

PHYSICIAN'S RELEASE

Fairfax County Youth Football League (FCYFL)

National Federation Football Rule Book -- Rule 1; Section 5; Article 3c: "Hard substances in its final form such as leather, rubber, plastic, plaster or fiberglass when worn on the hand, wrist, forearm or elbow must be covered on all exterior surfaces with no less than ½ inch thick, high density, closed cell polyurethane, or an alternate material of the same minimum thickness and similar physical properties to protect an injury as directed in writing by a licensed medical physician."

Instructions To Physician

This form must be completed in its entirety. Failure to provide any of the requested information will invalidate the form thereby requiring game officials to disqualify athlete from participation in the football contest.

Please indicate exact dates athlete is permitted to participate in any FCYFL football contest with hard cast, splint, or any other protective appliance.

Please provide any special instructions or requests regarding the participation of this athlete

Please print legibly or type:

Name of Player: _____

Organization: _____ Weight Class: _____ Team: _____

Name of Physician: _____

Practice Name: _____

City: _____ State: _____ Zip Code: _____

Physician Telephone Number: _____

Protected Extremity LEFT RIGHT

Description of Injury: _____

Special Instructions or Requests: _____

★★★★ MUST COMPLETE ★★★★★

The above-named athlete is permitted to participate in FCYFL football practices and/or contests during the period of _____ through _____
(BE SPECIFIC WITH BEGINNING AND ENDING DATES THAT ATHLETE IS PERMITTED TO PARTICIPATE)

PHYSICIAN'S SIGNATURE: _____

DATE: _____