Contentious decisions will be decided by a vote of policy committee members present with any ties to be broken by the GHS Commissioner.

**K. Girls High School Policy and Rules Committee:**

1. The Commissioner of the Girls High School Division shall appoint a Committee annually to review and approve Girls High School Division Rules and Policies during the course of the game year for which the Committee members serve.
2. The Committee shall be composed of HRLax coaches, HRLax GHS Division Board members, individual GHS club program managers and other HRLax stakeholders.
3. The Commissioner shall endeavor, but shall not be required, to provide for equal representation between members serving on the Committee who represent clubs, or reside, on the Southside and the Peninsula in Hampton Roads.
4. The Chairman of the Rules Committee shall serve on the Committee and shall act as

head of the Committee.

5. The Committee shall be composed of six members.
6. The Commissioner shall cast votes only in the event of a tie vote amongst the Committee.
7. Each member shall serve for one calendar year from September 1 to August 31.
8. The Committee Chairman shall set the dates for all meetings and shall confirm the agenda for all meetings of the Committee.
9. The Committee shall meet at the discretion of the Commissioner. The Commissioner shall have the authority to deem that electronic votes and discussions, (i.e. email) shall be an acceptable method to review and approve Committee agenda items.
10. The Committee shall meet no later than 45 days following the end of the season for the expressed purpose of reviewing the prior season and determining if any Rules or Policies shall be reconsidered or reviewed, or new policies or rules proposed for the next season. It is acknowledged that finalizing any review or discussion from the end of the season meeting may require additional meetings or conference calls in order to finalize.
11. The Committee shall meet during the month of September to finalize any and all outstanding business and to confirm the Policies and Rules for the next season.
12. The 2019-2020 Rules Committee is:
  - a. Jim Zoulias (Commissioner)
  - b. Morris DeSimone (Vice Commissioner)
  - c. April Loquist (GHS Operations Manager)
  - d. Natalie Petroskey (Chairman of the Rules Committee)
  - e. Josephine Wilding
  - f. John Flannigan

## **APPENDIX A: 2020 HRLax Girls High School Player Zoning and Assignment Policy**

For players attending PUBLIC schools:

1. If a player attends a public high school with a HRLax team: she is only eligible for that school's team.
2. If a player attends a public high school without a lacrosse team: she will be assigned to the HRLax team designated to accept players from the school zone of the school she attends, and if not designated, to a team near her home that accepts players from other areas. Zoning situations represented by this rule will be indicated with an (\*) in the table below.
3. For players who take classes at more than one public school, or attend an academy public school, the school they attend to determine their proper zoning team is the one that will issue their official high school diploma.

For players attending PRIVATE (e.g. independent or parochial) schools:

4. If a player attends a private high school with a lacrosse team: she is not eligible to play for a HRLax team.
5. If a player attends a private high school without a lacrosse team: she will be assigned to public school team based on her home address's public school zone and according to current HRLax Girls HS zoning rules.

For Home-Schooled Players:

6. If a player is home-schooled, the player will be assigned to a team based on her home address/public school zone and according to current HRLax Girls HS zoning rules. Virginia Beach home-schooled students will play for SALEM HS. Hampton home-schooled students play for TABB HS. POQUOSON home-schooled students play for Grafton.

### **2020 Girls HS Division Player Zoning:**

**Achievable Dream** – Achievable Dream HS students only.

**Bayside HS VB** - Bayside HS students only. Players home-schooled or attending a private school without a lacrosse team who live in the Bayside zone play with SALEM HS.

**Cox HS VB**- Cox HS students only. Players home-schooled or attending a private school without a lacrosse team who live in the Cox zone play with SALEM HS.

**First Colonial HS VB**- First Colonial HS students. Players home-schooled or attending a private school without a lacrosse team who live in the First Colonial zone play with SALEM HS.

**Gloucester HS Gloucester**- Gloucester HS students. Players home-schooled or attending a private school without a lacrosse team who live in the Gloucester HS school zone.

**Grafton HS York Co-** Grafton HS students. Players home-schooled or attending a school without a lacrosse team who live in the Grafton HS school zone.

**Granby HS Norfolk -** Granby HS students. Players home-schooled or attending a private school without a lacrosse team who live in the Granby HS school zone.

**Grassfield HS Chesapeake –** Grassfield HS, **Western Branch HS and Deep Creek HS** students. Players home-schooled or attending a private school without a lacrosse team who live in the Grassfield, Western Branch or Deep Creek zone play with Grassfield.

**Great Bridge HS Chesapeake-** Great Bridge HS, **Hickory HS, Indian River HS, Oscar Smith HS and Currituck NC HS** students. Players home-schooled or attending a private school without a lacrosse team who live in the Great Bridge HS, Hickory HS, Indian River HS, Oscar Smith HS or Currituck NC school zones.

**Hampton –** Hampton Students will play for Tabb HS. See #2\* and #5 above.

**Jamestown HS Williamsburg-** Jamestown HS students. Players home-schooled or attending a private school without a lacrosse team who live in the Jamestown HS zone.

**Kellam HS VB-**Kellam HS students. Players home-schooled or attending a private school without a lacrosse team who live in the Kellam school zone play with SALEM HS.

**Maury HS Norfolk-** Maury HS students. Players home-schooled or attending a school without a lacrosse team who live in the **Norfolk** city school zone.

**Menchville HS Newport News-** Menchville HS students. Players home-schooled or attending a school without a lacrosse team who live in the **Newport News** public School zone.

**Poquoson –** Poquoson students will play for Grafton HS. See #2\* and #5 above.

**Portsmouth-** Portsmouth HS students. See #2\* and #5 above.

**Princess Anne HS VB -** Princess Anne HS students. Players home-schooled or attending a private school without a lacrosse team who live in the Princess Anne zoning play with SALEM HS.

**Salem HS VB -** Salem HS, Green Run and Landstown students. Players home-schooled or attending a private school without a lacrosse team who live in the Virginia Beach City school zone play with SALEM HS.

**Suffolk-** Suffolk HS students. See #2\* and #5 above.

**Tabb HS York Co-** Tabb HS students. Players home-schooled or attending a private school without a lacrosse team who live in the Tabb HS zone.

**Tallwood HS VB -** Tallwood HS students. Players home-schooled or attending a private school without a lacrosse team who live in the Tallwood zone play with SALEM HS.

**Warhill HS Williamsburg –** Warhill HS, **Lafayette HS and Bruton HS** students. Players home-schooled or attending a private school without a lacrosse team who live in the Bruton HS, **James City County**, or **Charles City County** school zones.

**York HS York Co-** York HS students. Players home-schooled or attending a private school without a lacrosse team who live in the York HS zone.

Questions and requests to play on a team other than zoned as indicated are addressed by April Loquist, the Girls High School Operator, [april.loquist@hrlax.com](mailto:april.loquist@hrlax.com)

Zoning Maps:

[Chesapeake Zoning Map](#)

[James City County Map](#)

[Virginia Beach Zoning Map](#)

[York County Map](#)

Zoning Changes/Grandfather Clause:

7. For players who attend a school without an HRLax team: If the HRLax team zoning changes after one year of participation on an HRLax team, players may apply to be “grandfathered” onto the team they played for the prior season according to the following guidelines (all must be met):

- a. The criteria for placement were accurately followed at the time of original placement or the player.
- b. The player did not move residences from one zone to another or change school situations.
- c. The team on which they previously participated still allows participation by players who do not attend the team's school.
- d. The school the player attends did not form a TCIS, or VHSL lacrosse team (see Zoning Policy 1 and 2 above)
- e. The player does not play for a Virginia Beach school.