



# Falmouth Ice Arena

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***A Non-Profit Organization Owned & Operated by Falmouth Youth Hockey League, Inc.***

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Chairman, Board of Governors

Paul Hennessy  
President, F.Y.H.L.

Thomas C. Peterson  
General Manager

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## Health & Safety Protocols

We are continually monitoring Federal, State and Local policies and regulations, Centers for Disease Control (CDC) Guidelines, and Government Mandates and will continue to make changes to our Protocols and Procedures as necessary. The following is a summary of the current protocols:

### 1. Employee & Customer Health

The health and safety of our employees and customers is our top priority. All employees and customers will be expected to adhere to all the policies and procedures developed and implemented by the Falmouth Ice Arena.

Social Distancing - As advised by the CDC, all employees and customers will practice social distancing and will maintain a distance of 6 feet away from each other. The facility will have markings on floors, bleachers, hallways, and locker rooms to encourage social distancing. The lobby will be cleared of all tables and chairs to further enhance the ability to adequately social distance. Walkways will be designed and marked to show a flow of traffic through the facility to limit potential contact. All offices and check in stations will be properly designed to provide protection to both employees and customers.

Hand Sanitizer - Hand sanitizer dispensers will be placed at key customer entrances and high-contact areas for use by customers and employees.

Signage - Throughout the facility there will be signage reminding everyone of the best practices that everyone needs to follow, frequent hand washing, social distancing, and wearing face coverings when social distancing is not possible.

Employees and customers are instructed to stay home if they do not feel well.

### 2. Employee Responsibilities

Hand Washing - All employees are required to wash their hands every 60 minutes ( for 20 seconds), as well as after the following activities: using the restroom, sneezing, blowing their nose, cleaning, sweeping, mopping, eating, drinking, going on break, and before and after each shift.

COVID-19 Training - All employees will receive training on COVID-19 safety and sanitation protocols, with specialized training on how to interact safely with customers.

Personal Protective Equipment (PPE) - Appropriate PPE will be worn by all employees based on the duty they are performing. All employees will be trained on the proper way to use and dispose of PPE. Employees with direct contact with customers will be required to wear a face covering. Gloves will be provided to employees whose tasks require them- housekeeping (trash removal), cleaning and sanitation. As well as when medical experts continue to require their use as when in direct contract with customers.

### 3. Cleaning Products & Protocols

All our cleaning products meet EPA guidelines and are approved for use and are effective against viruses, bacteria, and other airborne and blood borne pathogens.

Public Spaces & Communal Areas - The frequency of cleaning has been increased in all public spaces with emphasis on frequently contacted surfaces, doors, door knobs, lobby area, public restrooms, railings, and counters. Restrooms will be cleaned every 2 hours and sanitized every night. All frequently touched areas will be cleaned every hour.

Locker Rooms - **No Locker Rooms in Phase II**

Locker Room usage will be restricted and may not always be available. When they are available, all locker rooms will be cleaned and sanitized between usage. To ensure social distancing, the benches in the locker rooms will show designated spots to sit to maintain a 6 foot distance. Occupancy of the locker rooms will also be limited to ensure social distancing.

Facility - The frequency of cleaning in all areas of the rink will also be increased. Employee only areas including: mechanical room, break room, all tools, Zamboni's, employee only entrance doors/door knobs, and storage closet, all will be cleaned and disinfected. The refrigeration plant and controllers will be cleaned and sanitized by authorized personnel.

4. General Rink Policies for Programs

1. If you have any COVID-19 symptoms - please stay home
2. Everyone must wear a face covering - guests, employees, coaches, vendors, and athletes (until they are entering the ice surface - players do not have to use a face covering while skating)
3. Everyone must check in at the check-in station or office window - we are required to keep a record of everyone entering the building for possible COVID tracing
4. No Locker Rooms will be available - designated areas will be assigned for players to put on skates.
5. Players are to arrive no more than 15 min prior to skating and need to exit the building 10 min after their session
6. Only participants allowed in the building, if a parent needs to accompany a player, only one parent is allowed in the building. No siblings - General Rule 10U one parent may accompany player - 11 years and older No Parents.
7. No unattended minors allowed in the building - only participants
8. No outside food or drinks
9. Practice social distancing
10. Wash hands before and after programming
11. Enter and exit building through authorized doorways
12. Refrain from spitting on the ice and throughout facility

5. Figure Skating

1. If you have any COVID-19 symptoms - please stay home
2. Everyone must wear a face covering - guests, employees, coaches, vendors, and athletes (until they are entering the ice surface - players do not have to use a face covering while skating)
3. Everyone must check in at the check-in station or office window - we are required to keep a record of everyone entering the building for possible COVID tracing
4. Skaters should warm up before entering the building.
5. All skaters need to place all personal items in the their skating bags and bring their bag with them, and place them on one of the players benches.
6. If possible, skaters should put skates on before entering the rink.
7. Only participant are allowed in the rink, if a parent or other person needs to accompany the participant, they should remain in the stands and practice good social distancing.
8. After your session, exit the ice, and exit the building as soon as possible.
9. No loitering or socializing inside the building.
10. Coaches must wear face coverings

6. Hockey

1. If you have any COVID-19 symptoms - please stay home
2. Everyone must wear a face covering - guests, employees, coaches, vendors, and athletes (until they are entering the ice surface - players do not have to use a face covering while skating)
3. Everyone must check in at the check-in station or office window - we are required to keep a record of everyone entering the building for possible COVID tracing
4. Players should arrive at the rink no more than 15 minutes early
5. No loitering or socializing in the building before or after program
6. Players should dress at home to the extent possible - **no locker rooms will be available Phase II**
7. If locker rooms are available, only use the assigned locker room

8. Locker Room available 15 minutes prior to event time
9. Spitting and nose-blowing without tissues are prohibited
10. Only participant are allowed in the rink, if a parent or other person needs to accompany the participant, they should remain in the stands and practice good social distancing.
11. After your session, exit the ice, take your skates off, and exit the building quickly. **Showers will not be available.**
12. Coaches must wear face coverings