

# Summer 2018 At The Falmouth Ice Arena...

## **POWER SKATING**

(Improve your speed & mobility)

### **\*Please Sign Up In Advance... Space is Limited\***

Skaters will learn to improve their SPEED and MOBILITY on the ice and gain that important edge against the competition. Power skating has been the #1 source of improving the ability of hockey players!

- Ages: GIRLS & BOYS of ALL AGES are welcome. These sessions are NOT geared toward beginners. Beginner skaters should first enroll in SK8-4-Fun or hockey 101  
**Players MUST be able to stop in both directions to participate**
- Dates: 8 Wednesday Sessions July 11<sup>th</sup> - August 29<sup>th</sup>
- Times: 6:10-7:00PM Mite, Squirt & U10 levels  
7:10-8:00PM U12/14, Peewee, Bantams, High School levels
- Equipment Required: Full hockey equipment with stick

### **Need more info??**

**Call:** 508-548-7080 x 10 or **Email:** [programs@falmouthicearena.com](mailto:programs@falmouthicearena.com)

(Detach bottom portion and turn in with check to arena- Keep top portion for your information)

## **Power Skating SUMMER 2018 REGISTRATION**

Please make \$160 check payable to "Falmouth Ice Arena"  
Drop off or mail to: 9 Technology Park Dr. East Falmouth, MA 02536

Skaters Name: \_\_\_\_\_ Age: \_\_\_\_\_

Skating level: (circle one) 6:10-7:00 (MT,SQ & U10) 7:10-8:00PM (PW, BT, U12/14, HS)

Parent's Name: \_\_\_\_\_ Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Accident release: I do hereby release the Falmouth Ice Arena and its owners, directors, instructors and staff from any possible claims, liabilities, obligations, or responsibilities from any and all accidents or injuries, whether they be on ice or off, or hockey related or not, while my child is participating in the program. I further certify as to my child's sound health of mind and body. I intend this instrument to take effect as a sealed instrument.

Signature of parent or legal guardian: \_\_\_\_\_ Date: \_\_\_\_\_