

**Milford Youth Lacrosse 2021 Skills Sessions at
The Park Sports Center, 70 Sumner Street, Milford, MA**

Milford Youth Lacrosse (MYL) Skills Sessions are for players registered with MYL for the 2021 Season. These sessions are included with registration at no additional cost.

Full equipment is required to participate in Winter Skills sessions:

Boys: Stick, Lacrosse Helmet w/attached mouthguard, Shoulder Pads, Arm Pads, Lacrosse Gloves, protective cup, Rubber Sole cleats

Girls: Stick, Protective Goggles, Rubber Sole cleats and colored mouthguard

MYL and The Park Sport Center Covid Rules and Guidelines must be followed to Participate:

- [Milford Youth Lacrosse Return to Play Guide](#)
- [Milford Youth Lacrosse Skills Sessions Rules and Regulations](#)
- [The Park Sports Center Rules and Regulations](#)

Skills Sessions				
Week	Date	6-7pm	7-8pm	8-9pm
Week 1	Tuesday, March 2, 2021	Milford Girls 3/4 Red (Cook - Girls)	Milford.78.Red (Baldic)	
	Wednesday, March 3, 2021	Milford.34.Black (Kinkela)	Milford.34.Red (Cook - Boys)	Milford Girls 7/8 Red (Ridolfi)
	Friday, March 5, 2021	Milford Girls 1/2 Red (Kearnan/Hausmann)		
Milford.12.Red (Jensen/Stoney)		Milford.56.Red (Lind)		
Week 2	Tuesday, March 9, 2021	Milford Girls 3/4 Red (Cook - Girls)	Milford.78.Red (Baldic)	
	Wednesday, March 10, 2021	Milford.34.Black (Kinkela)	Milford.34.Red (Cook - Boys)	Milford Girls 7/8 Red (Ridolfi)
	Friday, March 12, 2021	Milford Girls 1/2 Red (Kearnan/Hausmann)		
Milford.12.Red (Jensen/Stoney)		Milford.56.Red (Lind)		
Week 3	Tuesday, March 16, 2021	Milford Girls 3/4 Red (Cook - Girls)	Milford.78.Red (Baldic)	
	Wednesday, March 17, 2021	Milford.34.Black (Kinkela)	Milford.34.Red (Cook - Boys)	Milford Girls 7/8 Red (Ridolfi)
	Friday, March 19, 2021	Milford Girls 1/2 Red (Kearnan/Hausmann)		
Milford.12.Red (Jensen/Stoney)		Milford.56.Red (Lind)		
Week 4	Tuesday, March 23, 2021	Milford Girls 3/4 Red (Cook - Girls)	Milford.78.Red (Baldic)	
	Wednesday, March 24, 2021	Milford.34.Black (Kinkela)	Milford.34.Red (Cook - Boys)	Milford Girls 7/8 Red (Ridolfi)
	Friday, March 26, 2021	Milford Girls 1/2 Red (Kearnan/Hausmann)		
Milford.12.Red (Jensen/Stoney)		Milford.56.Red (Lind)		
Week 5	Tuesday, March 30, 2021	Milford Girls 3/4 Red (Cook - Girls)	Milford.78.Red (Baldic)	
	Wednesday, March 31, 2021	Milford.34.Black (Kinkela)	Milford.34.Red (Cook - Boys)	Milford Girls 7/8 Red (Ridolfi)
	Friday, April 2, 2021	Milford Girls 1/2 Red (Kearnan/Hausmann)		
Milford.12.Red (Jensen/Stoney)		Milford.56.Red (Lind)		