



Hampton Roads Lacrosse League

HRLax Team Composition and Naming Policy

The Hampton Roads Lacrosse League (HRLax) High School Division provides a structured scholastic lacrosse league for public high school players within the region until the teams become school-sanctioned VHSL-member teams. HRLax provides an approved structure allowing compliant teams to qualify for US Lacrosse Regional and National Awards recognizing athletic, academic, and service excellence.

To maintain the aforementioned eligibility for US Lacrosse recognition, HRLax HS teams are named according to the school the players attend. If a team has multiple schools represented, the team is aligned with the school attended by the majority of the players at the time of HRLax League entry.

HRLax-Member High School Team Criteria:

1. Team must be comprised solely of students who attend that school
 - Unless, by HRLax Player Assignment Zone Rule¹, players from other schools are allowed to participate on the team
2. Teams must monitor player academic eligibility and adhere to standard eligibility criteria for the school's varsity sports.
 - Player eligibility is reported to the HRLax HS Commissioner

¹HRLax Player Assignment Zoning Rules:

HRLax High School Division may allow students who do not attend the team's school to participate on that team under the following circumstances:

1. The Team's school has not restricted the team to bona-fide students only.
2. The Team's Program Governance Board has not restricted the team to bona-fide students only.
3. The league's zoning rules are followed.

Policy Group Guidelines for Determining Zoning:

The HRLax Divisional Policy group follows these guidelines when determining player assignment zones for players who attend a school without an existing team.

1. Players who attend a public high school without a lacrosse team will all be placed together on the same other-school team.
2. Players attending a non-public school without a team, or who are home-schooled, will be placed on the school team according to their home address public school zone.
3. Programs with a single team (i.e. Varsity only) may be comprised of students from more than one public school. The majority of the players should attend the team-named school.
4. Programs with multiple teams (Varsity and JV) with players from different schools are split into separate programs when the number of players from separate schools makes a split feasible. A split is feasible when two separate teams can be made by realigning zones.