



To: 5th & 6th grade boy's lacrosse teams parents & players
Date: February 23, 2011
From: FHC Ranger Youth Lacrosse Club
Subject: FHC Lacrosse Club 5th & 6th Grade Boys Team Descriptions

The purpose of this letter is to provide information regarding the boy's 5th & 6th grade outdoor lacrosse seasons.

- Three teams will play at this level. All teams will be comprised of a mix of 5th and 6th graders and will be as equal as possible.
- Practice begins at the MVP turf fields (behind Meijer on 28th Street near I-96) on March 15th. All practices will be from 5:00 p.m. – 6:30 p.m. (Be there at 4:45 p.m. ready to go!) The schedule at MVP will be:
 - Monday, March 14th
 - Wednesday, March 16th
 - Friday, March 18th
 - Monday, March 21rd
 - Wednesday, March 23th
 - Friday, March 25th
 - Monday, March 28th
- Coaches for the 5-6 teams will conduct three practices with all players to evaluate skills and will create three teams (called "Green", "White", and "Black") that are as equal as possible by March 20. Teams will begin practice together on March 21.
- Focus at this level is to develop solid lacrosse fundamentals, gain exposure to competitive play and to practice sportsmanship.

See the attached information for an "at a glance" view of the information about each team.

Additional Assistance Needed!

In addition to volunteering as assistant coaches (no lacrosse experience necessary and the boys get a much better practice with multiple adults present to help with station drills!), each team will need parent volunteers to act in the following roles:

- One parent for communications & overall coordination with other team parents (game and practice schedule, travel directions, coordinating other roles). Additional parents needed for:
 - Acting as sideline timers and keeping the scorebook for home games
 - Setting up the field for home games with cones & end-line balls
 - Coordinating energy snacks for each game (bananas, oranges, etc.)

Any questions you may have regarding boy's lacrosse through the FHC Ranger Youth Lacrosse Club may be directed to Tim English, at tenglish@inkonit.com, or mobile 292-6780

Other Key Information

With the growth of lacrosse, and specifically the development of the FHC Youth Lacrosse Club, the Club will be presented with opportunities for its players to participate in various tournaments or "travel team" games. The Club's preference, if the budget permits, is to have all of its teams participate in tournaments; however, not all tournaments have sufficient capacity for all of the Club's teams, or the entry fee prohibits the Club from sending all of our teams (for instance, the entry fee for one upcoming Tournament is \$850 per team for Grades 3/4, 5/6 and 7/8, for FHC that could cost \$7,650). Further, the Club recognizes that, when the Club does not opt to participate, individuals may opt to do so and organize such participation outside of the Club's purview.

Similarly, in this preseason 2011, several elite programs in the region have proposed weekend match-ups of Club teams against their elite/select teams, but the opponents are only bringing one select team at each grade/age level. These programs have proposed these games because FHC is known as top quality competition.

These circumstances present the Club with both an opportunity and a challenge that is difficult to manage. On a few occasions there will only be one team to play not two. As a general rule, the Club intends for its entire player population to participate in games whenever possible, but some top flight events and competition will not present that opportunity, yet such opportunities will significantly aid the progress of the Club. In light of this reality, the Club has adopted the following "Tournament Team" Guidelines. In short, these Guidelines are to ensure that there will be no secrets within the Club's player population about tournaments or games. These Guidelines are in the process of being added to the Club's Bylaws by way of an Amendment. In the meantime, please review the Guidelines so that you are aware of how the Club is managing this matter.

Event: Round Robin play with Warrior, Fox Valley, Western Springs
When: May 7,8
Where: FHC HS , tentatively

Event: Detroit Sting
When: May 14
Where: Detroit Country day

Event: Cranbrook Lax Jam
When: Sunday June 5th
Where: Bloomfield Hills, MI

Event: WMYLL End of Season Tournament
When: May 19, 20 , 21
Where: Rockford Middle School

FHC Ranger Youth Lacrosse Club
5th & 6th Grade Boys Lacrosse Team Information - Spring 2011

5th & 6th Grade	<u>5-6 Green</u>
Team focus	Develop fundamentals; introduction to competitive play; sportsmanship
Schedule	12 game league schedule
Schedule level	5-6
Game travel requirements	Moderate travel, one tournament in West Michigan one tournament Cranbrook
# of lacrosse events per week (practices & games)	3-4
Playing time	equal playing time
# of players	18-22
Team assignment	All 5-6 teams as equal as possible
Selection process	5-6 Coaches & Coaches Committee; after several joint practices
Coaches	Parent Head Coach & assistants